LONGMEADOW

MASACKSIC

2007

Longmeadow High School

95 Grassy Gutter Road
Longmeadow, Ma 01106

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Dedication

Bob Pisani

To many, Bob Pisani was more than a teacher. Bob was a counselor, a confidante and a friend. On October 19, 2006, HS lost an inspiration. Bob's life was tragically taken in a car accident on his way home from work. His favorite place to be was with his students, whom he cared about immensely. Even if you never sat in Bob's room during an ice or went to him for counseling, he would make a point of saying "hello" to any students he passed in the hallway, and was always there for anyone who needed him.

The students at LHS held "Pasta for Pisani" in the fall, which raised money for the Pisani Children's Fund, as well as hosted the "Stroll for Strength" to commemorate Bob's life as well as an East Longmeadow High School student who passed away this fall. Bob's caring spirit, willingness to help others, and love for his students and work will always stay with us; he will never be forgotten.

Molly MacEvoy

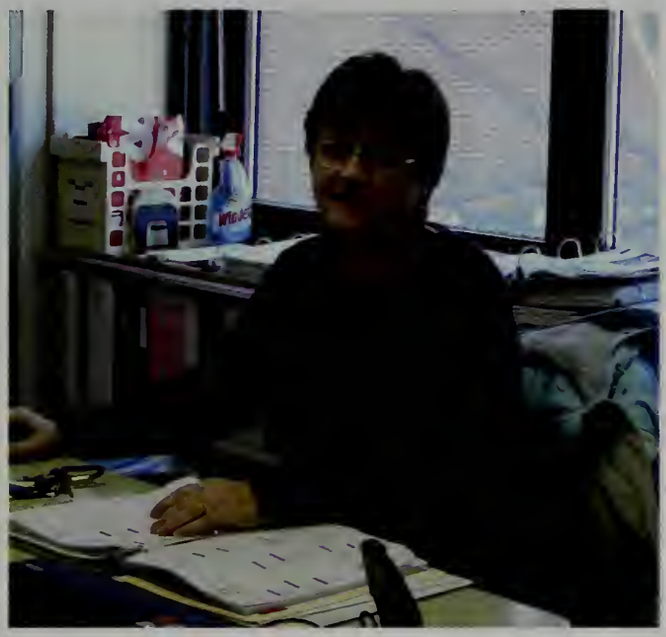
The class of 2007 would like to dedicate this yearbook to the memory of Molly McEvoy, who would have been graduating with our class this year. Molly passed away in 1996 when we were in 2nd grade at Center School. She was an inspiration to everyone who was fortunate enough to meet her. She taught us all about love, giving, and never giving up hope. Molly was courageous; she always had a smile on her face and a joke to tell, or words of encouragement when we were down. Although she will not be walking across the stage at graduation, her spirit will live on forever in our hearts.

Retiring

Unforgetable and valuable members of the Longmeadow High family are leaving us after years of devoted service.

we'll miss you...enjoy!!!

Ginny Guistina



Ginny has been teaching at LHS since 1985. Over the years, she has encouraged countless students to create their own computer programs and helped many staff members to understand the complex world of computers. She is an expert in the language of C++ and Java, and her students have learned to communicate with her electronically via Manhattan.

Ginny is a loyal friend, an outstanding teacher, and an excellent cook, with meatballs and apple pie serving as her specialties...homemade, of course. She has been an enthusiastic supporter of the LHS track team, especially when her daughter Janice ran track in the mid 1990's.

Ginny will be missed by the teachers in the Math Department, by other staff members, and by her students. Thanks for all your hard work and dedication to Longmeadow High School, Mrs. G. Now, enjoy your grandchildren and your retirement.

Linda McShane

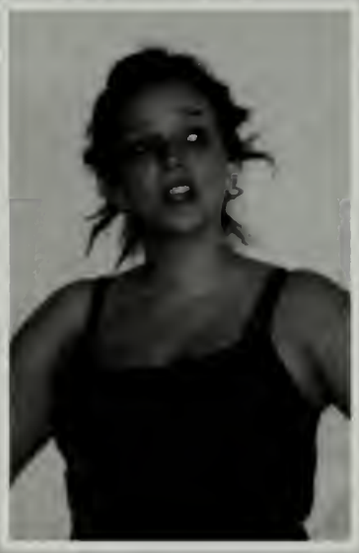
Linda has been a teacher at LHS since 1978, most recently concentrating in teaching AP English as well as both Creative Writing courses, courses she created. Besides teaching, Linda has served as Impressions advisor, class advisor and now English Department Chair and ELA Coordinator.

Linda's caring attitude, love of language and literature, poetic spirit and her keen intellect enable her to inspire her students to meet her high expectations and realize their own potential. Ms. McShane is highly respected by her students and their parents, her colleagues, and the administration at LHS. The English Department especially will surely miss her as a superb leader, mentor, and friend, not to mention as a baker extraordinaire. Her legacy will live on in the hundreds and hundreds of LHS graduates who have gone off into the world as better writers, readers and thinkers, and by the virtue of having been in her class, better people.

Longmeadow

Rules!

We know it sounds a little pretentious...okay, maybe more than a little. But you have to admit, we have a good argument. We have an excellent sports program that is among the best every year. Our artists are award winning, and our Grammy Award winning Music Department is without equal. We have a diverse, achievement oriented student body who also knows how to have a good time, and our faculty and staff are exceptionally skilled and supportive. What more could you ask for? Actually, we are always striving for more; that's just one more attribute that makes us unique and successful! Longmeadow Rules!



A Sports Program recognized by the *Springfield Republican* as the best in Western Mass Division One two out of the last three years

Western Mass Champions & State Runner-Ups

Western Mass Division Three Semi-Finalists

Division One Quarter-Finalists

Western Mass Semi-Finalists

Western Mass Champions

Girls & Boys Cross Country were both third place finishers for Western Mass Division One

Undefeated Division One Super Bowl Champs

Western Mass Division One Semi-Finalists

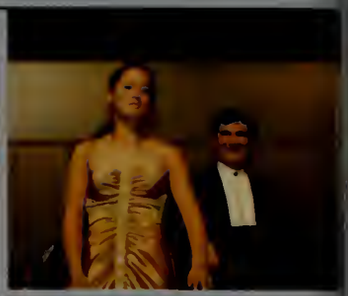
Division One Western Mass Champs

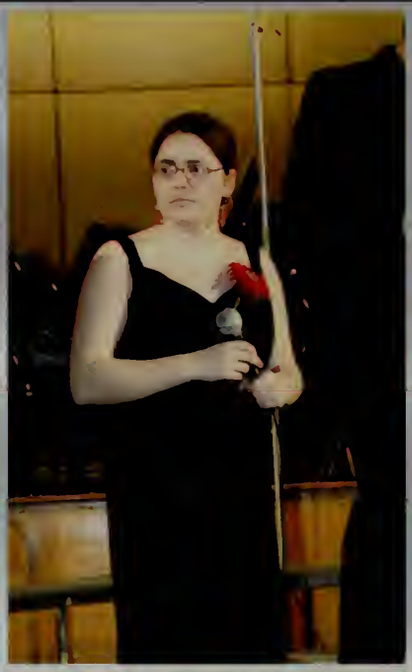
Division One Western Mass Semi-Finalists

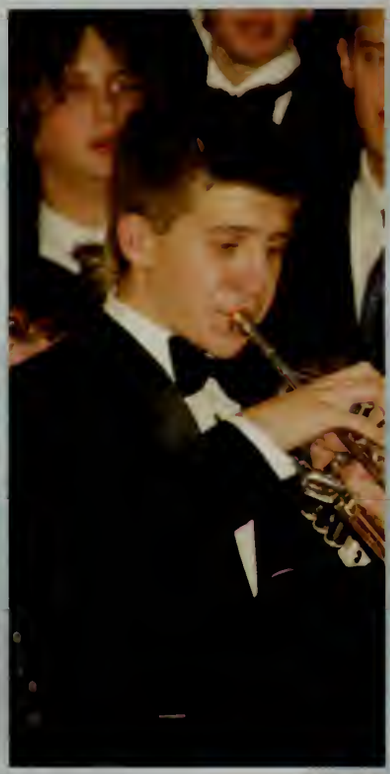
Western Mass Champions

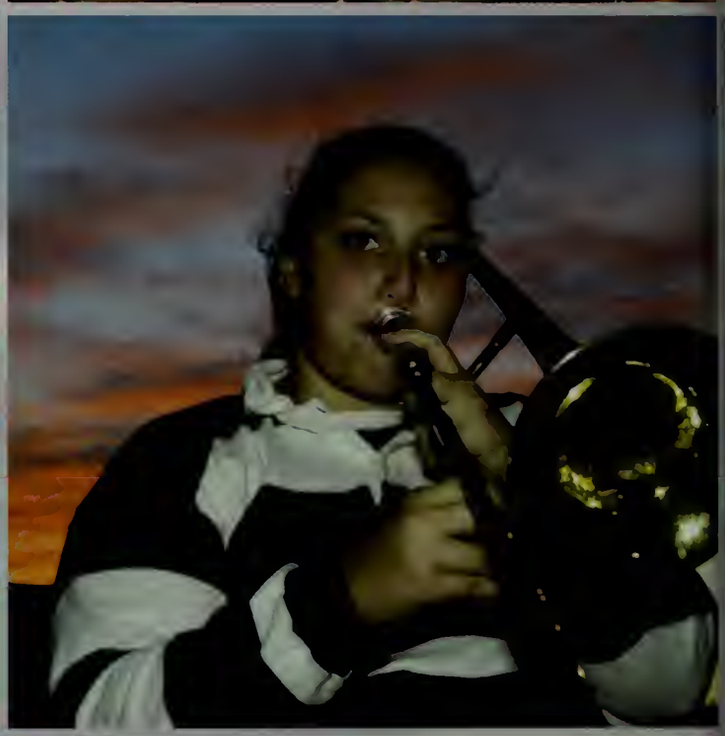
We should not forget our outstanding spring sports teams whose picture were unavailable at printing. The Girl's Lacrosse team is reigning D-1 Champs and the Boy's team were D-1 finalists last year. While the Girl's Softball team made the Western Mass. semi-finals, both the Girl's and Boy's Tennis teams repeated as Western Mass D-1 Champs.

A Grammy Award winning Music program



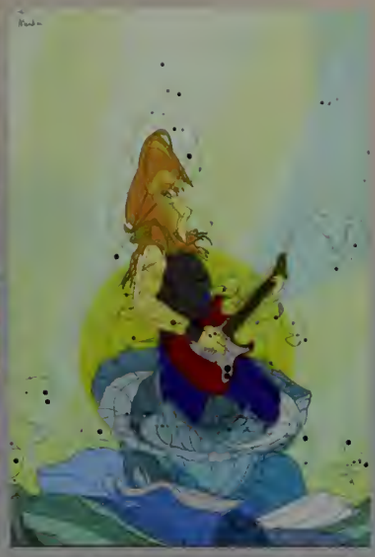






John Hayes
Gold Key recipient in the Scholastic Art Awards

Jessica Mason
Silver Key Recipient in the Scholastic Art Awards



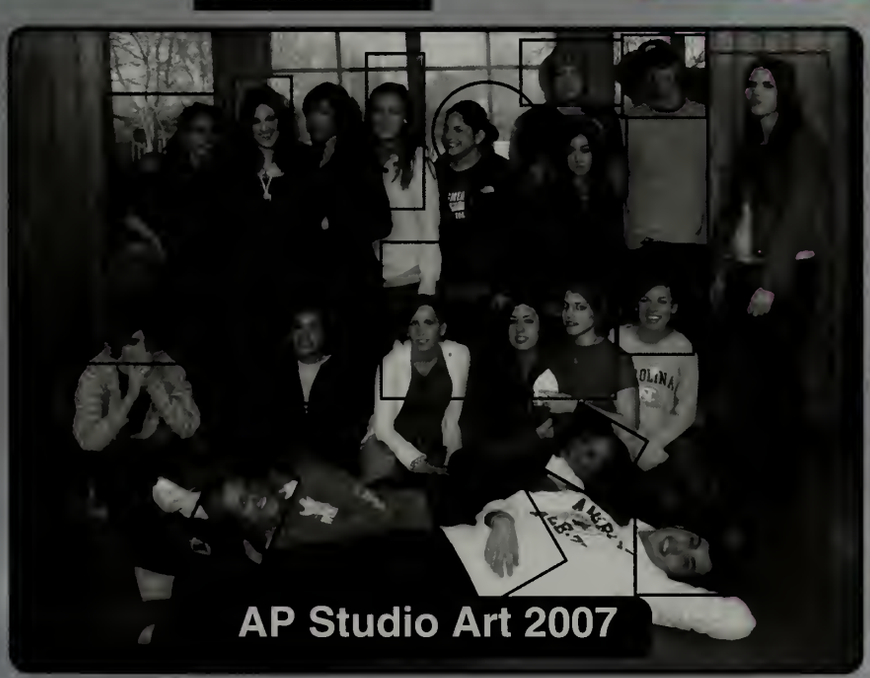
Alexander Mendes

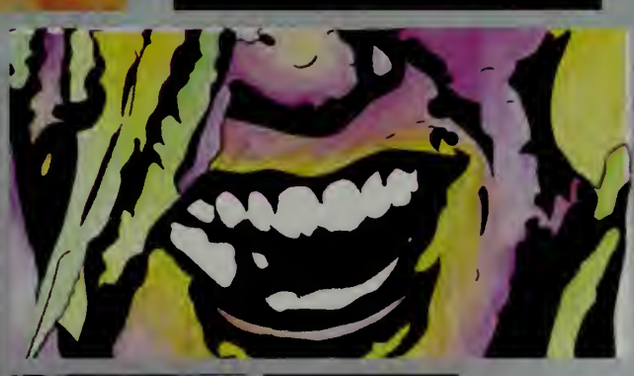
Award winning Art & Artists

Chelsea Miller

Dustin van Schouwen

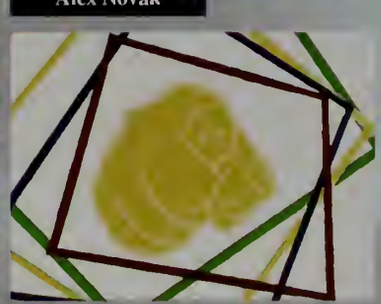
Dana Mengwasser
Silver Key recipient in the Scholastic Art Awards





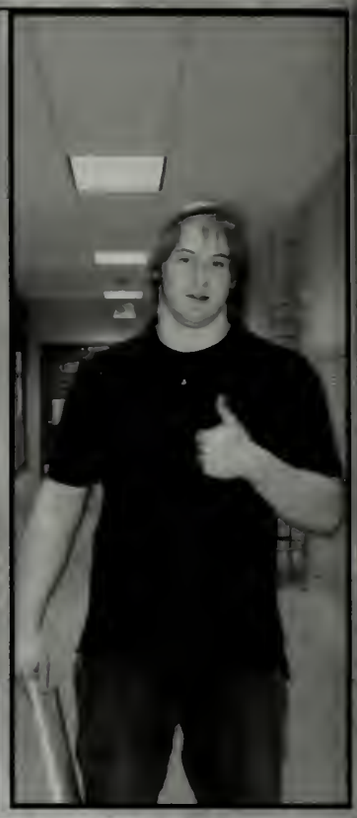
Alex Novak

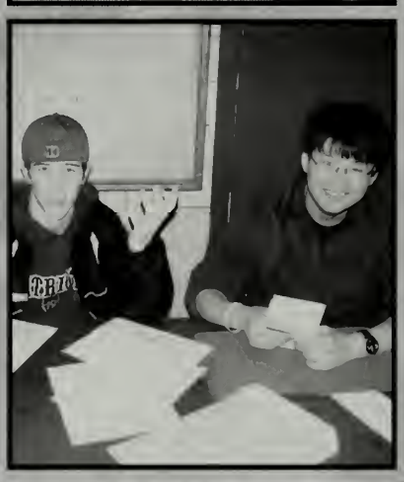
Rachael Kusiak



Pat Bellenoit

A diverse, motivated, and fun-loving student body

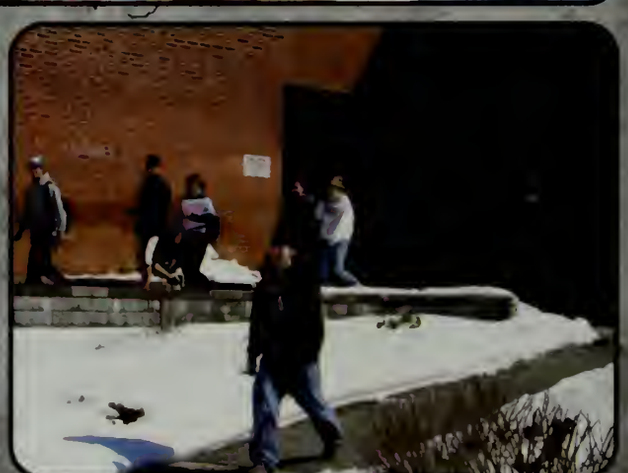




Dedicated and caring teachers and staff

Rules! of *Longmeadow*

Like the world around us, LHS is an organization governed by a series of very specific rules. And like the world around us, LHS doesn't always pay close attention to those rules. The idea that not all doors are available all the time, the notion that cell phones are not to be used in the academic wing, and the whole student parking thing, leave LHS students following a long time American tradition: civil disobedience.

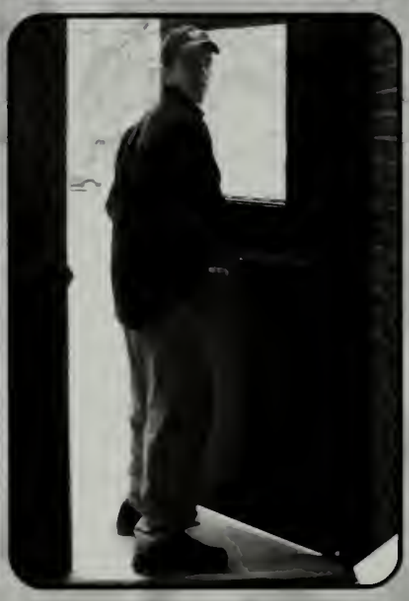


Cell Phones and iPods

"Turn that iPod off!" "Is that a cell phone?" "Do you have a pass? NO? GO TO THE DOORS IN THE FRONT!!" "Green parking passes are not accepted anymore, you need a yellow one." Sick of hearing this every day? These are some of the Longmeadow Rules...

Trying to leave...?

...Hope you've got a pass
(Unless you're lucky and no one's waiting there!)



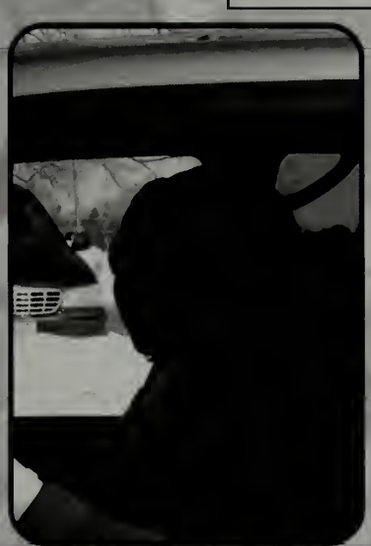
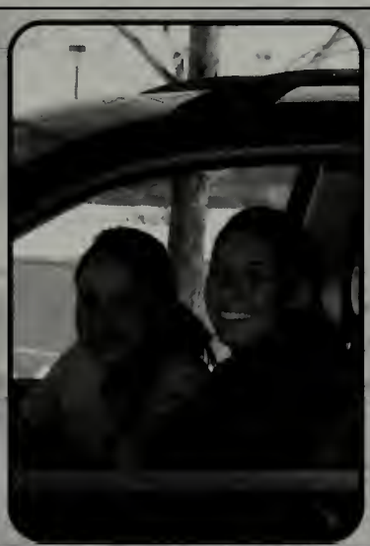
Students sprint for the parking lot and escape, hoping beyond hope to avoid Mr. Landers and any examination of their "parking pass."

Once you are out there...

Hope you have a parking pass!

Above: Nick Kadushin expresses his opinions. Above Right: Autumn Beaulac shows the correct form.

As you know, the student parking lot is a source of great frustration. Students are required to pay $100 a semester for parking privileges. Many students object to this so they sometimes (gasp): forge a parking pass, try and get through two semesters with one pass, or try to avoid Mr. Landers as he patrols the lot looking for cars needing passes. It is a constant battle which employs some unique strategies by both the students and the administration.

Creative excuses include (from left): Meghann Fahy with the ever popular "I left it in my other car," Myles Ochoa with "the check is in the mail" and Melanie Dionisi with the "if we smile maybe we can get away with it."

Seniors

a message from your class advisors

"No Nick, you can't do that!...(insert appropriate last name)

But there is much that the members of the Senior class have done and will being doing in their futures. What a year it has been. For Mrs. Barker and Mrs. Rousseau that is all it has been: a year. Being assigned as new Senior class advisors to the Class of 2007's final year as high school students has been a wonderful and challenging experience. This one year has been a gift of time spent with the Class of 2007. It has been a privilege to work with amazing and talented young people who have made us laugh, question our sanity, and prove to us that the students at Longmeadow High School just keep getting better and better.

In the spirit of the Class of 2007, your class advisors present to you our top ten list of mishaps, adventures, and just downright funny happenings:

10. No, I am not your mother
9. Can you boys possibly eat any more food?!
8. Um..the pirate in purple....is he supposed to look like that?!
7. Once again...who are the angels and who are the devils and where will we play this game?
6. There was enough food ordered....but...
5. Bagels? Did someone say Eric-Paul brought bagels?
4. Senior photo..the photographer left? Okay, reschedule in the gym.
3. The set...did anyone bring paint? Anyone have a hammer?
2. Senior photos in the yearbook: if you don't submit them, the staff will hunt you down and take candids!
1. Prom, High Meadows, Graduation, all memorable in their own ways.

Good luck with the future. Look back and think of these as stepping stones to all years to come. You will be missed and you will definitely be remembered. As Seals and Crofts once said..."All the secrets of the universe, whisper in our ears, and all the fears come and go... we may never pass this way again..."

"Stay forever young..."-Rod Stewart

Much love and best wishes,
Mrs. Barker and Mrs. Rousseau
Senior Class Advisors 2007

SENIORS RULE!

Dear Class of 2007,

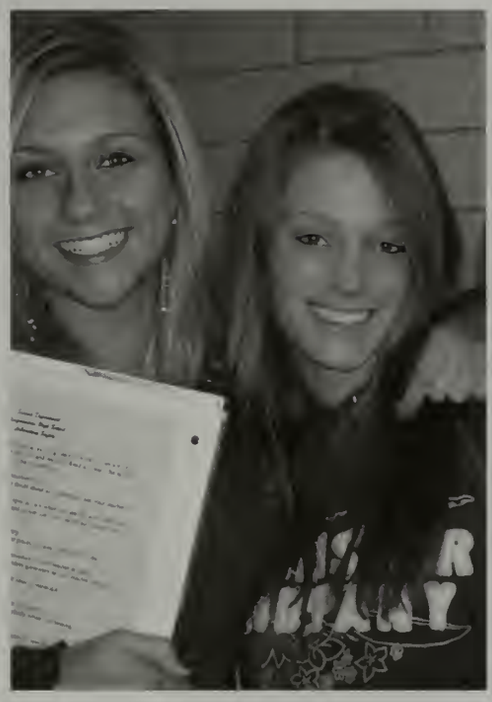
It's been real, it's been fun; it's been real fun. But in all seriousness, the past four years have been simply amazing. From the Providence Zoo, to the beaches of Newport, to the Junior/Senior Semi-Formals, and to the crazy nights of our *Peter Pan* rehearsals; all that's left now are our memories and the friendships we've made. These memories will be carried with us and all of our friends and teachers forever. We, your class officers, cannot believe our time to graduate has come and we truly feel blessed to have been able to represent the Class of 2007. This class has the potential to do amazing things and we can't wait to see your achievements in the future. The memories will not stop here; we will meet again, keeping in contact and visiting during our college breaks. We will <u>never</u> forget things such as: Nicolino and Steve's interesting Halloween costumes, how the sketchy fort in Newport sophomore year was the best field trip ever, Mr. Ream jousting us during the sophomore lock-in, our perfect football season (Longmeadow Football Rules!), how the play was well worth the drama, and how our favorite proverb, "You win some, you lose some," can be applied to anything. Take care of yourselves and we hope to see you soon!

Your class officers,
Jadira Mora, Bennett O'Brien, Colin Shebar,
Jaxie Meth and Chris Clough-Segall

Seniors

Seniors

Seniors



Casey Adams

Track & Field 9, 10
BPA 10, 11, 12
Kid's Cuts 10, 11, 12
Senior Class Play
Power Puff Game

"Enjoy the little things, for one day you may look back and realize they were the big things." - Unknown
"Every step that you take could be your biggest mistake, it could bend or it could break, but that's the risk that you take." - Coldplay

Steven Al-Husseini

"My support teachers and I couldn't come up with a good quote."

Erica Albert

"Some dance to remember, some dance to forget."-The Eagles

Matei Alexandru

Lacrosse 9, 10
Diving 9, 10, 11
Ultimate Frisbee 11, 12
Indoor Track 12

"Guys.... I got this."

Bryanna Alger

Drama Club 9, 10, 11, 12
(Co-President)
NHS 11, 12
Junior Districts 9
Senior Districts 11
Senior Class Play (stage manager)

"I can do all things through Christ which strengtheneth me." Philippians 4:13

Barry Almeida

Baseball 9, 10
Hockey 9, 10, 11, 12

"You win some, you lose some."
"Lifes a garden, DIG IT!"

Brendan Anderson

Banderson

"My advice to people today is as follows: If you take the game of life seriously, if you take your nervous system seriously, if you take your sense organs seriously, if you take the energy process seriously, you must turn on, tune in and drop out." - Timothy Leary

Haley Anderson

"Millions of men have lived to fight, build palaces and boundaries, shape destinies and societies; but the compelling force of all times has been the force of originality and creation profoundly affecting the roots of human spirit." - Ansel Adams

Jacquelyn Andrews

Schmacks, Jacks, Jackel

Cheerleading 9, 10, 12
Art Club 11

"Cheers to the teenage years."
"In my heart its the five of us."

Katie Arrowsmith

Softball 9, 10

David Art

APA Powerlifting 9, 10, 11, 12
Wrestling 9, 10, 12
Concert Band 9, 10
Rough Draft 12

"Private Joker is silly and ignorant, but he's got guts, and guts is enough."
- Full Metal Jacket
"Never take life too seriously. After all, no one gets out of it alive."
- Van Wilder
"I'm gonna live 'til I die."
- Frank Sinatra
"You better take care of me, Lord, if you don't you're gonna have me on your hands." - "Fear and Loathing in Las Vegas"

Joshua Auerbach

Jauerbach

Cross Country 9, 10, 11, 12
Indoor Track 9, 10, 11, 12
Track 9, 10, 11, 12
Concert Band 9, 10, 11, 12

"The only thing necessary for evil to triumph is for good men to do nothing." - Edmund Burke

Marisa Ayotte

Field Hockey 9, 10, 11, 12 (Captain)
Basketball 9, 10

"We all take different paths in life, but no matter where we go, we take a little of each other everywhere." -Tim McGraw

"Our memories will last a lifetime: we'll take the best, forget the rest and someday find these are the best of times." -Kermit the Frog

Kathryn Bagley

Drama Club 10, 11, 12 (Co-President)
Womens Chorus 9
La Cappella 10, 11
Lyrics 12

"Do you realize that everyone you know someday will die and instead of saying all your goodbyes, let them know you realize that life goes fast, it's hard to make things last, you realize the sun doesn't go down, it's just an illusion caused by the world spinning round." -The Flaming Lips

"Follow your heart and see where it might take you, don't let the world outside there break you, they know not who you are inside, they've never felt your hell, don't ever let them crack." -Brandi Carlile

"Love is my religion." -Ziggy Marley

Joseph Baker

"I like your Christ. However, I do not like you Christians for you are so unlike your Christ." -Ghandi

Patrick Baker

"Joyous we too launch out on trackless seas, fearless, for unknown shores."
-Walt Whitman

Jeffrey Balaban

"If the whole be greater than a part, a whole man must be greater than that part of him which is in a book."
-Edward Bulwer Lytton

Jessica Ballis

Crew 9, 10, 11, 12
NHS 11, 12
BPA 9, 10, 11, 12
Key Club 9, 10, 11, 12

Ginel Bascombe

La Capella 9, 10
Outdoor track 9, 10, 12
Indoor Track 10
Unity Club 9, 10, 11,12 (President)
Rays of Hope Walk 10, 11, 12

"Just like moons and like suns, with the cetainty of tides, just likes hopes springing high, Still I Rise."
-Maya Angelou

Never lie, cheat, or steal, but if you must, lie in the arms of the one you love. If you must cheat, cheat death. And if you must steal, steal away from bad company." -"Hitch"

Thomas Bearce

Tom, Potter, HP

Boy Scouts 9, 10, 11, 12
Symphony Orchestra 9, 10, 11, 12
Ultimate Frisbee 10, 11, 12 (Captain)
St. Marys Youth Council 11, 12
NHS 11, 12

"A person should not believe in an ism, he should believe in himself." -Ferris Bueller

"I'd rather be playing Ultimate."

"Meadow Ultimate... that's how we roll."

Autumn Beaulac

Diving 9, 10, 11, 12 (Captain)
State Diving Competition 11
WMASS Diving Competition 11
Semolina Bread Company 11, 12

"Our greatest glory is not in never falling, but in rising every time we fall." -Confucius

Stephanie Begg

Knitting Club 9
Concert Band 9, 10
Art Club 10, 11, 12
Powder Puff Game

"With every experience, you alone are painting your own canvas, thought by thought, choice by choice." -Oprah Winfrey

"Always be first-rate version of yourself, instead of a second-rate version of somebody else." -Judy Garland

"I am fascinated by the act making something real that at one point is only an idea. It is challenging and beguiling to sense something inside, put it on paper, and then step back and see how much has got lost in the process." -Chris Van Allsburg

Erika Belezarian

ErBelezair, ErBella
Art Club 9, 10, 11, 12
Dance Team 9 (Captain)
Womens Chorus 9
La Cappella 10
Cross Country 10
Track and Field 10
Lyrics 11, 12
I Cantori 11, 12
Yearbook 12
Indoor Track 12
Powder Puff
Senior Class Play
"Keep away from people who try to belittle your ambitions. Small people always do that, but the really great make you feel that you, too, can become great." -Mark Twain
"Fashion is not something that exists in dresses only. Fashion is in the sky, in the street, fashion has to do with ideas, the way we live, what is happening." -Coco Chanel

Pat Bellenoit

"He who bends himself to joy
Doth the winged life destroy;
But he who kisses the joy as it flies
Lives in eternities sunrise."
-William Blake

Matthew Berg

Wind Ensemble 9, 10, 11, 12
Jazz Band 9, 10, 11, 12
Symphony Orchestra 10, 11, 12
Pep Band Conductor 12
Math Team 10, 11, 12
International Club 11, 12
NHS 11, 12

"If you're going to make a mistake make it loud so everybody else sounds wrong."
-Joe Venuti

"I never had much interest in the piano until I realized that every time I played, a girl would appear on the piano bench to my left and another to my right." -Duke Ellington

"Wes Montgomery played impossible things on the guitar because it was never pointed out to him that they were impossible."
-Ronnie Scott

Whitney Birtwell

Basketball 9, 10, 11, 12
BPA 9, 10, 11, 12
Soccer 9, 10
Cross Country 11, 12
NHS 11, 12
Senior Class Play
Powder Puff Game

Margot Bitzer

Volleyball 9, 10, 11, 12 (Captain)
Indoor Track 9, 10
Lacrosse 9
Powder Puff Game
Senior class play

"Never forget yesterday, but always live for today because you never know what tomorrow will bring, or what it might take away."

John Blain

Baseball 9, 10, 11, 12
Soccer 9, 10
Indoor Track 11

"Losers make excuses, winners make it happen." -Jim Blain
"And again, we are not gonna change."
-John Mayo
"Boo-yah Kasha!" -Ali G

Meghan Blakeman

"I believe everybody should have a room where they get rid of all their releases. So my room was a stage."
-Jimi Hendrix

'It is not in the stars to hold our destiny but in ourselves." -William Shakespeare

Vincent Branchini

"What are you Lancers doing out there?"-Dan the Man

Sean Brenker

Soccer 9
Golf 10
Ski Team 9, 11, 12
Track 10, 11, 12

"You don't see that every day."

Lauren Broderick

Field Hockey 9, 10, 11, 12 (Captain)
Orchestra 9, 10, 11, 12
Spanish Club 9
YPS 10, 11
Indoor Track 10
Outdoor Track 10
NHS 12
Chamber Ensemble
Powder Puff Game

"You gain strength, courage and confidence by every experience in which you really stop to look fear in the face." - Eleanor Roosevelt

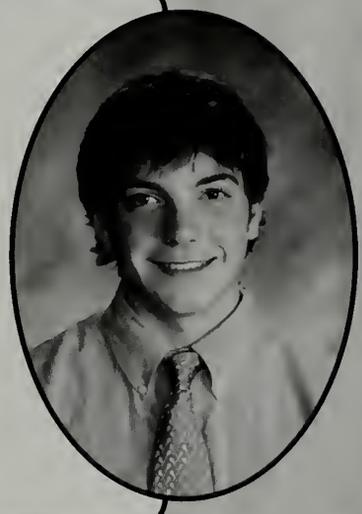
Shannon Brown

Indoor Track 9, 10, 11, 12 (Captain)
Track & Field 9, 10, 11, 12 (Captain)
Academy of Dance 9, 10, 11, 12 (Captain)
Lyrics 11, 12 (Section Leader)
I Cantori 11, 12
Environmental Club 10, 11, 12
Yearbook 12
Senior Class Play (Choreographer)

"It's not the years in your life, but the life in your years that counts."
- Madison Donovan

Andrew Burke

Skiing 9, 10, 11, 12



Eamonn Byrne

"O World, thou choosest not the better part! It is not wisdom to be only wise, and on the inward vision close the eyes, but it is wisdom to believe the heart." - George Santayana

Neil Carroll

Neil the Seal, Bon-Bon, Conan

"I'm not the greatest---I'm the double greatest! Not only did I knock him out, I picked the round." Muhammad Ali

"I've missed more than 9,000 shots in my career. I've lost almost 300 games. 26 times I've been trusted to take the game winning shot and missed. I've failed over and over in my life, and that is why I succeed." - Michael Jordan

"Bob: Looks like you've been missing a lot of work lately.
Peter: I wouldn't say I've been 'missing' it Bob."-"Office Space"

Jeemin Chang

Tae Kwon Do 9, 10, 11, 12 (Instructor)
Track 9, 10, 11, 12
Concert Band 9, 10
Wind Ensemble 12
NHS (Vice President)
Latin Club 12 (Treasurer)

Melody Chou

China Club 11; Latin Club 12
Interact Club 11, 12
International Club 11, 12 (Secretary, Treasurer)
Math Team 9, 10, 11, 12
National Honor Society 11, 12
Pit Orchestra 9; Chamber Orchestra 11, 12
Relay for Life (Children's Director) 12
Rough Draft 12 (Layout Editor)
Science League 9, 10, 11, 12 (President)
Senior Class Play
Swimming 9, 10, 11, 12
Symphony Orchestra 9, 10, 11, 12
Tennis 9, 10, 11, 12 (WMass Doubles Champion)
WMass Senior District Orchestra 9, 10, 11, 12
Yearbook 12
Young People's Symphony 9, 10, 11; SYO 12
"Love is patient, love is kind. It always protects, always trusts, always hopes, always perseveres. Love never fails." -1 Corinthians 13:4,7,8
"Ask and it will be given to you; seek and you will find; knock and it will be opened to you." -Matthew 7:7

Michael Clark

Clark

Environmental Club 11, 12
DJST 10, 11, 12

"A hero is someone who understands the degree of responsibility that comes with his freedom." -Bob Dylan

Christopher Clough- Segall

Coach, Clough

Ultimate Frisbee
Class Secretary

John Coady

Jack

"Waiting for time when I can finally say that this has all been wonderful, but now I'm on my way." -Phish

Anna Cohn

Debate 10, 11, 12
Senior Class Play
Powder Puff Game

"You're just rationalizing the situation." -Bob

"It's only teenage wasteland." -The Who

Edward Comini

"Skateboarding is one hell of a sport."

"You can do anything you put your mind to."

Elisabeth Compton

Track and Field 9, 10, 12
Indoor Track 10
Environmental Club 10, 11, 12
Accidentals 12
Rough Draft 12
NHS 11, 12

"We have to be able to criticize what we love, to say what we have to say 'cause if you're not trying to make something better, then as far as I can tell, you are just in the way."
-Ani Difranco

Kevin Conley

Hockey 9, 10, 11, 12 (Captain)
Cross Country 9, 10, 11
Track 10, 11

Jared Coughlin

Cross Country 9, 10, 11, 12
Wrestling 9, 10, 11, 12
Baseball 9
Track 10, 11, 12
Jazz Band 9, 10, 11, 12

"It's kind of fun to do the impossible."
-Walt Disney
"Drawing on my fine command of language, I said nothing."
-Mark Twain

Deborah Covey

Cheerleading
Drama Club

"Your image in the dictionary, this life is more than ordinary. Can't stop the spirits when they need you, This life is more than just a read through."
- Red Hot Chili Peppers

"It can't rain all the time."

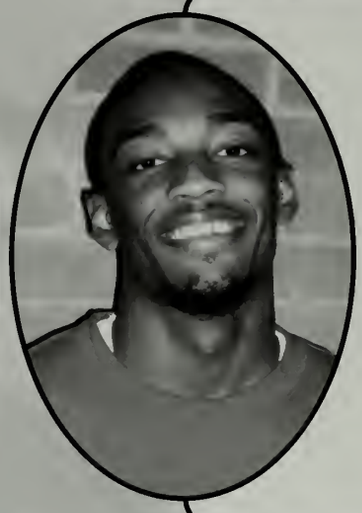
Kara Croteau

Lacrosse 9, 10, 11
Cross Country 9, 10
Key Club 9, 10, 11, 12
BPA 10, 11, 12
NHS 11, 12
Senior Class Play

Vincent D'angelo

"One must suffer from one of the two pains. The pain of discipline and the pain of regret. The only difference is the pain of discipline weighs ounces, while the pain of regret weighs tons." -Anonymous

"Heart is what wins tournaments." -Alex Fraige



Brandon Daniels

Basketball 9, 10, 12
Football 9, 10, 11, 12

"Black Power!"

"Never frown because you never know who might be falling in love with your smile." -Justine Milton

"It is better to keep your mouth shut and give the impression you are stupid than to open it and remove all doubt." -Rami Belson

Kiara Daniels

Basketball 9, 10
Indoor Track 11
Outdoor Track 10, 12
La Capella 10, 12
S.A.D.D. 11, 12 (President)
Rays of Hope 12
BPA 11
Leef Gala 12

"So go put on your red dress and dance like you've never danced before."
"You can be anywhere when your life begins. You meet the right person and anything is possible." - Crazy/Beautiful
"You're alive, you're alive-how else could you hear me? You are fine, you are fine-there's nothing worth fearing, cause there never will be no conspiracy of happiness. I'm on a high, on a high and there's nothing more to it. I have the sun, its a star, why should I refuse it?" -Duncan Sheik

Tyler Dawson

Lyrics 9, 10, 11, 12 (Section Leader)
I Cantori 9, 10, 11, 12

"Etcetera etcetera, facts for whatever, fifteen steps." -Radiohead

"Come on now and see the course
That never fields the game of choice
And cold allies of steel,
Couldn't buy the way it feels
Rusty and divided steel
The race is yet to come."
-Guided By Voices

Nicholas Deluca

Deluca

"yo cuz"

Nino Demarco

Nemo, 90210

Soccer 9, 10
Ultimate Frisbee 11, 12

"It's not who I am underneath, but what I do that defines me." -Bruce Wayne

"I wish I could say something classy, but that just wouldn't be our style. Remember, pain heals, and chicks dig scars, but glory lasts forever." -Shane Falco, "The Replacements"

Robert Diamond

Hockey 9, 10, 11, 12
Lacrosse 9, 10
Ultimate Frisbee 11, 12
Concert band 9, 10, 11, 12
Men's Chorus 11, 12
Lyrics 12
Jazz band 12

"Emancipate yourself from mental slavery, none but ourselves can free our minds." -Bob Marley

"The unexamined life is not worth living." -Socrates

"Maybe people from Portugal are just awesome." -Tom Bearce

Sarah Dickstein

Cheerleading 9, 10
Titans All-Star Cheerleading 11
Horseback Riding 3rd 12
Powderpuff Game

"Sometimes you are shown the light in the strangest of places if you look at it right." -Jerry Garcia

Melanie Dionisi

Volleyball 9, 10, 11, 12 (Captain)
Indoor Track 9, 10
Track and Field 10, 11
BPA 10, 11, 12 (officer)
USY (Vice President)
Baystate Partnership Program 10, 11, 12
Powder Puff Game

"We're never going to survive, unless we get a little crazy." -Seal

Meagan Dobson

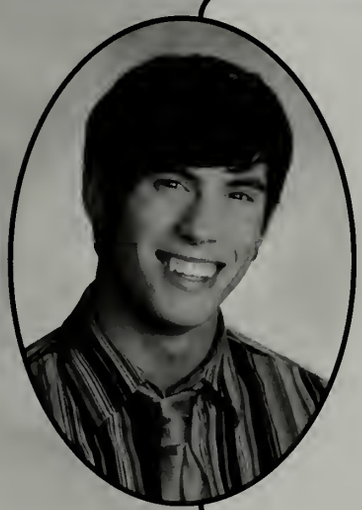
Field Hockey 9, 10, 11, 12
Ski Team 9, 10, 11, 12
Lacrosse 9, 10, 11, 12
NHS
Interact Club 9, 10
Environmental Club 10, 11

"These are the days worth living, these are the years we're given, and these are the moments, these are the times, let's make the best out of our lives."
-The Calling

Bridget Doherty

B-doh, Bridge doh, Bridge, Didge
Dance K-12
Womens Chorus 9
F.A.I.T.H. Club 9, 10
La Cappella 10, 11, 12
Dance Team Assistant 11, 12
S.A.D.D. 12 (Treasurer)
Accidentals 12
Yearbook 12
Senior Class Play
Powder Puff Game
"I know it seems hard sometimes but remember one thing, through every dark night theres a bright day after that. So no matter how hard it gets, stick your chest out keep ya head up and handle it."
-Tupac Shakur
Not a thought in my head of beginnings or endings. Make the most of these days while they are still unfolding. Keep right on dancing while that curtain is closing." -Bane

Christopher Donahue



Cheerleading 9, 10
Swimming 11, 12
Drama Club 9, 10, 11

"The only rule is don't be boring and dress cute wherever you go. Life is too short to blend in."

"That's hot." -Paris Hilton

"Your friend is the person who knows all about you, and still likes you."
-Elbert Hubard

Zachary Dragone

Z Dragon

Men's Chorus 9, 10, 11
Lyrics 12
Indoor Track 10
Spring Track 11, 12
BPA 11, 12
Mock Trial 11, 12

"Most people will always choose the middle of the road, socially accepted, "standard red" option. Other-strong and demanding characters-will only go for the best." -H. Pagani

Nora Drapalski

Art Club 9, 10, 11, 12 (President)
Anime Club 9
Drama Club 9, 10, 11, 12 (Co-President)
Interact 10, 12
Latin Club 12 (Founder and Co-Consul)
Mock Trial 12
Yearbook 12
NHS 11, 12
Senior Class Play (Director)
Powder Puff Game

"It is our choices that show what we truly are... far more than our abilities." - Albus Percival Wulfric Brian Dumbledore

Natalie Drucker

Nat, Natty

Cheerleading 9

"You can't imagine how much fun we're having." -Atmosphere

Patricia Wytrwal

"A woman's guess is much more accurate than a man's certainty." -Rudyard Kipling

Lindsey Dybdahl

Cross Country 9, 10, 11, 12
Track & Field 9, 10, 11, 12
Indoor Track 9, 10, 12
Environmental Club 10, 11, 12
Jet Jotter 10, 11, 12

Brendan Egan

Beegs, Bcego, Beegopolis

JCC Basketball 9, 10, 11, 12

Jeffrey Emanuel

"Live til you die."

Rebecca Engell

rengell

Environmental Club 11, 12 (President)
Cross Country 10, 11, 12 (Captain)
Outdoor Track 9, 10, 11, 12 (Captain)
Indoor Track 11, 12
Lyrics 11, 12
USY (board member)
B'nai Tzedek Youth Foundation
National Honor Society 11, 12

Bridget Fallon

Soccer 10, 11, 12
BPA 10, 11, 12
NHS 11, 12

"lalalalaaala."

Vanessa Fede

Vaness, nessjob, nessa

Gymnastics 9, 10, 11, 12
Cheerleading 9, 10, 11, 12
Titan AllStar Cheerleading 11, 12
Cheerleading Coach 11, 12
Senior Class Play
Powder Puff Game

"Sometimes there are no next times, no time outs, no second chances, sometimes it's now or never."
"In my heart is the five of us."

Cesare Federico

Ultimate Frisbee 11
Indoor Track 11
Track & Field 9

James Filomeno

"Never let the fear of striking out get in your way." -Babe Ruth
"Some people want it to happen, some wish it would happen, others make it happen." -Michael Jordan

Nicholas Fioretti

Fio

"I said I'd live a good life, not a long life."

"Dad was right, you are a loser."

"3 and 1/2 pinkies are better than one."

Geoffrey Flemati

"For every day I stand outside your door, and bid you wake, and rise to fight and win." -Walter Malone

Meghan Foley

Meg, Foley, MFoles

Womens Chorus 9
La Capella 10, 11
Lyrics 12
Accidentals 10, 11
Drama Club 9, 10, 11, 12
Theatrix 11, 12
GSA 11, 12
Senior Class Play
Powder Puff Game

"And if I'm flying solo at least I'm flying free. To those who'd ground me, take a message back from me. Tell them how I am defying gravity." -Wicked

"We do things on stage that supposed to happen off. Which is a kind of integrity, if you look on every exit as being an entrance somewhere else." -Tom Stoppard

Kristine Fox

Krissy, Krissle

Cheerleading 9, 10, 11, 12
Senior Class Play
Powder Puff Game

"Time is short but that's all right. Maybe I'll go out in the middle of the night. Take your hands from your eyes, my love, Cause all good things must come to an end sometime. But don't burn the day away."

"In my heart is the five of us."

Margaux Isabell Frank

Foreign Exchange Argentina 11
Womens Chorus 9
Lyrics 10, 12
Concert Band 9, 10
Wind Ensemble 12
I Cantori 12
Senior Districts 10, 12
AFS Club 12
German Club 12
Field Hockey 9, 10 (Co-Captain)
Drama Club 9, 10, 12
First Church Youth Group 9, 10, 12
Powder Puff
Environmental Club
Senior Class Play
"If we knew that tonight we were going to go blind, we would take a longing, last real look at every blade of grass, every cloud formation, every speck of dust, every rainbow, raindrop - everything." -Pema Chödrön

Benjamin Freedman

Cross Country 9, 10, 11
Indoor Track 9, 10, 11
Outdoor Track 9, 10, 11
Jazz Ensemble 11, 12
Key Club 9
Senior Class Play

Stephen Fydenkevez

"I don't know half of you half as well as I should like, and I like less than half of you half as well as you deserve."
-Bilbo Baggins

Nicholas Gang

Cross Country 9,10,11,12
Indoor Track 9,10,11,12 (Captain)
Baseball 9,10,11,12

"Over the years, I've given myself a thousand reasons to keep running, but it always comes back to where it started. It comes down to self-satisfaction and a sense of achievement." -Steve Prefontain

"You don't lead by pointing and telling people some place to go. You lead by going to that place and making a case."
-Ken Kesey

Brandon Gauthier

BGith, BGauth, Gith, DaGith, Githdaddy
Baseball 9,10,11,12
Football 9,10,11,12
Basketball 9

"Let's go Chubs!" "07 Rules!"

"Longmeadow High School football rules!!"

"I wish I could say something classy and inspirational, but that just wouldn't be our style. Pain heals, chicks dig scars, GLORY lasts forever."
-Shane Falco, "The Replacements"

Jonathan Gogel

Lacrosse 9,10
BPA

"Whatever man thinks of manifests to the real, the plan is to wake up cause time reveals." -Nas

Kate Basille

Drama Club
Cheerleading

"I don't know where I'm going, but I sure know where I've been. Hanging on some promises of yesterday. And I've made up my mind, I ain't wasting no more time, here I go again."

Michael Green

"A friend is someone who will bail you out of jail, but your best friend is the one sitting next to you saying that was @#$*#@ awesome."

Alyssa Grumoli

"Every story has an end. But in life, every ending is just a new beginning." -Uptown Girls

Alejandro Guardia

Jandro Janz Guanz

"You know what Steve, I lied. You're not good looking!"

"3 and 1/2 pinkiens are better than one."

"I plan on living forever. So far, so good." -Alejandro Guardia

Luzed Guzman

"Forget regret or life is yours to miss."
"If we must fall, let us boldly meet our fate." -Anonymous
"We started out as total strangers and ended up the best of friends. We shared a season of our lives, but every season has its end." -S.L.

Courtney Halista

Tennis 9,10,11,12
NHS 11, 12 (President)
Chorus 9, 10
Massachusetts Regional Student Advisory Council 11,12
Senior Class Play
Basketball 9
Soccer 9

"Theres only us. Theres only this. Forget regret or life is yours to miss. No other road. No other way. No day but today." -Rent

Courtney Hall

Mock Trial 9,10,11,12 (President)
Math Team 9,10,11,12 (President)
School Committee Representative 11,12
DLT 10, 11, 12
Track 9,10,11,12
NHS 11, 12
Science League 10, 11, 12

"Learn from yesterday, live for today, hope for tomorrow. The important thing is not to stop questioning." -Albert Einstein

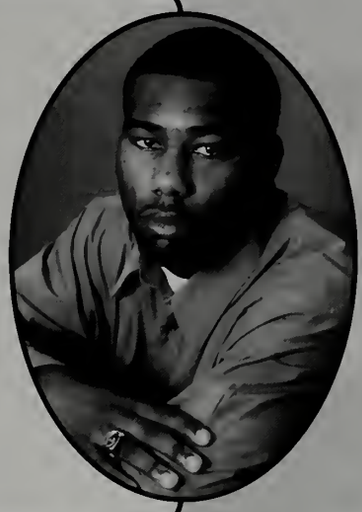
Jessica Halpern

Soccer 9,10,11,12
Basketball 9,10,11,12 (Captain)
Lacrosse 9,10,11,12
BPA 10, 11, 12 (Treasurer, Vice President)
National Honors Society 11, 12
Senior Class Play
Powder Puff Game

Ryan Harrison

"O World, thou choosest not the better part! It is not wisdom to be only wise, and on the inward vision close the eyes, but it is wisdom to believe the heart." -George Santayana

"There is no cure for birth and death save to enjoy the interval."
-George Santayana



Daniel Haryasz

Cross Country 9, 10, 11, 12 (captain)
Indoor Track 9, 10, 11, 12
Outdoor Track 9, 10, 11, 12

"To give anything less than your best is to sacrifice the gift."
-Steve Prefontaine

Andrew Hayes

"People in glass houses sink ships."

John Hayes

Mayes, Turbs

"The very basic core of a man's living spirit is his passion for adventure. The joy of life comes from are encounters with new experiences, hence here is not greater joy than to have an endlessly changing horizon, for each day to have a new and different sun."
-Chris McCandless
"Good luck exploring the infinite abyss." -Garden State

Molly Heffernan

MollHeff

Cross Country 9, 10, 11, 12
Indoor Track 9, 10
Softball 9, 10, 11
Ultimate Frisbee 12
Go Fit 11, 12
Youth Council 9, 10, 11, 12
La Cappella 10, 11, 12
Powder Puff Game
Senior Class Play

"In the end we can all call a friend, that is something that I know as true. And a thousand years and a thousand tears, I'll come finding my original crew." -o.a.r.

Matthew Hibert

Jazz Ensemble 10, 11, 12
Wind Ensemble 10, 11, 12
Symphony Orchestra 9, 10, 11, 12
Math Club 11, 12
Massachusetts Boys State 11

William Higgins

Will, Higgy, Squiggs, Thrill

Football 9,10,11,12
Baseball 9,10,11,12
Debate 9,10,11,12 (Captain)
National Honor Society

"Let us be thankful for the fools. But for them, the rest of us could not succeed."-Mark Twain

Nathan Hirsch

Baseball
Cross Country
Wrestling

"Every time I make a stupid decision you bail me out of it Now make be a genius." -Russ Bowen

"Right Oh." -Russ Bowen

"Eyes on the field boys." -Russ Brown

Caroline Hobert

Volleyball 9,10,11,12 (Captain)
Tennis 10, 11, 12
Basketball 9, 10
BPA 10, 11, 12 (President)
NHS 11, 12 (Secretary)
Intern at Big E 11, 12
Powder Puff Game

"Lalalalaaala"

Caitlin Humphrey

"You know at one time, I used to break into pet shops to liberate the canaries. But I decided that was an idea way before its time. Zoos are full, prisons are overflowing. Oh my, how the world still dearly loves a cage."
-Harold and Maude

Thomas Hurley

"Play now or pay later!"

"Faster than a speeding bullet."

Rehan Hussain

"Impossible is nothing."
-Muhammad Ali
"I can accept failure, but I can't accept not trying." -Michael Jordan

Nicolino Iavicoli

Nick, Nico, lava

Baseball 9,10,11,12
Soccer 9,10,11,12 (Captain)
School Choice 9, 10, 11, 12

"I'm not here to judge."

"We all have secrets."

Jerome James

"Joyous we too launch out on trackless seas, Fearless for unknown shores."
-Walt Whitman

Kristin Joyce

K-Joyce, Kojee, Kristonia

Lacrosse 9, 10, 11, 12
Soccer 9, 10, 11, 12
Basketball 9
BPA 9, 10
Key Club 9, 10
Senior Class Play
Powder Puff Football

Scott Judson

Key Club 9

Nicholas Kadushin

Kadu, Ka-doo-doo, Kadu-box

Wrestling 9,10,11,12 (Captain)
Men's Chorus 9,10,11
Lyrics 12

"Rule #76: No excuses, play like a champion."-"Wedding Crashers"

Daniella Kaye

"This is the time to remember
Because it will not last forever
These are the days to hold on
Cause we won't although we'll want to
But time is going to change."
-Billy Joel

Tyler Keane

The Ty Guy, Keaner

Hockey 10, 11, 12
Baseball 9

"You wear nothing but you wear it so well." -DMB
"All work and no play is totally missing the point."

Anne Marie Kearing

National Honor Society
Soccer 9, 10
Indoor Track 9, 12
Wind Ensemble 9,10,11,12
YPS 10, 11
Jazz Ensemble 10, 11, 12
La Cappella 10, 11, 12
St. Mary's Youth Council 10, 11, 12
Faith Formation Teacher 11, 12
Senior Class Play

"Enter through the narrow gate; for wide is the gate and broad is the road that leads to destruction, and many enter through it. But small is the gate and narrow the road that leads to life, and only a few find it." Matthew 7:13
"I can't believe that we would lie in or graces, wondering if we had spent our living days well. I can't believe that we would live in our graves dreaming of things we might have been."-DMB

Hillary Kellet

Lacrosse 9
Key Club 10, 11
Powder Puff Game 12

"Live life to the fullest, and never regret anything." - Hillary Kellet

Samantha Kelly

Sam, Sammi, Tham

Riley's School of Dance 9, 10, 11, 12
Cheerleading 10
Yearbook 12
Powder Puff Game 12
Senior Class Play 12

"In my heart is the five of us."
"I feel home, when I see the faces that remember my own."
"I feel home, when I'm chillin' outside with the people I know.
"I feel home, and that's just what I feel. Home to me is reality, and right now I need something real." -O.A.R.

Thomas King

"I've missed more than 9000 shots in my career. I've lost almost 300 games. 26 times I've been trusted to take the game winning shot and missed. I've failed over and over again in my life, and that is why I succeed."
-Michael Jordon

Alyssa Kipetz

"If you can't laugh at yourself, life is going to seem a whole lot longer than you'd like." -"Garden State"

Krista Koerner

Kris, Biffle, Sizzle, Roy, Paris

Cheerleading 9, 10, 11, 12
Gymnastics 10, 11, 12
Big Y 11, 12

"Love! Love! What more is there? We need the light of love in here. Don't beat your head, dry your eyes, let the love in. There are bad times but that's okay, just look for love in it. Don't burn the day away."

"In my heart is the five of us."

Brittany Komack

Basketball (Captain)

"My wish, for you, is that this life becomes all that you want it to, your dreams stay big, your worries stay small." - Rascal Flatts

"Well, that's where I belong
and you belong with me
Not swallowed in the sea"
- Coldplay

Bryan Korman

Hockey 9, 10
Football 9, 10, 11, 12
Team G.S.D.

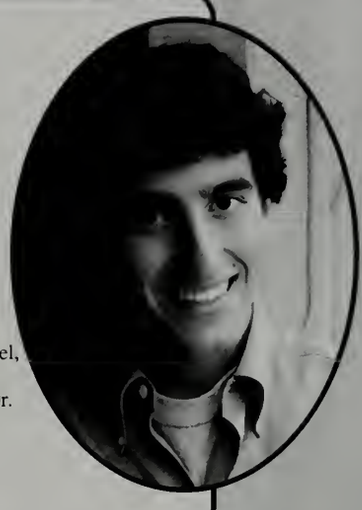
"That's not a duck, it's a pelican."
-Dan Ryan

Nathaniel Kornet

Cross Country 10, 11, 12
Indoor Track 10, 11, 12 (Captain)
Outdoor Track 9, 10, 11, 12
Men's Chorus 12
Environmental Club 12

"I do not run to add days to my life. I run to add life to my days."
-Ronald Rook

"Be who you are and say what you feel, because those who mind don't matter and those who matter don't mind." -Dr. Seuss



Timothy Kreinest

"Everyone thinks of changing the world, but no one thinks of changing himself." -Leo Tolstoy

Rachel Kusiak

Track 9, 10, 11, 12
Cross Country 9, 10, 11, 12

"You don't know where and you don't know when but you still got your words and you got your friends." - Modest Mouse

Jennifer Labulis

Powder Puff Game
Six Flags New England 9
Bottle Shop 10
Ocean State Job Lot 11, 12

"Live your life as if everyday was your last."

"We lived today with the hope of being here today."

Matthew Lachiusa

Joyous we too launch out on trackless seas, fearless for unknown shores."
-Walt Whitman

Lauren Lafountain

Cross Country 10, 11, 12
Track 9, 10, 11, 12
Indoor Track 9, 10
La Cappella 10, 11, 12
Accidentals 11, 12
Outing Club 11, 12
CCD Teacher 9, 10, 11, 12
Basketball Coach 11, 12
Camp Counselor 11, 12
Yearbook 12
NHS 12
Senior Class Play

"I'm only this far and only tomorrow leads my way." -Dave Matthews

John Lake

Laker, Lake the Snake, Jack

Lacrosse 9, 10, 11, 12 (Captain)
Football 9, 10, 11, 12

"How 'bout you purify yourself in the waters of Lake Minnetonca."
-Dave Chappelle

"Knock, Knock. Open up your door. it's REAL!"

"DMX"

Benjamin Lakritz

Lacrosse 9, 10
Football 9
Pole Vaulting 11
Business Club 9, 10, 11
Key Club 9, 10, 11
Outing Club 10, 11

"If knowledge is the key, just show me the lock."

"I'm feeling it."

Jazlene Lasanta

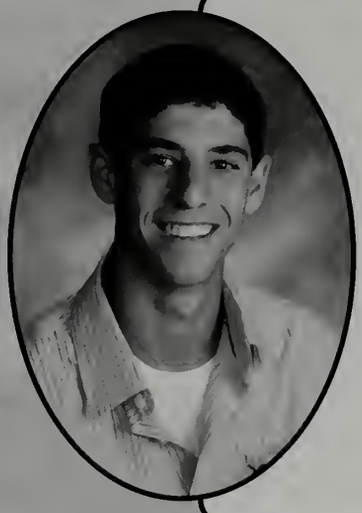
Indoor Track 9, 10, 11
Outdoor Track 9, 10, 11
Drill Team
Working with Children with Disabilities

Louis Lasko

"You can speak your mind, but not on my time." -Billy Joel

"We're sharing a drink they call loneliness, but it's better than drinking alone." -Billy Joel

Jonathan Lattell



Lattle

Football 9, 10, 11
Baseball 9, 10, 11
National Honor Society 11 ,12

"Get busy living, or get busy dying." -Shawshank Redemption

James Laurenzano

Wrestling 9
Indoor Track 10, 11
Lacrosse 9
Outdoor Track 11
Outing Club 10, 11

"Well the tape just holds them together, but it's ok, I bought the index cards without lines." -Anonymous

"I'm the one that has to die when it's time for me to die, so let me live my life the way I want to." -Jimi Hendrix

Shayniqua Lawson

"We started out as total strangers and ended up the best of friends. We shared a season of our lives, but every season has an end." -L.G.

Bryant Le

BryLe, Sleepy

"Let's turn our prayers to outrageous dares, and mark our page in a future age." -Wilco

"You define yourself by the people you love and that's enough." -Jeff Tweedy

Andrew Lee

Cross Country 9, 10, 11, 12 (Captain)
Indoor Track and Field 9, 10, 11, 12
Outdoor Track and Field 9, 10, 11, 12 (Captain)
Wind Ensemble 9, 10, 11, 12 (Section Leader)
Jazz Band 9, 10, 11, 12
Symphony Orchestra 9, 10, 11, 12 (Section Leader)
Pep Band 9, 10, 11, 12
Trombone Teacher 11, 12
NHS 11, 12 (Tutor Chair)
Longmeadow Country Club 11, 12
Senior Class Play

"The best and safest thing is to keep a balance in your life, acknowledge the great powers around us and in us. If you can do that, and live that way, you are really a wise man." -Euripides

Elisabeth Lee

Lizzie, BettyLee

Soccer 9, 10, 11, 12 (Captain)
Lacrosse 9, 10, 11, 12 (Captain)
Indoor Track 9, 10, 11, 12 (Captain)
Wind Ensemble 9, 10, 11, 12
BPA10, 11, 12
NHS 11, 12
Powder Puff Game

"And maybe it's the time of year. Yes and maybe it's the time of man. And I don't know who I am, but life is for learning." -CSN

Megan Lee

Swimming 9, 10, 11, 12
Softball 9, 10
Cheerleading 9, 10
Baystate Medical Center 11
Six Flags 11
Target 11
Bob's Stores 12

"Growing up happens in a heartbeat. One day you're in diaper, the next day you're gone, but the memories of childhood stay with you for the long haul." -The Wonder Years"

Thea Libbos

"In the end we can all call a friend, that's something that I know is true, and in a thousand years and a thousand tears I'll come back to my original crew."

Abbey Licht

"Joyous we too launch out on trackless seas, fearless for unknown shores."
-Walt Whitman

Matthew Losee

"Till I Collapse."

William Mackenzie

"It is better to remain silent and be thought a fool, then to speak and remove all doubt." -Mark Twain

Brett Madnick

Wrestling 9, 10, 11, 12
Senior Class Play
France Trip 2006

"It is not the critic who counts, not the man who points out how the strong man stumbled, or where the doer of deeds could have done better. The credit belongs to the man who is actually in the arena; whose face is marred by the dust and sweat and blood; who strives valiantly; who errs and comes short again and again; who knows the great enthusiasms, the great devotions and spends himself in a worthy cause; who at best, knows in the end the triumph of high achievement, and who, at worst, if he fails, at least fails while daring greatly; so that his place shall never be with those cold and timid souls who know neither victory or defeat." - Theodore Roosevelt

Julia Manna

Accidentals 10, 11, 12
Lyrics 10, 11, 12
Concert Band 9, 10, 11
Wind Ensemble 12
All State Chorus 10, 11, 12
Senior Districts 10, 11, 12

"The future belongs to those who believe in the beauty of their dreams."
-Eleanor Roosevelt

"What lies behind us and what lies before us are tiny matter compared to what lies within us."
-Ralph Waldo Emerson

Alexandra Mansfield

Chorus 9, 10, 11, 12 (Section Leader)
NHS 11, 12 (Community Service Chair)
New England Dance Conservatory 9, 10, 11
Jet Jotter 9, 10, 11, 12 (Editor)
Orchestra 9, 10

"I always try to do things that I have never done. Doing something that seems hard, that seems like it's impossible, I will give it my best shot anyway." -Salma Hayek

Christina Manzi

"I make the most of all that comes, and the least of all that goes."
-Sara Teasdale

Jillian Manzi

"There is no cure for birth and death save to enjoy the interval."
-George Santayana

Corey Marczak

"If the whole be greater than a part, a whole man must be greater than that part of him found in a book."
-Edward Bulwer Lytton

Matthew Marotta

"Joyous we too launch out on trackless seas, fearless for unknown shores."
-Walt Whitman

Jessica Mason

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."
-Maya Angelou

"The first hundred years are the hardest." -Anonymous

Andrew Samuels

"If the whole be greater than a part, a whole man must be greater than that part of him which is found in a book."
-Edward Bulwer Lytton

James McGoldrick

"O World, thou choosest not the better part! It is not wisdom to be only wise, and on the inward vision close the eyes, but it is wisdom to believe the heart."
-George Santayana

Clayton McGrath

Claydog, Bloodbath, Claytonius Maximus

Football- 9,10,11,12
Wrestling- 10,11,12 (Captain)
Lacrosse- 9,10,11

"But I firmly believe that any man's finest hour, his greatest fulfillment of all he holds dear, is the moment when he has worked his heart out in a good cause and lies on the field of battle, victorious."-Vince Lombardi

"I'm Vinny, I'm tough."-Vinny Branchini

"You've just been bathed."

Ryan McKenna

Indoor Track 11
Track and Field 9, 10, 11
Programming Club 9, 10, 11

"Live in the moment, it's the only chance you'll get." -Ryan McKenna

Christopher McMahon

Big Mac, Eric

"Happiness is having a large, loving, caring, close-knit family in another city." -George Burns

"If opportunity doesn't knock, build a door." -Milton Berle

Victor Melikian

Hockey 10, 11, 12 (Captain)

"What mamma don't know don't hurt her."

"If there's grass on the field, play ball."

Alexander Mendes

"If the whole be greater than a part, a whole man must be greater than that part of him which is found in a book." -Edward Bulwer Lytton

Dana Mengwasser

GSA (President)
Jet Jotter (Editor in Chief)
Senior Class Play (Assistant Director)
Drama Club
China Club

"Let these swift roads destroy themselves
Let the world fall into its sleep
For we shall be spared
We shall be left standing
To face what's left of concrete and honey
Kiss the flame
Let's run with the hunted, the untamed
Kiss the flame
Embrace the faceless, the unnamed." -Jewel

Jacqueline Meth

Soccer 9, 10, 11, 12
Swimming 9, 10, 11, 12 (Captain)
Tennis 11, 12
Student Council Treasurer 10, 11, 12
Youth Council 9, 10, 11, 12
Lifeguard 11, 12
Senior Class Play
Powder Puff Game

"Good friends are like four-leaf clovers: hard to find but lucky to have."

Chelsea Miller

"Go confidently in the direction of your dreams. Life the live you've imagined." -Henry David Thoreau

"Life is either a daring adventure or nothing at all." -Helen Keller

David G. Miller

"Life is a bowl of cherries."
"Life is like a box of chocolates you never know which one you're going to get."
"There is no such thing as a stupid question."

David H. Miller

Orchestra 9, 10, 11, 12 (Section leader)
Men's Chorus 9
Lyrics 10, 11, 12 (section leader)
Jazz Ensemble 9, 10, 11, 12
Chamber Orchestra 11, 12
Environmental Club 10, 11, 12
Basketball 9
National Honor Society 11, 12

"Muss es sein? Es muss sein! Es muss sein!" (Must it be? It must be! It must be!) -Ludwig van Beethoven

Rachel Millimet

Rach, Roach, Rachie

Cheerleading 9, 10
Gymnastics 9, 10
Big Y 12

"Never take life seriously, nobody gets out alive anyways"

Susan Mirkin

Varsity Tennis 10, 11, 12
Jet Jotter Editorial Board 10, 11, 12
National Honor Society 11, 12
(Tutoring Chair)

"Lalalalaaala"

Jadira Mora

Yad

Senior Class President
Indoor Track 10, 11, 12 (captain)
Class Secretary 10, 11
National Honor Society 11, 12
Basketball 9
Powder Puff Game
French Club 9, 10
Unity Club 10, 11 (Secretary)

"In the end we can all call a friend, that's something that I know is true, and in a thousand years and a thousand tears I'll come back to my original crew."
"That was a crazy game of poker"

Jazmine Moss

"We all have the ability. The difference is how we use it." -Stevie Wonder
Mom and Dad- "You've taught me to grow in my own way. To be strong and beautiful and creative in my own way. And that if I stay true to myself there is nothing I cannot do."

Edward Mulhern

"I've been gamblin' here abouts ten
good solid years.
If I told you about all that went down
It would burn off both your ears."
- Grateful Dead

Mia Muratore

Soccer 9
Indoor Track 9, 10
Senior Class Play
Powder Puff Game

"Everything happens for a reason.
Things fall apart so other things can fall
together. Don't question it, just let it
happen. If it's meant to be, it will be."

Brian Murphy

Murph, Murph-Dog, Doggy

Basketball 9, 10
Football 9
Baseball 9
Track and Field 11
Spoletos 12
Bertucci's 11, 12
Eastern States Exposition 11, 12
BPA 9, 10, 11, 12
National Honor Society 11, 12
Team GSD 9, 10, 11, 12

"Work Hard, Party Hard."
"The difference between a successful person
and others is not a lack of strength, not a lack
of knowledge, but rather a lack of will."
-Vincent T. Lombard

Shannon Murphy

"Learn from yesterday, live for
today, hope for tomorrow." -Anon
"In three words I can sum up
everything I've learned about life: it
goes on." -Robert Frost
"It is better to be hated for what you
are than to be loved for what you are
not."

Samuel Nadeau

Football 9, 10, 11, 12
Lacrosse 9, 10, 11
Ball Room Dancing Club

"Thank God for the power strap."

Christina Nardi

"Here is one girl who would rather
clean a stall than her own room...
Here is one girl who would rather
wear chaps than a party dress...
Here is one girl who would rather
go to the barn than the mall..."

Anne Neil

Soccer 9, 10, 11, 12 (captain)
Basketball 9, 10, 11, 12 (captain)
Lacrosse 9, 10, 11, 12 (captain)
Interact Club 9
National Honor Society 11, 12
La Cappella 10, 11, 12
GoFit Mentoring 11, 12

"The friends you grew up with deserve a special respect- the ones who stuck by you, shoulder to shoulder, in a time when nothing was certain, all life lay ahead, and every road led home"
-"The Wonder Years"

Kayla Nelson

Outdoor Track & Field 9, 10, 11
Indoor Track & Field 9, 10, 11, 12
Enviornmental Club 10, 11, 12
La Cappella 11
Senior Class Play
Powder Puff Game

"I believe in everything until it's disproved. So I believe in fairies, the myths, dragons. It all exists, even if it's in your mind. Who's to say that dreams and nightmares aren't as real as here and now?"

Arkadiy Norkin

Archie, A-Kads, Puddles

Ultimate Frisbee #66 11, 12
Cross Country 9, 10, 11, 12
Indoor Track 11, 12
Outdoor Track 9, 10

"Stuff your eyes with wonder, he said, live as if you'd drop dead in ten seconds. See the world. It's more fantastic than any dream made or paid for in factories." -Fahrenheit 451

Alexandra Novak

Alex, Al, Alnov

Varsity Swimming 9, 10, 11, 12
Jett Jotter Features and Campus News (Editor)
Lyrics
Accidentals
AP Art

"You don't need a weatherman to know which way the wind blows."
-Bob Dylan

Bennett O'Brien

"Freedom lies in being bold."
-Robert Frost

Jillian O'Keefe

Basketball 9
Cross Country 9
Tennis 9, 10, 11, 12 (Captain)

"I've never let my schooling interfere with my education." -Mark Twain

Meaghan O'Leary

Meg O.

Varsity Soccer 9, 10, 11, 12
Varsity Lacrosse 9, 10, 11, 12 (captain)
Varsity Basketball 10, 11, 12
BPA 10, 11, 12
Senior Class Play
Powder Puff Game

Patrick O'Leary

"O World, thou choosest not the better part! It is not wisdom to be only wise, and on the inward vision close the eyes, but it is wisdom to believe the heart." - George Santayana

Myles Ochoa

Och

Basketball 9, 10, 12
Baseball 9
Football 9
Tennis 11, 12 (Captain)
Golf 10
BPA 11, 12

"3 and 1/2 pinkies is better than one."

Eric-Paul Olsson

E.P., Eeps, ep, epilepsy, epizzle, E.P.O

National Honor Society 11, 12
Drama Club 10, 11, 12

"Hold fast to dreams, for if dreams die, life is a broken winged bird that cannot fly." -Langston Hughes

David Packard

Dave, Fudge, Packard, Pack Attack, PacMan, Jonet

Alliance 9, 10, 11, 12
Turbojugerid 10, 11, 12
Ultimate Frisbee 10, 11, 12

"If only there was a cup there..." -Samuel Gerweck
"I try to hide the fact that I'm afraid." -Devon Miller
"Do or do not. There is no try." -Yoda

Neal Patel

French Club 9, 10
Outing Club 11
BPA 12

"I wanna be and do everything yet nothing at the same time." -Dipu Patel (1985-2006)

"If something is too hard, give up." -Homer Simpson

"Everybody get on the ground." -Dave Chappelle

Alexis Payne

Mercy Hospital Volunteer 11, 12
Old Navy 9, 10
Birch Manor Nursing Home Volunteer 11, 12
Friendlys 11, 12
Career Tec Allied Heath 11, 12
Certified Nursing Assistant 12

"The harder I work the more luck I seem to have."

Carly Payne

Field Hockey 9, 10, 11, 12
Indoor Track 9, 10
Outdoor Track 9, 10
NHS 11, 12
Wind Ensemble 9, 10, 11, 12

"I hope you never look back but you never forget all the ones who loved you and the place you left. I hope you always forgive and you never regret and you help somebody every chance you get."-Rascal Flats

Andrew Pettersen

Petey

Football 9, 10, 11, 12 (captain)
Baseball 9, 10, 11, 12
Basketball 9, 10
NHS 11, 12
Concert Band 9, 10, 11
Team GSD

"Be who you are and say what you feel because those who mind don't matter, and those who matter, don't mind." -Dr Seuss
"If you're not living on the edge, you're taking up too much space."

Crystal Phaneuf

Youth Group 9, 10, 11, 12
Dance 9, 10, 11
La Cappella 10, 11
NHS 11, 12

Tiffany Phaneuf

Youth Group 9, 10, 11, 12
New England Dance Conservatory 9, 10, 11
Chorus 10, 11
NHS 11, 12

Brittany Piccuirro

Daniel Poisson

Chomper

Golf 9, 10, 11, 12
Ski Team 9, 10
LHS Ultimate Frisbee #15 10, 11, 12 (Captain)

"Sick Bucket" -The Cape!
"Slow kids time." -Slow Children Ultimate

Sean Quinn

Frisbee 11, 12

"The question is not how far. The question is, do you possess the constitution, the depth of faith, to go as far as is needed?"
-The Boondock Saints

Emily Race

"What good is it to live with nothing left to give? Forget, but not forgive not loving all you see." -Coldplay

Regina Raschi

Gina

Softball 9
La Cappella 10
CCD Teacher 11
First Step Nursery 11, 12

"One day our generation is gonna rule the population so we keep waiting, waiting on the world to chance."
-John Mayer

Charles Reilly IV

Chippy, Chip-Ra, Chip-Ah

"What are we doing?" -Fio
"Get your goose on Jimbo"
-John Hayes

Tyler Reilly-Evans

"Never esteem anything as of advantage to thee that shall make thee break thy word or lose thy self respect." -Marcus Aurelius

Sally Roberge

"I'd rather see the world from another angle."- Jewel
"I always tell the girls, never take it seriously, if ya never take it seriously ya never get hurt; if ya never get hurt, ya always have fun and if you ever get lonely just go to the record store and visit your friends."-Almost Famous

Laura Robinson

L, Ellie LRob LRoy

Soccer 9
Indoor Track 9, 10
Track 9, 10, 12
Cross Country 10
Bertucci's 11, 12

"Sometimes the hardest thing and the right thing are the same."-The Fray

Sara Rome

Sars, Sararome!, Sa, Dome

Outdoor Track 9, 10, 11, 12
Cross Country 10, 11, 12
Indoor Track 10, 11, 12
Outing Club 10, 11
National Honor Society 11, 12

Daniel Rossi

"It is the duty of all persons, when affairs are the most prosperous, then in especial to reflect within themselves in what way they are to endure adversity."
-Terrence

Amanda Routier

"A warning sign,
You came back to me and I realized
That you were an island and I passed you by
And you were an island to discover."
-Coldplay

Daniel Ryan

Dan

Cross Country Manager 10
Football Manager 10, 11, 12
Lacrosse Manager 11, 12

"The Lancers are... Soldiers, Warriors, Knights, Tigers, Bullies, Giants, MEN OF STEEL!!"

Adam Sampson

Hockey 9, 10, 11
Golf 11, 12

"Put the icing on the cake!"-Eamonn Byrne
"Live life to the fullest because you only live once."

Alexander Santaniello

Baseball 9
Soccer 9, 10
BPA 10, 11, 12
Tennis 11, 12 (Captain)

"Every man dies but not every man truly lives."-Braveheart

Krista Santaniello

"Youths for an hour, beauty's a flower, but love is the jewel that wins the world." -Moira O'Neill

Tyler Saremi

Student Council 9, 10
Soccer 9
Track 9, 10
Men's Chorus 9, 10, 11, 12
Burger King 9, 10
Paintball 9, 10, 11
Amnesty International 10, 11, 12
Assistant Property Manager 10, 11, 12

"It is the marriage of the soul with Nature that makes the intellect fruitful, and gives birth to imagination."- Henry David Thoreau
"Opportunity may only knock only once, but temptation leans on the doorbell."-Anonymous

Tara Sarno

"Do you have any idea how rare it is to have friends that you have known your entire life? Don't underestimate that because in the end you always go back to the people that were there in the beginning."-Dawson's Creek

Bennett Schneider

"Thank you to family and friends who have been there for me: Mom, Dad, Madison, Amit Raj, Justin LaPoten, Zach Hansen, Tommy Budd, Dean Chelios, Brett Brazier, Meghan Seidl, Emily Seidl, Sarah Glassbery, My Brown Brothers, 'Smokey' Cerrone, Sean Shinner, CK Hochey, HinJew Productions."
"What makes something special is not just what you have to gain, but what makes you feel there is to lose."
-Andre Agassi
"A journey of a thousand miles begins with a single step."-Confucius

Zachary Sears

"For every day I stand outside your door, and bid you wake, and rise to fight and win." -Walter Malone

Christopher Seaton

Topher

Football 9, 10, 11, 12
National Honor Society 11, 12
Lifeguard 12

"Character is what you are willing to d when the spotlight has been turned off, the applause has died down and no one is around to give you credit."

Colin Shebar

"Insanity; a perfect rational adjustment to an insane world." -Unknown

Brendan Sheehan

Shem

Cross Country
Indoor Track
Outdoor Track

"To give anything less than your best is to sacrifice the gift." -Steve Prefontaine

Tariq Sheikh

"If you can't find something to live for, you best find something to die for." -Tupac Shakur

Dana Shypula

"Memory is a way of holding on to the things you love, the things you are, the things you never want to lose."

Lisa Simmons

Cheerleading 9, 10, 11
Bob's Store 12
Powder Puff Game

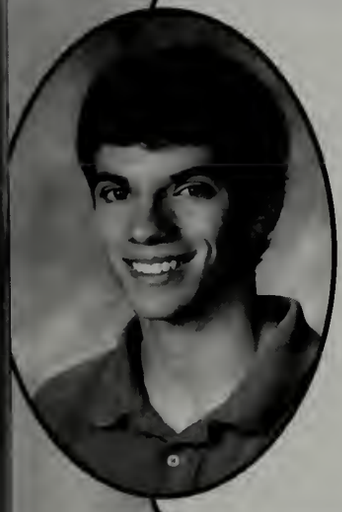
"Amor Vineit Omnia"
"Any woman jealous of a man is setting her standards too low."

Sophie Skelton

Drama Club 9
Cheerleading 9, 10, 11
Panera Bread 12

"In a box of Cheerios, be a Fruit Loop."
"An eye for an eye makes the whole world blind." -Ghandi

Zachary Skole



ZSkole, Zach, Skoler

Cross Country 9, 10, 11, 12
Indoor Track 9, 10, 11, 12
National Honor Society 11, 12

"The worst shot is the one you don't take." -Wayne Gretsky

Tamara Sokolson

"Time you enjoy wasting is not wasted." -John Lennon

Rita Sokolson

"There are places I remember all my life, though some have changed. Some forever, not for better, some have gone and some remain." -The Beatles

Daniel Smith

Danny, Smithy, Ith, Ithers, Hans

JCC Basketball 9, 10, 11, 12
DJST 10, 11, 12
National Honor Society 11, 12
Golf 12

"Amateurs do it until they get it right. Professionals do it until they can't get it wrong."

Thomas Sotiropoulos

International Club 9
Key Club 9, 10
Football 9, 10, 11
Baseball 9, 10, 11, 12
Motocross 9, 10, 11, 12

"If I want to wear a dress, I'll wear a dress." - Dennis Rodman
"Go Red Sox!" - Thomas Sotiropoulos
"What is and what should be."- Ben Lakritz

Charles Spallino

"I konw that I was born and I know that I will die, the in between is mine"
-Eddie Vedder

Angela Stasiowski

Art Club
Drama Club
National Honor Society
Senior Class Play

"Laughter and tears are both responses to frustration and exhaustion. I myself prefer to laugh, since there is less cleaning up to do afterwards." -Kurt Vonnegut
"Sometimes the world seems like a big hole you spend all your life shouting down it and all you hear are echoes of some idiot yelling nonsense down a hole." -Adam Duritz

John Steele

Jack, Stizzle

Soccer 9, 10, 11, 12
Lacrosse 11, 12 (Captain)

"So, some people say cucumbers taste better pickled." -Chappelle Show

Jamie Sullivan

"The silliest woman can manage a clever man; but it needs a very clever woman to manage a fool!"
-Rudyard Kipling

Katherine Sutherland

"People are hungry for beautiful words so if you've got some, plant them around."-Coleen Paratore

Richard Talbot

Hockey 9, 10
Lacrosse 9, 10, 11
Football 9, 10, 11, 12

"Ashes and diamonds, foe and friend, we are all equal in the end." -Roger Waters

Maxwell Taylor

Soccer 9, 10
Indoor Track 9, 10, 11, 12
Outdoor Track 9, 10, 11, 12
Cross Country 11, 12

"Shake and bake." -Ricky Bobby
"No one ever said that life was gonna be easy, they just said that it would be worth it."

Ya-Nais Thomas

"A woman's guess is much more accurate than a man's certainty." -Rudyard Kipling

Ya-Nerra Thomas

Nerra Baby Mash, Ne-Ne
Princess Nerra, Ya-Ya

Powder Puff Game

David Tinervia

"If the whole be greater than a part, a whole man must be greater than that part of him which is found in a book." -Edward Bulwer Lytton

Jonathan Tobiasz

T-Bazzah, Toby, Toby 2 Dope, J Square

Mobil Station 9, 11, 12

"You better take care of me Lord, if you don't, you're gonna have to deal with me." -Fear and Loathing in Las Vegas
"If there was a single day I could live a single breath I could take I'd trade all the others away." -Lamb of God

Mia Tosoni

"A woman's guess is much more accurate than a man's certainty."
-Rudyard Kipling

Lianna Valdes

"The only disability in life is a bad attitude." -Scott Hamilton

Dustin van Schouwen

"When the color fades and the light dies, it's a torpedo aimed at my chest. Everything beautiful is a torpedo." -Scout Thompson

Mark Varteresian

Cross Country 9, 10, 12
Indoor Track 9, 10, 11
Track and Field 9, 10
Mens Chorus 9

Boy Scouts of America (Eagle Scout)

Landscape and Horticulture Technology Certificate

Meaghan Veysey

"Be who you are and say what you feel because those who mind don't matter and those who matter don't mind."
-Dr. Seuss

Kasia Vincunas

Dance 9, 10, 11, 12
Field Hockey 9, 10, 11, 12
Tennis 11, 12
National Honor Society 11, 12
Ballroom Dance Club 12
Senior Class Play

"So dance your way up to the stars
You're watching over us
Raining tears upon our face
Your laugh is something
our minds can't erase." -Corey Villamaino
"It's never too late to be who you might have been." -George Eliot

Gina Warga

"Tell people what they want to hear, then do whatever you want." -Paris Hilton

Dennis Wells

"For every day I stand outside your door, and bid you wake, and rise to fight and win." -Walter Malone

Stephanie Whitney

Women's Chorus 9
La Cappella 10
Volleyball 9, 10, 11, 12 (Captain)
Basketball 9, 10, 11, 12
Tennis 9, 10, 11, 12
Youth Council 11, 12
S.A.D.D. 12

"Everything happens for a reason, just believe."

Anthony Willett

Hockey 9, 10, 11, 12 (Co-Captain)
Golf 9, 10, 11, 12 (Co-Captain)
School Choice 9, 10, 11, 12

"Great moments are born from great opportunity." -Herb Brookes
"And when the roosters are crowing and the cows are doing circles in the pasture! Ducks fly together!"
-Dwayne Robertson

Nicholas Williamson

"To have a thing is nothing, if you've not the chance to show it, and to know a thing is nothing, unless others know you know it." -Lord Nancy

Carrie Wilson

Basketball 9
Soccer 9, 10, 11, 12 (Captain)
Western United Club Soccer 9, 10, 11, 12
Lacrosse 9, 10 (JV Captain), 11, 12
Indoor Track 11
Senior Class Play
Soccer Referee Coordinator 10, 11, 12
Youth Soccer Coach 10, 11

Erin Wilson

Concert Band 9, 10, 11, 12
Lyrics 12
Accidentals 10, 11, 12
La Cappella 10, 11

"You can't change the music of your soul." -Katherine Hepburn

Jessica Winer

Jess, JW, J-DUBS

Softball 9, 10, 11, 12 (Captain)
Swimming 9, 10, 11, 12
Soccer 9, 10, 11 (Captain)
JCC Cudas Swim team 9, 10, 11, 12
National Honor Society 11, 12
Powder Puff Game
Senior Class Play

"Don't cry because it's over. Smile because it happened." -Dr. Seuss
"Every strike brings me closer to the next home run." -Babe Ruth

Dora Yang

Yearbook 10, 11, 12 (Editor-in-Chief)
Mock Trial 10, 11, 12
National Honor Society 11, 12
International Club 12
Outdoor Track and Field 10
Senior Class Play
Powder Puff Game
WMass Senior District Orchestra 9, 10, 11, 12
LHS Symphony Orchestra 9, 10, 11, 12 (1st Chair)
Young People's Symphony 9, 10, 11
Violin Teacher 10, 11

"It is one of the blessings of old friends that you can afford to be stupid with them." -Ralph Waldo Emerson

"Everybody likes to go their own way--to choose their own time and manner of devotion." -Jane Austen

Congratulations to the following graduates:

Linna Duan
Alexander Goodkowsky
Mark McCoy

Class of '07 Superlatives

Best Dressed Guy:
James Filomeno
Most Trendy Girl:
Courtney Halista
Best Eyes:
Myles Ochoa & Meagan Dobson
Best Athletes:
Ryan Harrison & Jessica Halpern
Biggest Jocks:
Clayton McGrath & Jessica Halpern
Best Car:
Neal Patel
Class Pessimist:
Brendan Egan
Class Optimist:
Jadira Mora
Best Party Throwers:
Vinnie Branchini & Jadira Mora
Most Likely to Succeed:
Brian Murphy
Best School Spirit:
Matt Losee
Worst School Spirit:
Brendan Sheehan
Biggest Red Sox Fan:
Sam Kelly
Biggest Patriots Fan:
Jimmy McGoldrick
Biggest Celtics Fan:
Danny Smith
Biggest Bruins Fan:
David Packard
Best Hair:
Neil Carroll & Kristin Joyce
Best Looking:
Andrew Pettersen & Annie Neil/Jessica Ballis
Most Theatrical:
Kate Bagley
Most Likely to be on Broadway:
Meghan Blakeman
Most Friendly:
Annie Neil
Most Outgoing:
Lizzie Lee
Best Musician:
David H. Miller
Best Smile:
Brittany Komack
Class Preps:
James Filomeno & Chelsea Miller
Best Muscles:
Matt Losee
Best Dancer:
Shannon Brown
Most Cultured:
Margaux Frank
Class Artist:
Dustin van Schouwen/John Hayes
Most Likely to Live in Another Country:
Margaux Frank
Best Voice:
David Tinervia
Best Eyebrows:
Brett Madnick

Class Taxi:
Carly Payne
Most Likely To Teach @ LHS:
Nathan Hirsch
Most Likely to be Late:
Thea Libbos
Class Teacher's Pet:
Lizzie Lee
Class Democrat:
Courtney Hall
Class Republican:
Jon Lattell
Class Geniuses:
Jack Steele & Linna Duan
Most Likely to be President:
Colin Shebar
Class Garbage Disposal:
Nick Iavicoli
Most Likely to Have a Cell Phone On:
Bridget Doherty
Most Sincere:
Alejandro Guardia/Bennett O'Brien
Mr. Nice Guy:
Bennett O'Brien
Always Happy:
Jessica Winer
Most Innocent:
Lianna Valdes
Best Couple:
Jimmy McGoldrick & Emily Race
Class Clown:
Andrew Hayes
Most Likely to be Famous:
Barry Almeida
Most Likely to be on TV:
Barry Almeida
Most Likely to Cure Cancer:
Matt Berg
Most Likely to Sleep in Class:
Meghan O'Leary
Most Likely to be Sent to the Office:
Brendan Anderson
Most Likely to Set Off the Fire Alarm:
Pat Baker
Most Likely to Win an Oscar:
Nick Kadushin
Class Health Nut:
Rebecca Engell
Class Bookworm:
Bryanna Alger
Class DJ:
Brett Madnick
Most Likely to Skip Class:
Brendan Anderson
Most Likely to be on MTV:
Nick Williamson
Changed Most in High School:
Matt Marotta
Best Laugh:
Melanie Dionisi
Best Facial Hair:
Nick Iavicoli
Most Likely to Win an Eating Contest:
Bennett Schneider

UNDERCLASSMEN

Will rule the school...

...when their time comes

Juniors

Class officers Helen Schnaper, Stefano Daniele, Chelsea Janes, Melanie Pascal, with their advisors, Joanne Sleigh and Lori Robbins

Jessica Abbott
Ernest Abrahamyan
Richard Al-Husseini
Katerina Albano
Leonardo Alfarone
Brittany Alger

Erika Anderson
Kara Anderson
Samuel Appleman
Christine Aye
Joshua Ayotte
Ashley Bailey

Francesco Barbuti
Jason Bardin
Michael Barnett
Scott Beaulac
Rachael Bell
Vasiliy Belyy

Elizabeth Bennett
Elizabeth Benoit
Aviva Berezin
Alison Berg
David Berman
Lauren Berrouard

Ellen Berube
Michelle Blair
Anna Boborodea
Anna Bonfiglio
Daniel Bourdeau
Paul Brinnel

Derek Brown
Egypt Brown-Covington
Jad Bsat
Megan Burke
Samantha Burton
Anthony Bussolari

Chelsea Cadirov
Nicholas Cadirov
Claire Calderon
Bryanna Campbell
Michael Carlson
Iris Chatman

Marissa Chechette
Jackie Cheng
Theodore Chesbro
Lauria Chin
Andy Chou
Kayla Clark

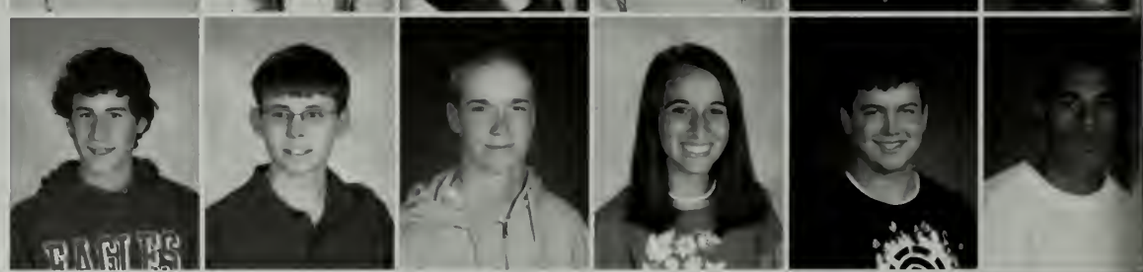
Michael Consedine
Victoria Cooper
Sara Covalli
Timothy Crimmins
Thomas Croteau
Alex Cuscovitch

Alecia D'entremont
Taylor Dakers
Alissa Danalis
Stefano Daniele
Tara DeGiulio
Kevin Dillon

Shannon DiStefano
Anthony Donahue
Patrick Donnelly
Erik Douglas
John Doyle
Benjamin Durfee

Rebekah Ehrlich
Keelia Faber
Meghann Fahy
Anthony Famiglietti
Benjamin Fearn
Samantha Fields

William Fitzgerald
Thomas Foley
Ryan Fortsch
Allison Fox
Matthew Gagne
Justin Garrafa



David Gentile
Elizabeth George
Dmitriy Gerasimchuk
Emily Gershen
Samuel Gerweck
Jacob Gofman

Elliott Gordon
Misha Grahm
Caitlin Grant
Emma Gray
David Grayboff
Brittany Gyllenhammer

Meredith Hadley
Betsey Hanke
Margaret Hanmer
Kaitlin Hannigan
Phoebe Harris
Jasime Harrison

Sammi Haskell
Nicholas Hatzis
Erin Healy
Taylor Hedges
Robert Henderson
John Henley

Christopher Hess
Megan Hibert
Michael Higham
Matthew Himmelsbach
Chase Hobert
Carolyn Hoff

Samuel Hopkins
Sarah Hopkins
Kenneth Howard
Arthur Hutchins II
Caitlin Izzo
Alexa Jacquemin

Chelsea Janes
Sarah Janes
Jason Jordan
Lauren Karas
Joseph Katz
Nathanael Kearse

Jeffrey Kelly
Peter Kenney
Sean Kenney
Sohee Kim
Dana Knoll
Mark Kofman

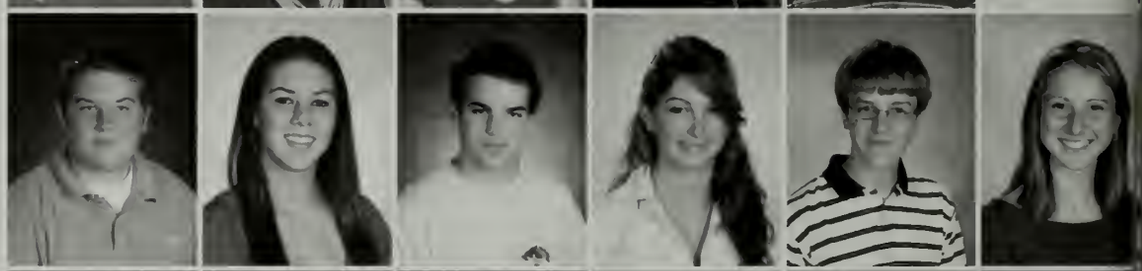
Jonathan Kolb
Gabrielle Krach
Ian Krach
Kelly Kreinest
Nikolas Kroisi
Benjamin Kronlund

Jacqueline Lacombe
Eliana Lakritz
Dominique Laliberte
Matthew Lantzakis
Alexander Latka
Matthew Lauro

Jennifer Levy
Kara Levy
Samuel Lewis
Tommy Li
Benjamin Liebel
Harrison Liebman

Peter Login
Michelle Loizzo
Frances Lonergan
Anna Lysik
Drew MacKenzie
Mollie Mackler

Eric Mallows
Jenna Mancuso
Brian Mangan
Alissa Mariano
Nicholas Marinelli
Casey Markenson



Brendon Maryou
Siobhan Matty
Andrew McCormack
Jessica McCoy
Sean McDermott
Thomas McDonald

Sean McDonough
Sam McGrath
Arthur McKeithen
Matthew McLean
Brian Mernoff
Gillian Mertens

Brett Methe
Christopher Michael
Julia Miehm
Madeline Miller
William Mooney
Devin Moreland

Robert Murphy
Alyssa Neville
Axel Nilsson
Zachary Nuzzo
Erin O'brien
Simon Odentz

Ari Okun
Elizabeth Olney
Elizabeth Orr
Michael Papale
James Pappas
David Parker

Gavin Parker
Melanie Pascal
Rachel Patel
Jordyn Peck
Robert Petroff
Katerina Phillips

Erica Pierre-Pierre
Melinda Pinto
Donna Pohli
Margaret Poisson
Daniel Polaski
Rebecca Pratt

Courtney Preston
Nicholas Rabideau
Rae Rasmussen
Harrison Rea
James Reardon
Sarah Reid

Patrick Reusch
Hannah Reuter
Kristy Riley
Jamie Rosenkrantz
Anna Russo
Bretta Ryan

Ryan Rzepka
Nina Santaniello
Kate Sapirstein
Marie Sato
Kimberly Schmidt
Collin Schmitt

Helen Schnaper
Tyler Seabury
Nicholas Sergentanis
Kristyn Setterstrom
Jessica Shapiro
Daniel Shemesh

Matthew Sherman
Jessica Shvakhman
Gavin Sidman
Bruce Simmons
Alexandra Skole
Ethan Sobel

Emily Stankiewicz
Rachel Stein
Joshua Stern
Todd Stewart
Timothy Suber
Charlie Sullivan

Timothy Suzor
Joshua Taniwha
Miriam Thau
Jacqueline Therrien
David Thor
Paige Tobin

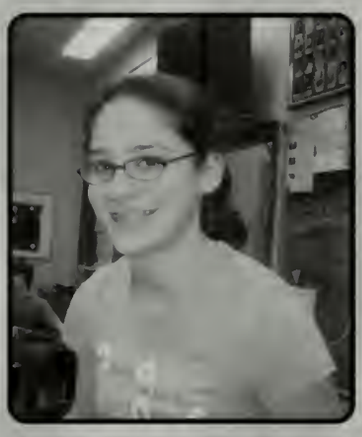
Christopher Toebes
Monica Torpey
Alexander Tougias
Lauren Tower
Lauren Trank
Richard Travers

Jesse Tzeng
Corey Underwood
Steven Vien
Andrea Volk
Williams Walen
Brian Webber

Renate Weigand
Benjamin Weiner
Matthew Weiss
Samuel Wenc
Sampson Whitney
Franklin Williams

Matthew Wilson
Juliet Wu
John Yesu
Samuel Zhu
Jenna Zucker
Joshua Zygman

Sophomores



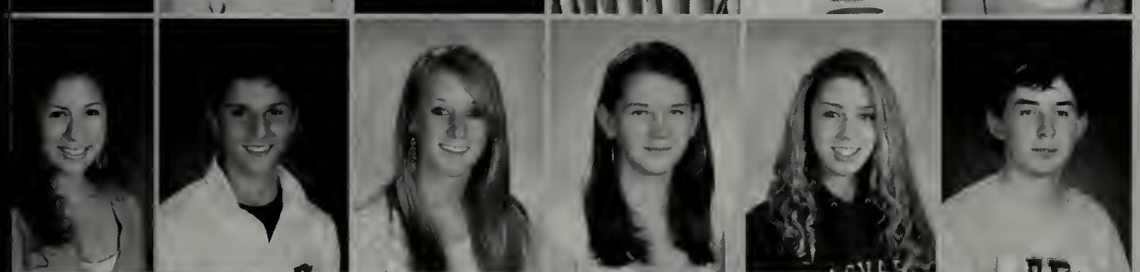
Class officers Madelaine Kearing, Stephan McKenna, Jamie Gerlach and Vincent Yu with their advisors Ann Moore and Jane Murphy.

Leanne Aberdale
Anthony Adamski
Lyla Al-Husseini
Sydney Andrews
Bruce Arnold
Edward Baker

Elise Balaban
Stephanie Ballis
Kate Baquis
Aaron Baru
Jamal Bascombe
Nicholas Batista

Katherine Bensche
Polina Berdnikova
Andrew Berg
Maria Boborodea
Gennaro Bonfiglio
Eric Borowsky

Justin Brandstein
Emmet Brault
Julia Brenker
Matthew Breslau
Andrew Brown
Luz Caceres



Lisa Caliento
Thomas Caliento
Jenna Carando
Cassidy Carlotto
Alexis Casaceli
Bryan Chamberlain

Alexa Ciciretti
Kyle Cieboter
Jeffrey Cirillo
Dimitri Clarke
Alexandra Clayton
Mario Cocchi

Chelsea Comini
Taylor Coughlin
Courtney Craven
Daniel Cresci
Eliza Cress
Kennely Curran

Tommaso D'agostino
Andrea Davis
Stephanie DeGiulio
Michael Dejesus
Christopher Deluca
Matthew Demas

Connor Dendievel
Kristen Desmarais
Amie Dibbern
Nicholas Ditmar
Patricia Donnelly
Colleen Douglas

Evan Dowd
Christopher Dunn
Courtney Dunn
Michelle D`Angelo
Saraya Edwards
John Emma

Nicholas Erwin
Melanie Famiglietti
James Farquhar
Deanna Fell
Lara Fereshetian
Francesco Ferrentino

David Feuling
Adrianna Fioretti
Amanda Fitzpatrick
James Fleming
Sydney Fluharty
Elisabeth Flynn

Marie Fortsch
Alessandra Frank
Neal Freyman
Oliver Friedberg
William Gagne-Maynard
Amanda Gagnon

Brian Garreffi
Brendan Gavin
Victoria Gendreau
Thomas George
Jamie Gerlach
Jeffrey Greenbaum

Michael Greenberg
Michael Greim
Colin Griswold
Patrick Grow
Raquel Guardia
Jason Guo

Michael Halista
Lauren Halpern
An Harmanli
Emma Hauser
Corinne Heaton
Mallory Hinman

Talia Hirsch
Eric Holmes
Julie Horowitz
Joseph Hurley
Amber Hussain
Ashley Iancu

Leah Jackowitz
Zachary Jacobson
Justin Kakley
Benjamin Karim
David Karolinski
Akshay Kashikar

Abigail Katz
Kelly Keane
Madelaine Kearing
Lynsey Keator
Matthew Keefe
Ryan Kelleher

Olivia Kellett
Anne Kietzman
Ji Hoon Kim
Polyna Kim
Carly Kimball
Jillian Kirastoulis

Emma Klein
Joseph Koltz
Adam Krach
Daniel Krahala
Max Krevalin
Smily Kumar

Christine Kuphal
Kristen Lafountain
Sarah Lake
Danielle Lakritz
Brendan Landry
Tanner Ledwith

Jonathan Lepper
Shelby Leshine
Dana Lewis
James Liu
Kevin Lombard
Andrew Losee

Matthew Mackenzie
Richard Maclelland
Ethan Maier
Samantha Maniaci
Morgan Maxey
Jonathan Mazer

Maria Mazzarino
Caroline McCarthy
William McClure
Daniel McColgan
Brendan McCoy
Kyle McDermott

Stephen McKenna
Thomas McMahon
John McNamara
Mark Melikian
Matthew Mendes
Christina Mentor

Erin Mernoff
Brittany Merrill
Charles Merrill
Blake Metropoulos
Ariel Miller
Rickey Moore

Chandler Morehardt
Michael Morehardt
Stephen Mucci
Michael Muratore
Nikita Nayyar
Jane Nicholson

Adam Novak
Maksymilian Nowak
Tracy O'connor
Heather Olson
Bryant Ostrander
Nicole Owen

Robert O`Reilly
Ari Parzivand
Stephen Payne
Samuel Peters
Patrick Petitt
Lauren Pettersen

Hilary Purrington
Patrick Quirk
Megan Randall
Casey Reardon
Shelby Regan
Brandon Reilly-Evans

Fatma Rizvan
Avery Robinson
Leo Robitaille
Marissa Rodriguez
Adam Romamiak
Emily Rome

William Rosen
Carlene Rossi
Collin Rowe
Vincent Rubinaccio
Stephen Russell
Angelina Sampson Mancuso

Gina Santaniello
Collin Santos
Tyler Scanlon
Rose Schack
Matthew Schweiger
William Scott

Alexander Scyocurka
Michael Sergentanis
Jessica Setterstrom
Katherine Shallbetter
Emily Shotland
Nikolas Sierra

Michael Simmons
Jacob Skole
Derek Smith
Hayden Smith
Kyle Smith
Amber Soucy

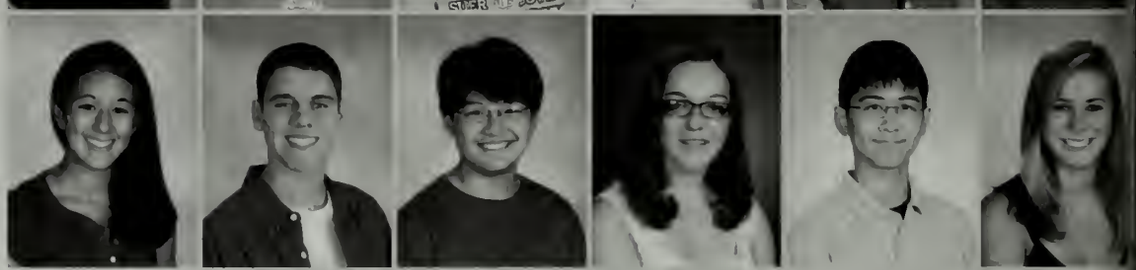
Joshua Stambovsky
Hannah Steele
William Sterritt
Ronald Struziak
Mark Sukonik
Brian Sullivan

Katie Sweet
Jaime Tamsin
Zachary Taylor
Lily Thomas
Ellen Topitzer
Brian Tracy

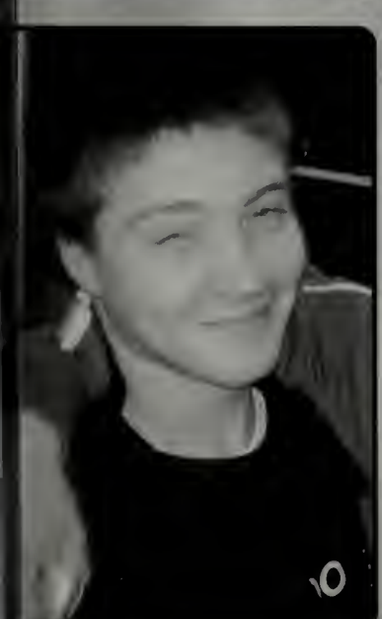
Sara Tufts
Alec Upperton
Amanda Varteresian
Madeleine Vivian
Griffin Wagner
Lisa Wawrzeniak

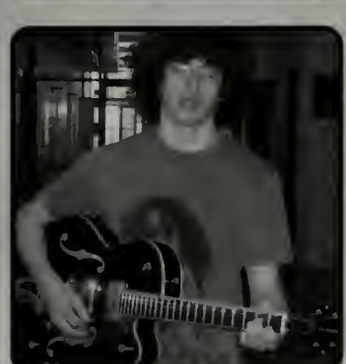
Patrice Webb
Ryan Webler
Michael Weiss
Kristen Wenning
Felicia White
Anna Woodward

Kelsey Yam
Thomas Young
Vincent Yu
Dina Zeller
Simon Zhang
Natalie Zucker



The following students are not pictured:
Dante' Hill, Gabriela Hill, Shari Galluci, Jessica Peet, and Jessica Shao





Freshmen

Freshmen class officers Brigid Foley, Jeanne Kiernan, Madeleine Piccus an Sam Leavitt with their advisors Kayla Werlin and Mark Cormier.

Albert Abrahamyan
Kristen Adams
Brian Ahearn
Ian Altman
Erin Amato
Megan Anderson

Michael Anderson
Alexandria Ascioti
Christian Banda
Christophe Barnhart
Jeremy Barr
Laura Barry

Mary-Hope Beaulac
Kathryn Belkin
Matthew Belkin
Natalie Berezin
Alanna Bernstein
Jillian Bertuzzi

Adam Bistran
Juliette Blackman
Katelyn Boutin
John Bresnahan
Brooke Brindle
Nathan Brooks

Alison Brooslin
Steven Brunner
Arianne Brust
Mia Bsat
Jennifer Burton
Olivia Buscemi

Paul Cangialosi
Brya Capell
Arielle Capurso
Kristin Carlson
Hannah Casey
Timothy Casey

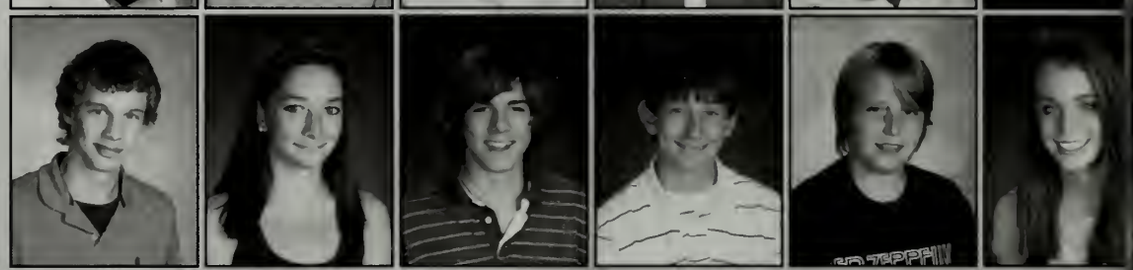
Brennan Cassidy
Atlee Chait
Sarah Charbonneau
Jasmine Chatman
Jessica Chatman
Heidi Cheng

Mary Clough-Segall
Madeline Collins
Max Connery
Justin Conniff
Meaghan Consedine
Alex Coon

Justin Cosenzi
Philip Crafts
Bridget Crimmins
Paige Cuscovitch
Nathan D'entremont
Kelsey Deary

Antonia DeMarco
Steven Desmarais
Rachel Desrochers
Calvin Diamond
Danielle Dickstein
Stephanie Dionisi

Dmitriy Donskoy
Caroline Drennan
Zachary Dunn
Brendan Dunphy
Zacharie Dupont
Mary Eagan



David Engell
Kasie Fagan
Eliza Farris
Rachel Fearn
Jessica Feigen
Deidra Felici

Emilie Ferreira
Caitlyn Fiedler
Michael Fisher
Alyssa Flemati
Brigid Foley
Christopher Foley

Felicia Foley
Fletcher Fox
Matthew Fratini
Alexander Freedman
Nathan Friedman
Andrew Friedrich

Benjamin Fu
Michelle Gagnon
Peter Gallucci
Daviani Garrafa
Mia Gauthier
Nicole Gauthier

Melissa Gentile
Danielle George
Helene Gerasimchuk
Ryan Gilmore
Rebecca Goodless
Jennifer Gottlieb

Timothy Gray
Matthew Grippo
Claire Halchak
Emily Hanke
Edward Hardy
Delon Hatwood

Christine Heady
Tyler Heffernan
Jake Heger
Gabrielle Henderson
Katie Hibert
Sawyer Hicks

Conor Hobert
Elissa Houff
Amelia Houghton
Caitlin Hussey
Andrea Ingram
Colin Izzo

Talia Jackowitz
Steven Jenkins
Conrad Johansen
Devin Joyce
Christopher Kang
Jasmine Kearse

Katlyn Kelliher
Joshua Kent
Michael Kern
Khalisah Khan
Jeanne Kiernan
Margaret Kietzman

Junghun Kim
Paige Kimball
Rebecca Kimmel
Alexandra Kivari
Brandon Knoll
Kenna Koerner

Jordyn Komack
Alyssa Korman
Kiera Kristoffy
Shea Kusiak
Kristiana Lachiusa
Carley Lakritz

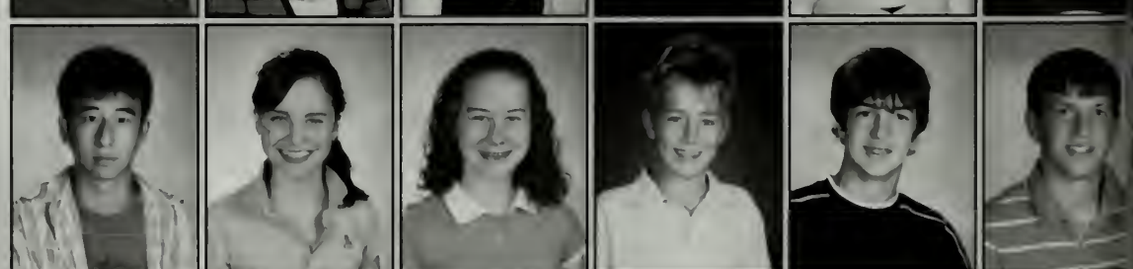
Mara Lasko
John Laurenzano
Stephanie Lauria
Justin Lazarus
Samuel Leavitt
Alesha Levenson

Rui Li
Sara Dong Li
Jordan Llodra
Morgan Llorens
Kelsy Lubenstein
Alexandra Lucey

Joshua Lyons
Ryan Mack
Hannah MacPherson
Yussuf Manzi
Gina Marino
Emily Marsh

Tobias McCarthy
Bridget McDonald
Katie McKenna
Thomas McKeown
Sarah McNutt
Andrew Melchionna

Kevin Miao
Kathryn Middleman
Lauren Middleman
Matthew Mierzejewski
Jacob Miller
John Mirkin



John Montana
Timothy Mulcahy
Ari Munic
Andra Narrigan
Zakia Natour
Alejandro Navarrette

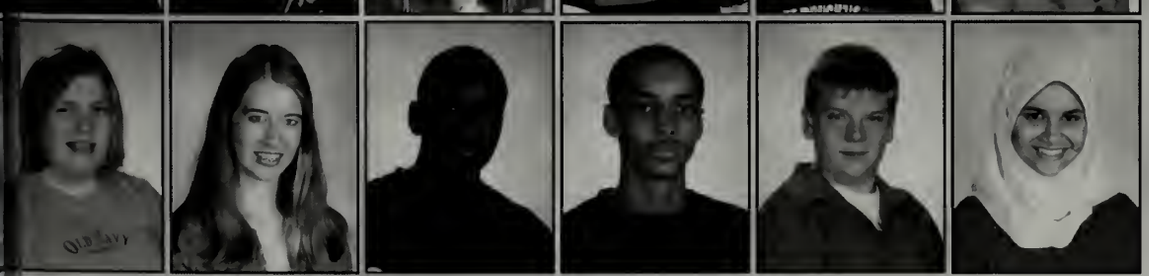
Luke Neveu
Carolyn Niedzwiecki
Nicole Nystrom
Johnny O'Donnell
Ryan O'Grady
Troy Ochoa

Sean O'Donnell
Lewis Okun
Hayley Olmsted
Evan Olsson
Daniel Overstreet
Lindsay Oxx

Christopher O`Connor
Alec O`Keefe
Brian Palazzi
Brittni Peck
Victoria Perrakis
Caleb Perruccio

Lucas Pers
Madeleine Piccus
Christian Pierre-Pierre
Alexandra Pioggia
Noelle Pollack
Joey Polverini

Brendan Prast
Andrew Purugganan
Sara Putnam
Kateri Quirk
Michael Rabideau
Jenna Race



Christina Raschi
Lauren Reilly
Dorren Rennis
William Rhone
Shawn Riley
Farwa Rizvi

Darcy Rzepka
Jace Sadowsky
Courtney Samuels
George Sanchez
Takahiro Sato
Max Schnaper

Kaitlyn Schroyer
Austin Seabury
Bonnie Shallbetter
Matthew Shapiro
Paula Shea
Trevor Shea

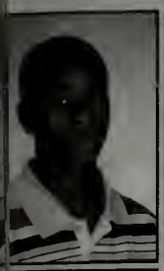
Flora Shenker
Erik Sherman
Kristen Shypula
Killian Sitler
Michelle Sorkin
William Spallino

Grace Spelman
Kevin Stack
Philip Steiger
Tyrell Stewart
Jahirah Stone
Mary Struziak

Daniel Swanson
Evan Thompson
Taylor Thompson
Everett Torpey
Stephanie Tougias
Kathleen Tower

Christine Turrini
Sara Underwood
Tyler Vance
Nathan Vass
Elina Vatnikova
Flynn Vickowski

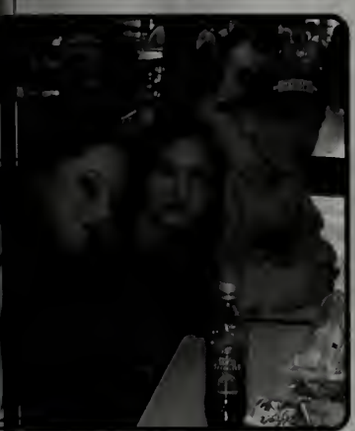
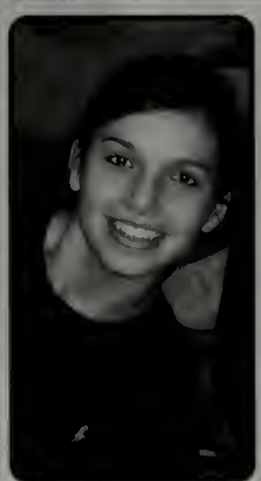
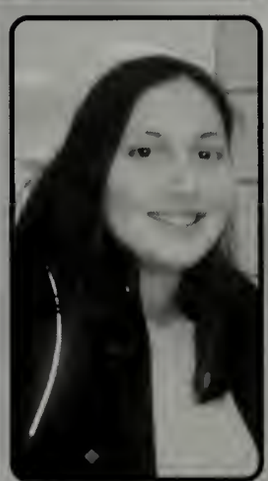
Alison Vivian
Joseph Walt
Erik Weigand
Cydney Weiner
Spencer Weiss
Sarah Wiles



Christopher Williams
Kahri Wood
Jaclyn Wright
Alison Wynn
Laura Yesu
Mark Zak

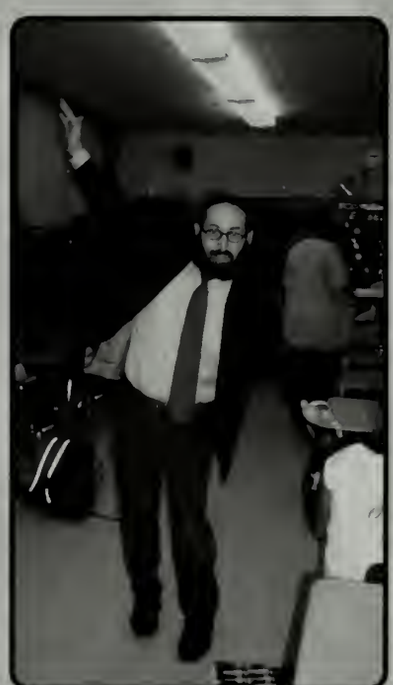
Zachary Zimmerman

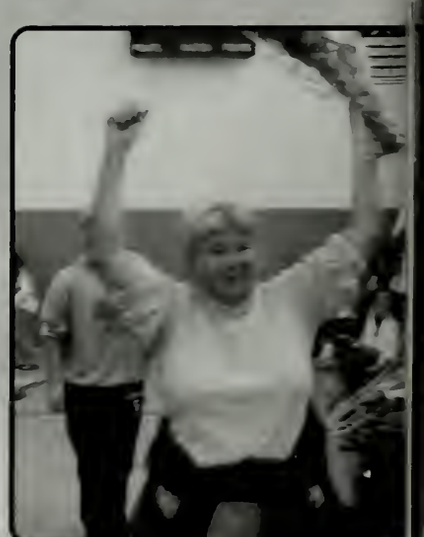
The following students are not pictured: Matthew Armstrong

Longmeadow Rules!

Longmeadow Faculty





FACULTY

Help Us to Rule Our Own Destiny

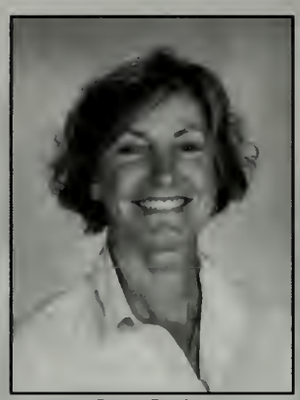
Linda Ackley

Michele Albano

Lisa Alves

Ruthann August

Mary Ellen Barker


Susan Bayley

Irene Bazos

Linda Berard

Jayne Berman

Amy Brazee

Vesta Browne

Barbara Burke

Maureen Cadieux

Deborah Callahan

Maggie Camp

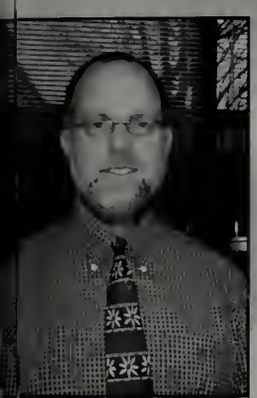
Russ Campbell

George Carellas

Cheryl Cassanova

Anne Connor

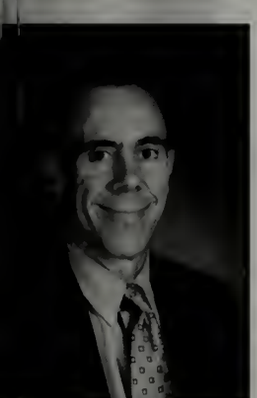
Chris Conz


Mark Cormier

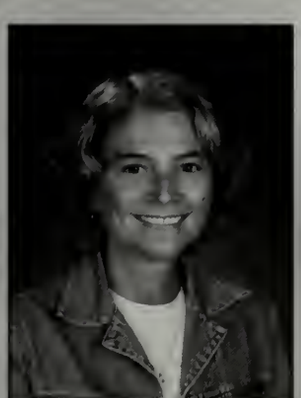
Janet Coyne

Karen Cuthbert

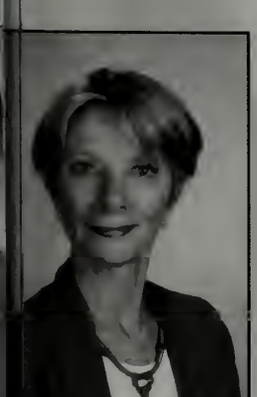
Michael Deary


John Devine

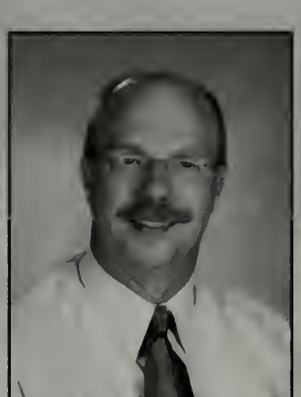
Jamie Dibbern


Mary Ellen Dillon

Deanna Dirico


Karla Drake

Nancy Duffy


Paul Dumkerley

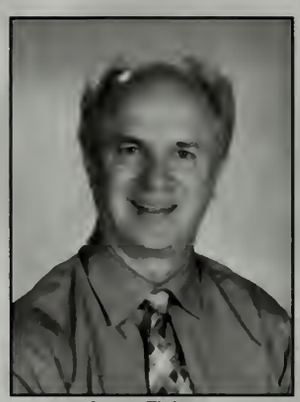
Patricia Dussault

Kathleen Epaul

Jennifer Faulkner

Christina Fisher

Gideon Fisher


James Flaherty

Matt Flanagan

Julia Fornier

Carol Garvey

Jennifer Givens

Hilary Godin

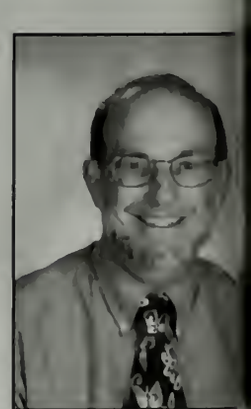
Laura Goldstein

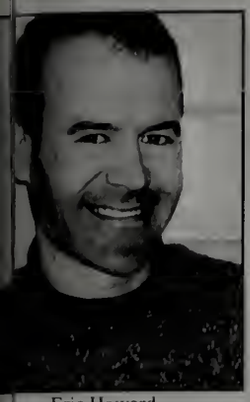
Jeffrey Goodwin

Virginia Guistina

Rita Hawker

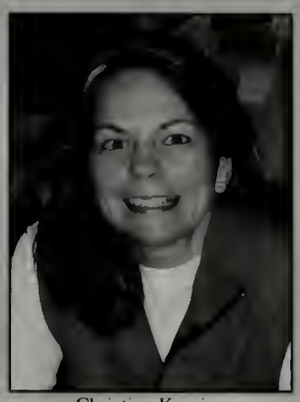
Lorena Healy


Ron Hirsch


Eric Howard

Faith Hyland

Pauline Jacek


Christine Kervian

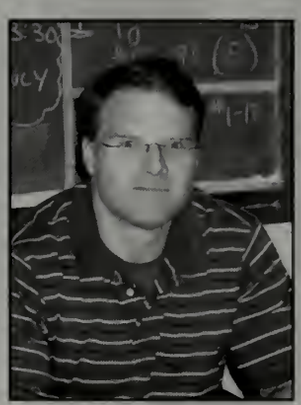
Heather Kosiorek

Thomas Landers

Alene Lang

Meredith Laughlin

Scott Layman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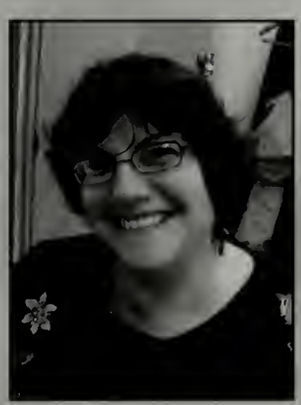
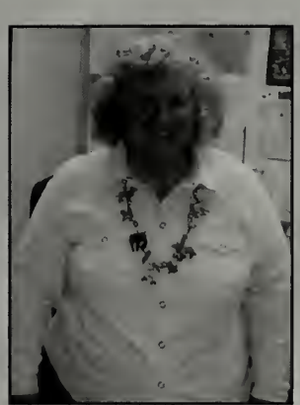

Karen Locke

Donna Lyons

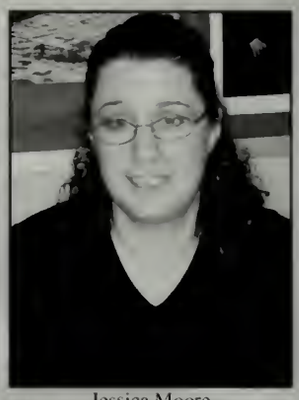
Sandra MacDonald

Patrick Magowan

Linda McPartlan


Linda McShane

Ann Moore


Jessica Moore

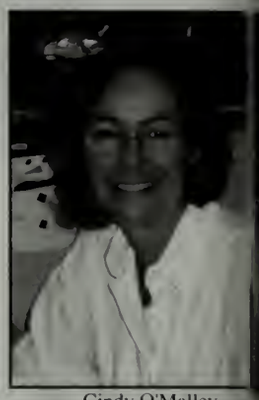
Vivian Morse

Mike Mucci

Jane Murphy

Judy Neilson

Robert O'Connell


Cindy O'Malley

Karen Omartian

Stacy Palozie

John Pantuosco

Susan Peters

Pamela Pion

Robert Pisani

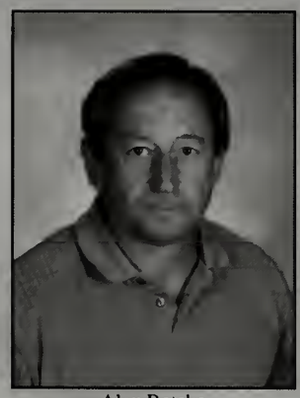
Janice Pontacoloni

Carol Rhodes

Kate Rhodes

Lori Robbins

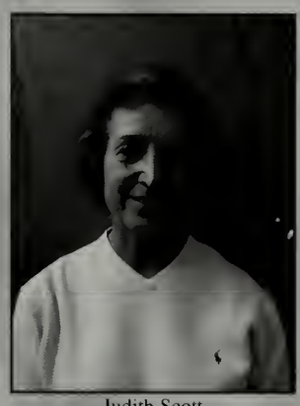
Michael Rosemond


Alex Rotsko

Jennifer Rousseau

Bethanie Sawyer

Meghan Schwartz


Judith Scott

Karen Shea

Joanne Sleigh

Marianne Smith

Lori Snyder

Nick St. George

Jeff St. Pierre

Mark Staples

Charlotte Steele

Jill Stewart

Andrew Stratton

Joseph Sweeney

Amy Swihart

Nathan Swistak

Cara Taylor

Peter Thomsen

Louanne Tremblay

Susan Turcotte

Lorraine Vassilopoulos

Stuart Walker

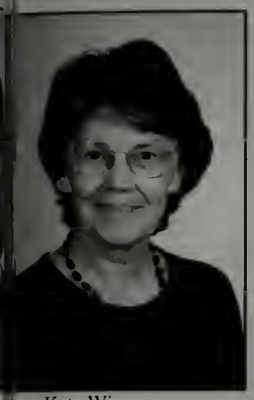
Robert Weir

Kathleen Wells

Kayla Werlin

Gina Whipple

John Williams



Kate Wiseman

Nathaniel Woodruff

Jenna Zabaneh

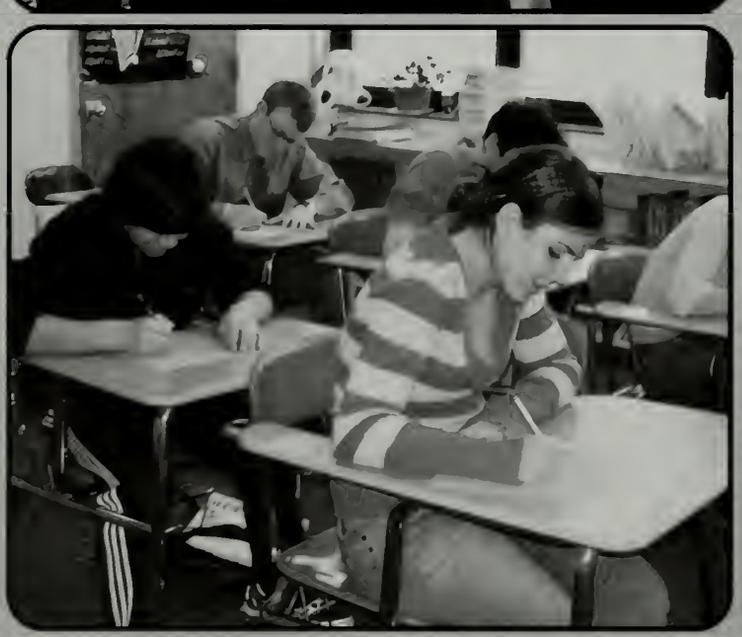
Superintendent Jan Hart

Principal Larry Berte

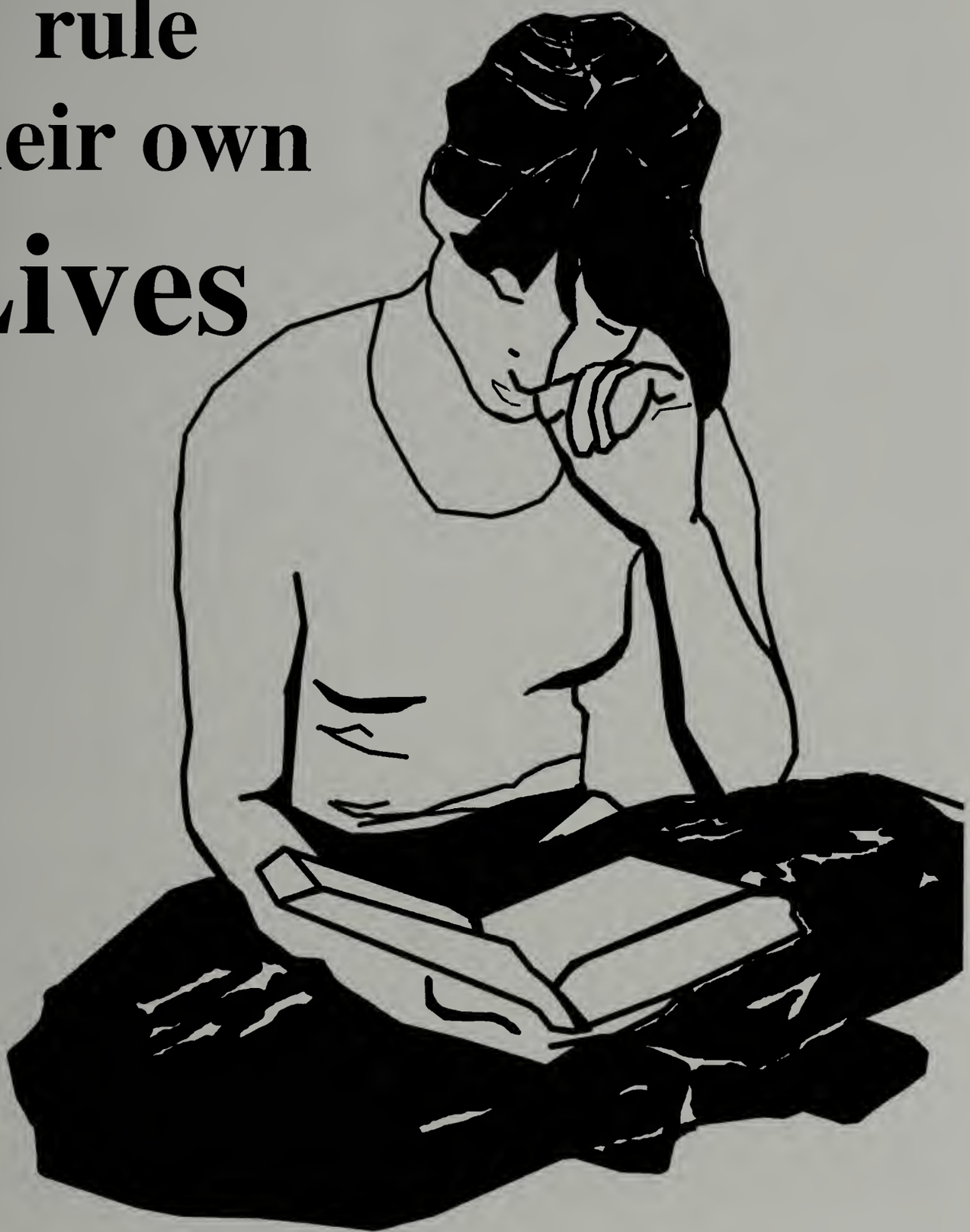
Assistant Superintendent
Maureen Wilson

The guys who make it all possible

The ladies that help us get through the day



Students rule their own Lives

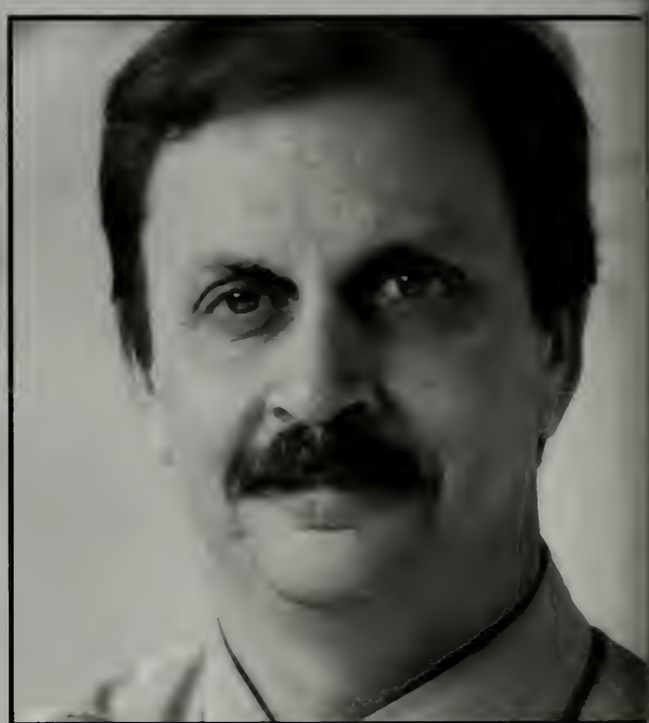


Pasta For Pisani

More Than Just a Teacher...

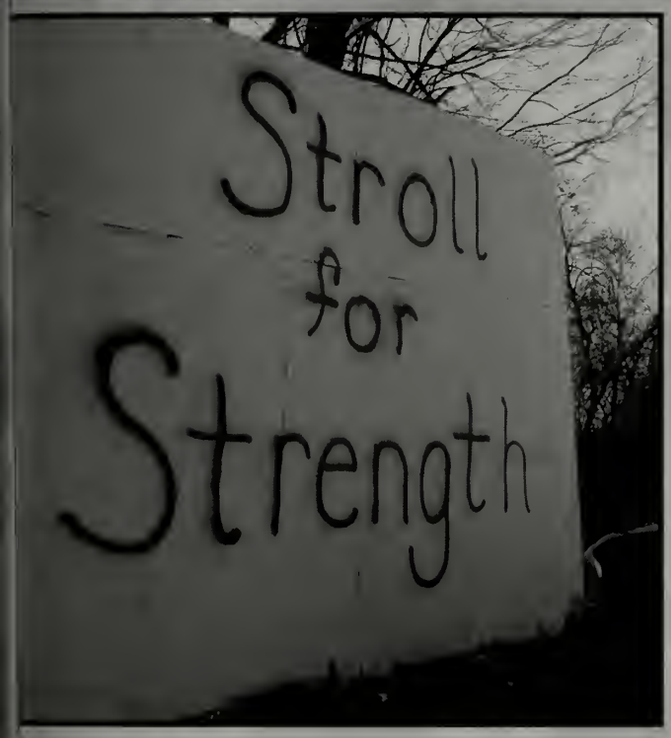
In honor of a teacher, and a friend.

On October 19, 2006 Longmeadow High School lost a teacher. Bob Pisani was killed in a car accident on his way home from work. Most students will tell you he was not a teacher, but a friend, and how he was not Mr. Pisani, he was just Bob. The students and staff felt it was important to show his family how important he was and how much he really meant to the school. In just a few short weeks, the students and staff organized the "Pasta for Pisani" dinner. Students and families from around town came to support the Pisani family. All the money raised went to the Pisani Children's Fund. At the end of the night we were so proud to announce that over $10,000 was raised in honor of Bob.



Stroll For Strength

A Thanksgiving Run in memory Bob and Brianna



November 22, 2006

In memory of Bob Pisani, a beloved teacher, and Brianna Donovan, a friend to many students, the Longmeadow High School Sport and Event Management class put together a fundraiser, the Stroll for Strength, which raised money for the Pisani Children's fund and Buckle Up for Brianna.

Powder Puff Football Game

Angels

Devil Victory!

Devils

Jr/Sr Semi-Formal

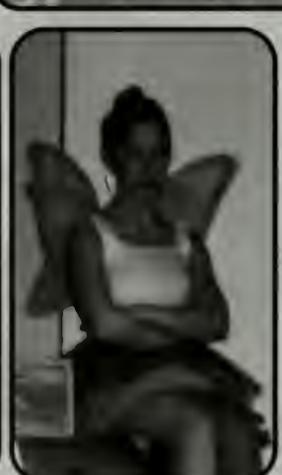
Dancing the Night Away

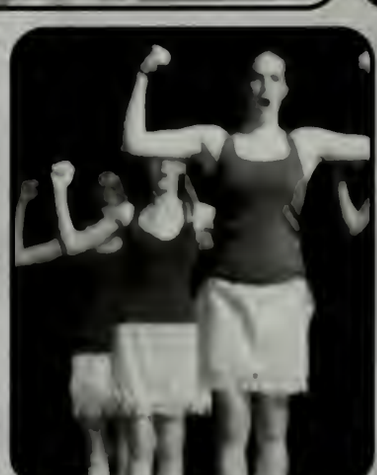
"Himba Hoola Paiter Pun!!"

After enduring several months of long rehersals, the Senior Class cast and crew gave a stunning rendition of "Peter Pan."

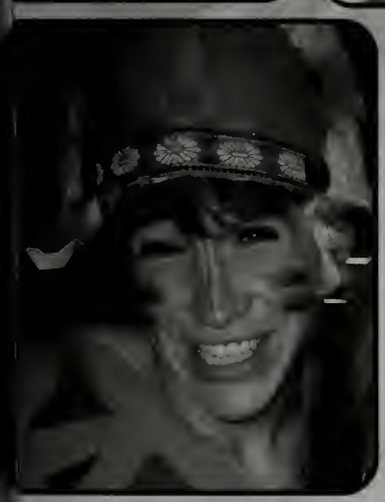
The Directors, Nora Drapalski and Dana Mengwasser.

The Producers, Chelsea Miller and Eric-Paul Olsson.

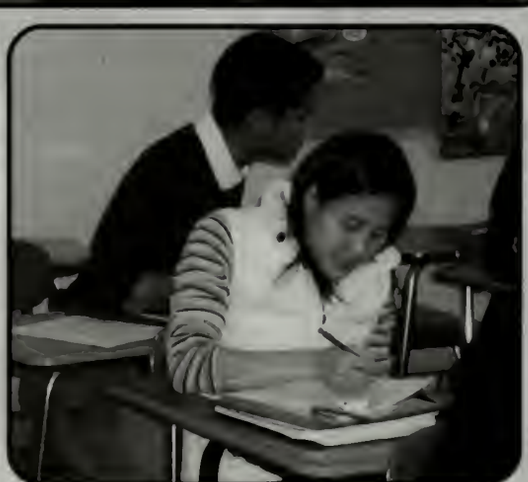
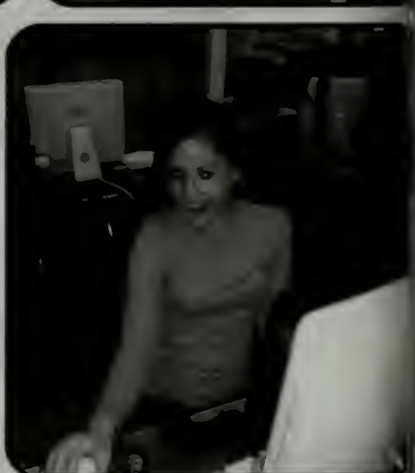




Behind the Scenes



All Work and No Play...

...You're Kidding, Right?

BULLS
23

LACOSTE

LONGMEADOW

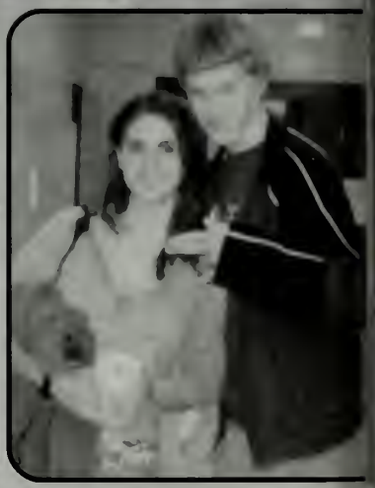
Monthly
Menu
PIZZA

AC/DC
BACK IN BLACK

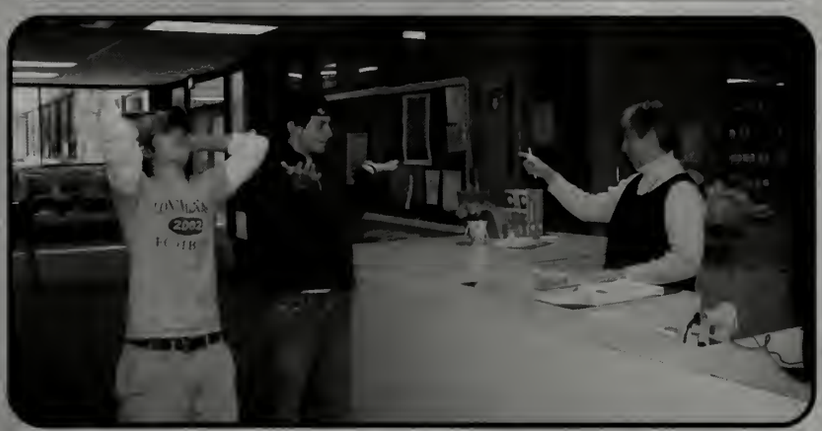
301

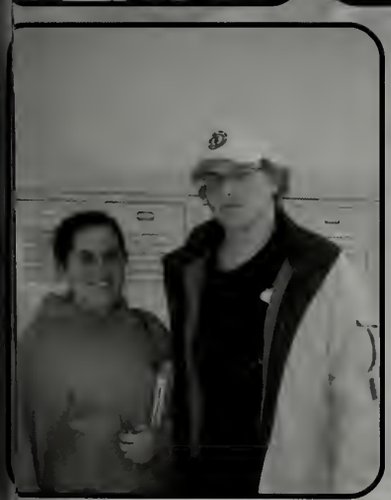
EAGLE

JUNIORS
BUY A
MACBETH



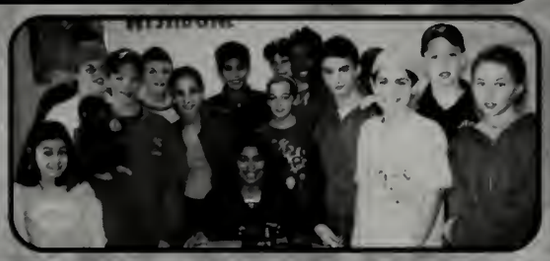
BOSTON U





Now & Then

Class of 2007...Way Back When?



From Wolf Swamp, Center, & Blueberry Hill, to Williams & Glenbrook, to LHS, and everywhere in between, we, the Class of 2007, have grown much since our younger years. We've had birthday parties, sports teams, eighth grade graduation, and friends who've come & gone in addition to the ones that still remain. Yet even though we will go our separate ways as we graduate, we will always remember the past.

"May you stay forever young..."

Women's Chorus

Symphony Orchestra

The Accidentals

La Cappella

I Cantori

Lyrics

Jazz Band

Men's Chorus

Wind Ensemble

Concert Band

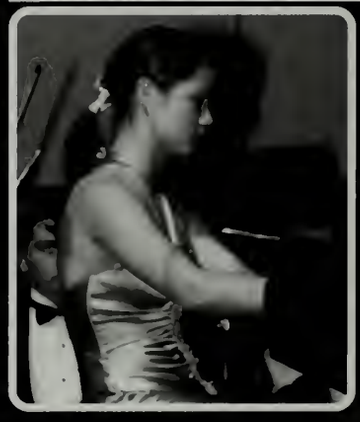
Because the Music Rules...

Symphony Orchestra

Symphony Orchestra 2006-2007
Violin I: M. Barnett, D. Yang, A. Chou, S. Zhang, M. Chou, M. Nowak, A. Fox, J. Wu, J. Meth, T. Li, J. Guo, R. Li, M. Pinto, M. Chechette. Violin II: E. George, V. Yu, E. Anderson, A. McCormack, T. George, T. McCarthy, E. Healy, S. Janes, A. Latka, E. Hauser, S. Zhu, M. Sorkin, T. Bearce, D. Krahala, C. Niedzwiecki, N. Vass, J. Nicholson, B. Ryan, T. Crimmins, B. Reilly-Evans, K. Lachiusa, T. Shea. Viola: E. Mernoff, B. Prast, C. Santos, B. Kronlund, L. Broderick, M. Randall, D. Clarke, L. Keator, D. Knoll. Cello: A. Ciciretti, Z. Sears, E. Sobel, R. Rzepka, A. Seabury, N. Freyman, N. Marinelli, S. Leavitt, M. Connery, P. Crafts, J. Tzeng. Bass: D.H. Miller, C. Morehardt, A. Robinson, E. Torpey, J. Miehm.

Left: The cello section, led by Alexa Ciciretti, begin their opening in Giuseppe Verdi's *La Forza Del Destino.*
Bottom: Dora Yang tunes as the orchestra gets ready to perform.

Right: Simon Zhang smiles at the booming applause after playing Mascagni's *Intermezzo* from *Cavalleria Rusticana.*
Bottom: This year's winter concert concerto was performed by Lizzie Lee.



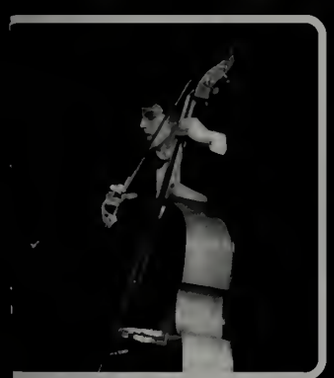
Left: First Violinist Juliet Wu plays a run from *La Forza Del Destino.*

Right: Nick Marinelli glances down at his music in between songs.

Wind Ensemble

Left: Bassoon player, Sam Hopkins plays *Festal Scenes* by Yasuhide Ito.

Right: Sophmore Alexa Ciciretti waits for Mr. Mucci's cue to begin playing.



Top: Senior Lianna Valdes gives a stunning solo.
Left: Bassist David H. Miller keeps everybody in rhythm.

Top: Nick Gang warms up before Mr. Mucci walks onto the stage.
Right: Kevin Miao reads his music as he pl*ays Amazing Grace.*

Wind Ensemble 2006-2007

Flute: A. Ciciretti, E. Mernoff, L. Valdes, J. Chang, J. Manna. Oboe: M. Frank. Trumpet: M. Hibert, M. Halista, J. Coughlin, E. Lee, A. Mendes, S. Mucci. Trombone: D. Tinervia, A.M. Kearing, T. Frank. Bass Trombone: A. Lee. Tuba: A. Melchionna. Clarinet: C. Payne, R. Patel, B. Mernoff, J. Tzeng, J. Horowitz, J. Blackman, K. Miao. Bass Clarinet: T. Heffernan. Bassoon: S. Hopkins, T. McCarthy. Cello: Z. Sears. Alto Saxophone: M. Berg, J. Ballis. Tenor Saxophone: P. Brinnel, C. Janes. Baritone Saxophone: N. Gang. French Horn: J. Bsat, T. Hedges, M. Papale. Timpani: M. Alexandru. Euphonium: R. Henderson. Double Bass: D.H. Miller. Orchestra Flute: L. Duan. Percussion: L. Aberdale, N. Cadirov, A. Fioretti, R. Weigand.

Women's Chorus

Women's Chorus 2006-2007

E. Amato, N. Berezin, K. Boutin, B. Brindle, A. Brooslin, A. Brust, M. Bsat, J. Burton, O. Buscemi, H. Casey, A. Chait, J. Chatman, J. Catman, M. Clough-Segall, M. Consedine, A. Demarco, K. Fagan, E. Farris, R. Fearn, E. Ferreira, F. Foley, N. Gauthier, D. George, R. Goodless, C. Halchack, E. Houff, A. Ingram, J. Kearse, J. Kernan, R. Kimmel, A. Kivari, J. Komack, K. Kristoffy, C. Lakrtiz, S. Li, M. Llorens, A. Lucey, G. Marino, E. Marsh, K. McKenna, K. Middleman, N. Nystrom, B. Peck, N. Pollack, L. Reilly, D. Rzepka, B. Shallbetter, F. Shenker, K. Shypula, G. Spelman, J. Stone, T. Thompson, K. Tower, S. Underwood, A. Vivian, S. Wiles

Left: Brittni Peck gives a quick smile before beginning *Joyful, Joyful* by Ludwig van Beethoven.
Bottom: Katie Tower and Atlee Chait wait for Mrs. Werlin's cue to begin.

Right: Grace Spelman is ready to sing in the Fall Concert.
Bottom: Sarah Underwood gives a strong performance in the Pops Concert.

Left: Jahirah Stone patiently waits for her cue to begin.

Right: The group is ready to begin the Fall Concert with *Alleluia* by William Boyce.

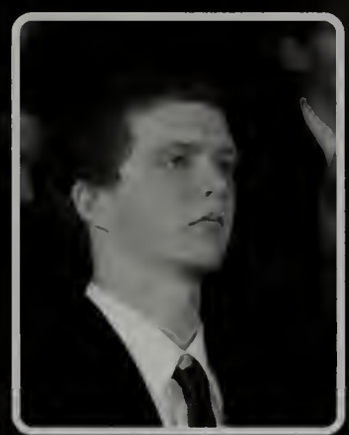
Men's Chorus

Left: Max Schnaper smiles as he finds a familiar face in the crowd.

Above: Conductor Mr. Thomsen accompanies the group.
Left: Senior Nathaniel Kornet prepares to perform *Carmen Sandiego* in the Pops Concert.

Right: Rory Diamond is ready and waiting for Mr. Thomsen's cue.

Above: Arkadiy Norkin, Teddy Baker, and Austin Seabury, accept the applause after an exciting performance
Right: Members of Men's Chorus perform *Pretty Saro* in the Fall Concert.



Men's Chorus 2006-2007

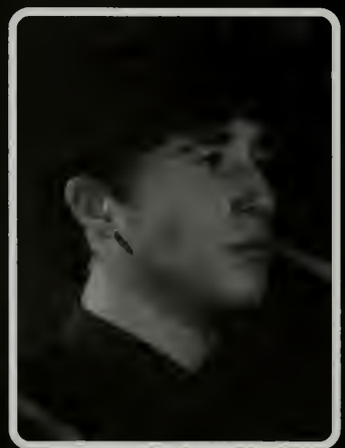
B. Ahearn, M. Anderson, J. Baker, T. Baker, C. Banda, M. Barnett, A. Bistran, J. Breshnehan, S. Brunner, T. Calineto, N. D'Entremont, C. Diamond, R. Diamond, J. Emma, D. Engell, F. Fox, P. Gallucci, A. Goodkowsky, T. Grey, M. Grippo, E. Hardy, M. Higham, E. Homes, S. Jenkins, D. Karolinski, S. Kenney, B. Knoll, N. Kornet, T. Kreinest, M. Krevalin, M. Lachiusa, J. Lazarus, S. McKenna, M. Morehardt, M. Muratore, L. Neveu, A. Norkin, L. Okun, D. Overstreet, J. Pappas, R. Petroff, B. Reilley-Evans, P. Reusch, T. Saremi, M. Schnaper, A. Seaubury, M. Simmons, W. Spallino, J. Stern, T. Stewart, D. Thor, E. Torpey, E. Weigand, M. Zak

Lyrics

Lyrics 2006-2007
H. Anderson, K. Bagley, E. Belezarian, E. Borowsky, P. Brinnel, S. Brown, C. Calderon, A. Chou, T. Dawson, R. Diamond, Z. Dragone, B. Durfee, R. Engell, M. Foley, A. Frank, M. Frank, E. George, T. George, S. Gerweck, A. Goodkowsky, M. Hadley, S. Hopkins, A. Hopkins, A.J. Hutchins, N. Kadushin, E. Lakrtitz, S. Leshine, B. Mangan, J. Manna, A. McKeithen, D.G. Miller, D.H. Miller, A. Novack, M. Nowak, R. Patel, S. Roberge, R. Rzepka, Z. Sears, K. Sutherland, D. Tinervia, L. Valdes, E. Wilson.

Left: Senior Julia Manna waits paitently for Mr. Thomsen to begin her performance in the Pops Concert.

Right: Lianna Valdes sings *Ubi Caritas*, a Gregorian chant and setting by Maurics Durufle.
Bottom: The group accepts the applause in between songs.



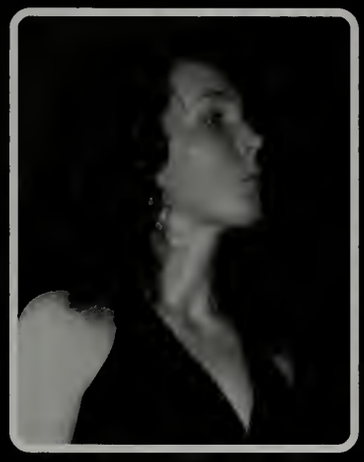
Left: Nick Kadushin watches his fellow singers while waiting for his cue.

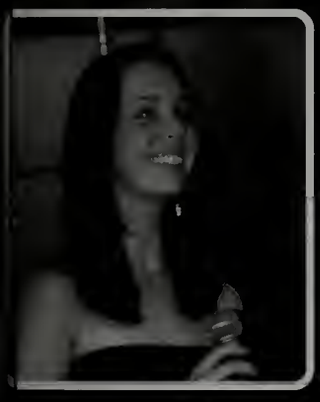
Right: Rebecca Engell searches for a familiar face in the audience.

I Cantori

Left: Dave Tinervia and Lizzie George are eager to begin their performance.

Right: Peter Thomsen introduces I Cantori during the Winter Concert.





Above: Shannon Brown gets into the groove of the music.
Left: Annie Hopkins beams after a great performance.

Above: Margaux Frank hums the starting note of *Trois Chansons.*
Right: Sam Gerweck sings *Estate (Summer)* by Orlando di Lasso.

I Cantori 2006-2007
E. Belezarian, P. Brinnel, S. Brown, T. Dawson, B. Durfee, A. Frank, M. Frank, E. George, T. George, S. Gerweck, S.A. Hopkins, A. McKeithen, D. Tinervia

Concert Band

Concert Band 2006-2007

Flute: L. Duan, A. Capurso, J. Shvakhman, T. Coughlin, A. Narrigan, E. Wilson, M. Thau, P. Kim, R. Desrochers, N. Pollack. Bass Carinet: P. Grow. Baritone Sax: C. Aye. Carinet: E. Lakrtiz, J. Liu, T. Hirsch, T. Suzor, E. Benoit, C. Mento K. Bensche, N. Nayyar, L. Middleman, T. Sato, M. Sato. Alto Saxophone: M. Pascal, B. Freedman, M. Weiss. Tenor Saxophone: A. Kashikar, J. Barr, S. Hicks, M. Grippo. French Horn: D. Rossi. Euphoniuim: J. Cirillo, L. Oxx. Trumpet: S Lewis, J. Auerback, A. Freedman, B. Gavin, D. Overstreet. Trombone: R. Diamond, G. Henderson, M. Greenerg, N. Batista, T. Casey. Bass Keyboard: D. Van Schowen. Timpani: M. Gagne. Percussion: M. DeJesus, C. Johansen, T. Steward, C. Barnhart, J. Taniwha.

Left: Marie Sato brilliantly plays *Orion* by Jan Van der Roost.
Bottom: Senior Margaux Frank plays in perfect harmony with the group.

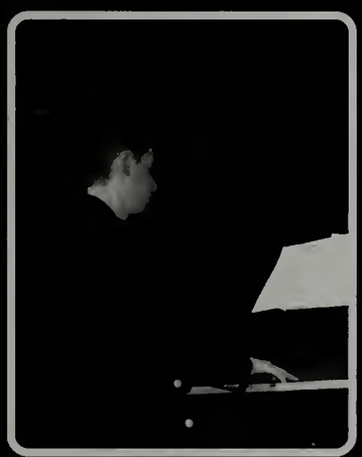
Right: Sam Hopkins is ready to play *American Riversongs.*
Bottom: Erin Wilson and Miriam Thau stand up to accept the applause during the Fall Conert.

Left: Arielle Capurso concentrates on her music before performing *Ammerland* by Haan.

Right: Before lifting up his baton, Mr. Mucci gives an introduction and praises the group's accomplishments.

Jazz Band

Left: Junior Paul Brinnel gives a dazzling solo in *Chief's Blues.*



Top: Ben Freedman plays an impressive melody from *Apple Honey.*
Left: Renate Weigand plays percussion in *Goergia on My Mind.*

Right: Andy Chou leaves the crowd wanting more of his drum solos.

Top: Chelsea Janes and Nick Gang wow the audience with their skills.
Right: Akshay Kashikar is in deep concentration as the group performs in the Pops Concert.

Jazz Band 2006-2007
Alto Saxophone: M. Berg, A. Kashikar. Tenor Saxophone: P. Brinnel, C. Janes. Baritone Saxophone: N. Gang. Bass: D.H. Miller. Guitar: T. George. Trumpet: M. Hibert, J. Coughlin, M. Halista, S. Lewis, S. Mucci. Trombone: A. Lee, D. Tinervia, R. Henderson, A.M. Kearing, R. Diamond. Piano: B. Freedman. Drums: A. Chou. Percussion: R. Weigand.

La Cappella

La Cappella 2006-2007

L. Al-Husseini, B. Alger, S. Andrews, A. Bailey, R. Bell, E. Berube, M. Blakeman, J. Brenker, L. Caliento, C. Carlotto, K Clark, A. Clayton, E. Compton, V. Cooper, S. Covalli, E. Cress, M. D'Angelo, K. Daniels, A. Dibbern, B. Doherty, C. Dunn, M. Fahy, A. Fitzpatrick, E. Flynn, M. Fortsch, A. Gagnon, S. Galluci, V. Gendreau, J. Gerlach, E. Gershen, A. Harmanli, P. Harris, E. Hauser, T. Hedges, M. Heffernan, M. Hinman, T. Hirsch, A. Iancu, A.M. Kearing, A. Kietzman, E Klein, C. Kuphal, J. Lacombe, K. LaFountain, L. LaFountain, D. Laliberte, A. Lysik, A. Mansfield, C. Manzi, M. Maxey, Miehm, J. Moss, A. Neil, E. Olney, E. Pierre-Pierre, D. Pohli, H. Purrington, R. Rasmussen, C. Reardon, N. Santaniello, K Santinello, K. Sapirstein, H. Schnaper, K. Shallbetter, L. Simmons, S. Skelton, A. Skole, A. Soucy, J. Tamsin, Y. Thomas P. Tobin, M. Torpey, S. Tufts, M. Veysey, M. Vivian, A. Woodward, D. Zeller.

Left: Courtney Dunn smiles after a great performance in the Pops Concert.
Below: Madi Vivian sings *Past Life of Melodies* by Sarah Hopkins.

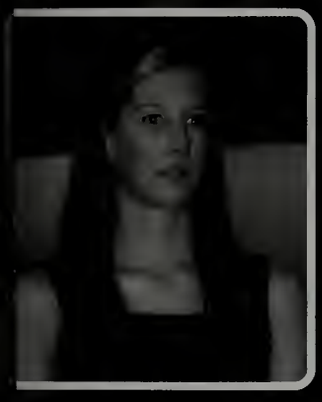
Right: Monica Torpey awaits the start of *Haec es Dies* by Jacob Handl.
Below: The Sopranos are working hard during the Fall Concert.

Left: Michelle D'Angelo watches for her cue in *This is the Day* by Gerald Smith.

Right: Shari Gallucci claps the melody with her fellow singers.

Accidentals

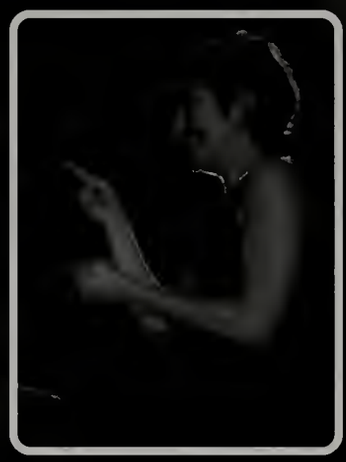
Left: Hilary Purrington searches for a familiar face in the audience.



Above: Julia Manna, Erika Anderson and Madeline Vivian wait for Mrs. Werlin's cue.
Left: Junior Ellen Berube waits for her fellow singers as they get ready.

Right: Conductor Kayla Werlin smiles as all the high notes are hit in *Spiderman*.

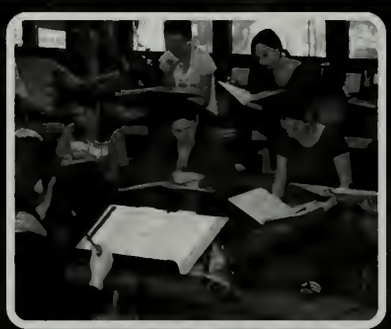
Above: Meredith Hadley and Taylor Hedges accept the applause after *Bruremarsj.*
Right: Tom George accompanies the group during the Winter Concert.

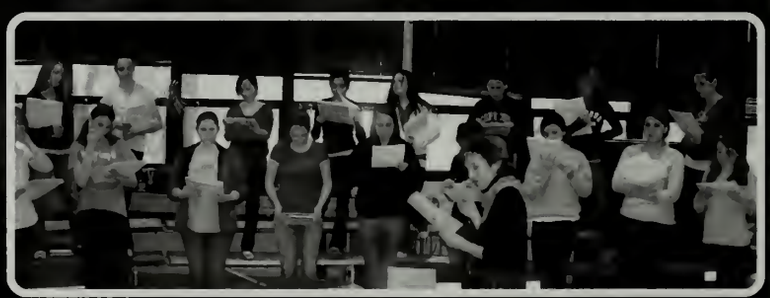


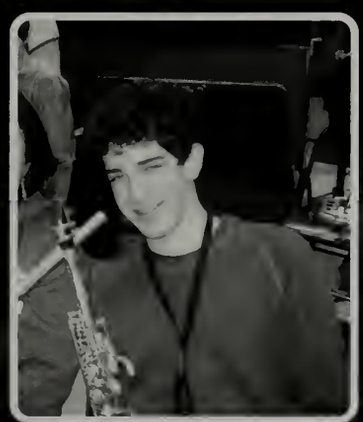
Accidentals 2006-2007
., Anderson, H. Anderson, K. Bagley, R. Bell, E. Berube, C. Calderon, E. Compton, E. Cress, B. Doherty, E. Gershen, M. Hadley, E. Hauser, T. Hedges, E. Houff, J. Kearse, E. Klein, L. LaFountain, S. Leshine, S. Li, J. Manna, C. Manzi, A. Novak, H. Purrington, M. Vivian, E. Wilson

The Preparation

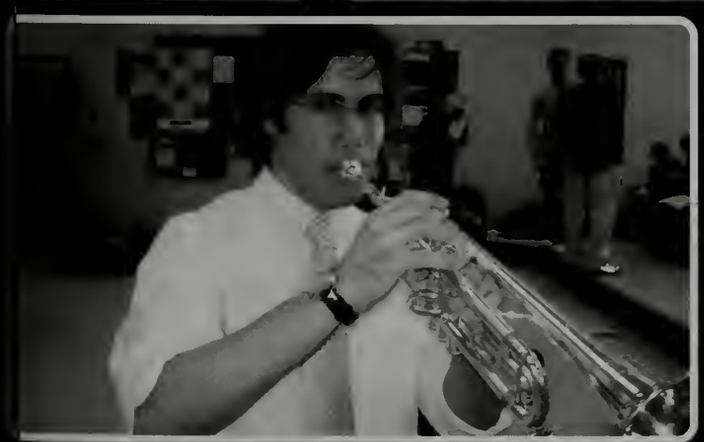
Before every breathtaking performance, hours of rehersals and practices are dedicated to perfecting each note sung and played. These rehersals, although long and tiring, create memories, unbreakable frienships and above all, beautiful music.







What goes on backstage during concerts....



Longmeadow *Rules* Sports

All Western Mass

This page highlights the Longmeadow High School student athletes who were honored by selection to the All Western Mass first team in their respective sports. Spring sport results are not listed and winter sport results are estimated because results were unavaiable at printing.

While Longmeadow High School has many of the finest student athletes in Western Mass, it is more significant that an amazing majority of LHS students participate in some form of interscholastic sports. We are proud of the achievements of all of our student athletes for the hard work and dedication that inspire us all.

Skiing

Cross Country

Hockey

Indoor Track

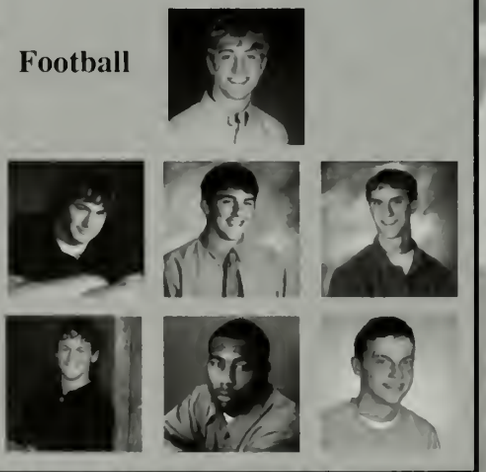
Swimming and Diving

Basketball

Golf

Wrestling

Football



Girls Soccer

Field Hockey

Longmeadow Rules the...

Pool

Courts

Fields

Track

Diamond

Slopes

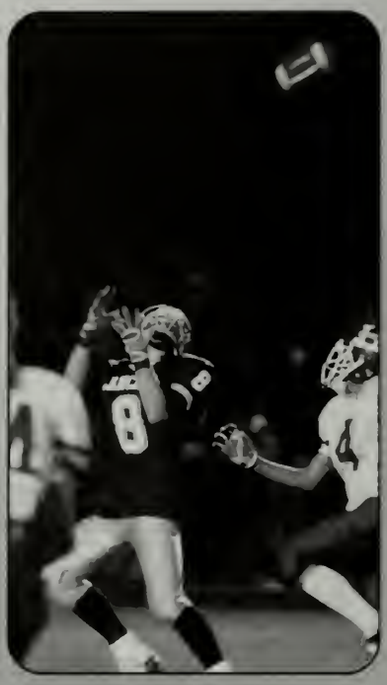
Course

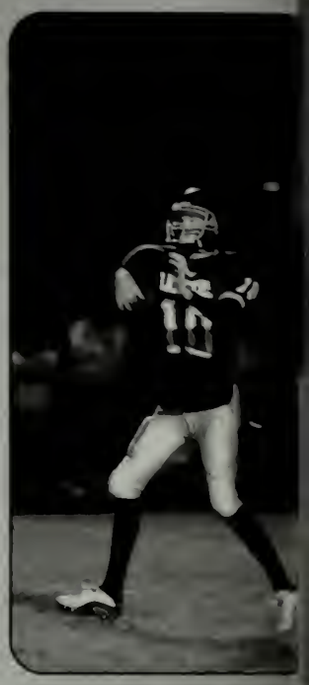
Mats

Rink

Football

The Longmeadow Lancers finished their second consecutive season as undefeated Super Bowl Champions





At left: Pat Bellenoit gets under a pass from Pat Donnelly (right) while Co-Captain Vinny Branchini (center, above) Sam Gerweck and Dan Polaski provide the protection. Below: Co-Captain Andrew Petterson stretches it to the outside with a helpful block from Ryan Fortsch while Donnelly cuts between two defenders (right).
Bottom center: Ryan Harrison is a blur as he cuts around the left side against Minnechaug and Clayton McGrath closes in (right).

Ryan Harrison achieved All-State status by rushing for over 4,000 career yards and winning two straight Dagenais awards as the best football player in Western Mass.

Lancer Football

Lancer Football

The Class of 2007

Super Bowl Champions

Undefeated Super Bowl Champions!

	Us	Them
Westfield	42	20
Northampton	50	14
South Hadley	15	14
Holyoke	30	8
Commerce	51	18
Central	27	20
Amherst	63	0
Agawam	50	8
Pinevhaug	35	0
Chicopee Comp	41	0
Longmeadow	27	7
Leominster	42	0

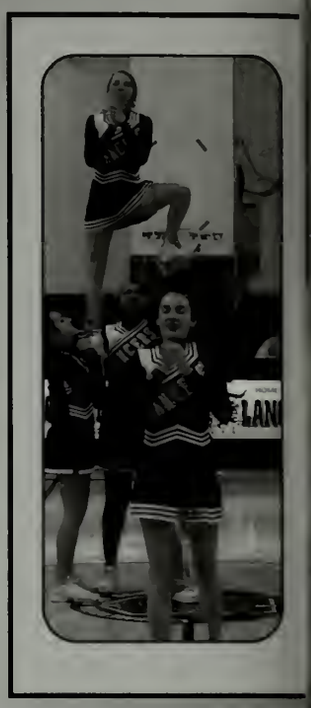
Longmeadow Football Rules!

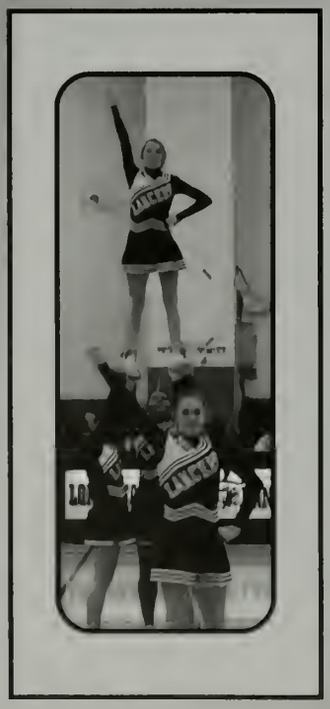
At left: Branchini crushes the Holyoke QB while the D-linemen Brian Korman, Nate Kearse, Rich Talbot and Vinnie Branchini take a breather (center) and Harrison moves through a pack (right).

Cheerleading

The Cheerleaders supplied the spirit for the fans and our teams!

The Longmeadow Lancer Cheerleaders





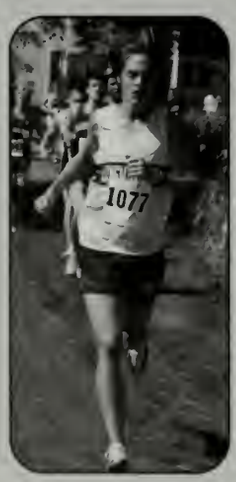
Let's Go Lancers!

Seniors Krista Koerner, Vanessa Fede, Jackie Andrews and Krissy Fox

Cross Country

Both teams were among the best in Western Mass.

Clockwise from top left: Senior Nathaniel Kornet, the Longmeadow Cross Country Team, seniors Dan Haryasz and Nathaniel Kornet, members of the Boys Cross Country team in a favorite pose, Junior Ben Durfee, and the Lancers competing at meet.



Above: Junior Dan Bourdeau. Center: Junior Matt Wilson and senior Nick Gang. Far Right: Junior Ben Durfee.

Boys Cross Country

The boys XC team had a breakthrough this year, qualifying for the state meet fo the first time in school history. Newcomers Dan Bourdeau and Ben Durfee made a large contribution, while veterans su as Andrew Lee, Nick Gang, Nathaniel Kornet, Dan Haryasz and Matt Wilson rounded out t state squad.

Another Great Season!

Boys

	Us	Them
udlow	32	25
olyoke	15	50
mherst Invitational	5th/23	-
estfield	25	34
gawam	18	43
. Mary's	15	50
oston Invitational	12th/46	-
mherst	45	16
innechaug	15	50
urnt Hills		
vitational	2nd/13	-
athedral	25	30
alisbury	18	45
heshire	20	43
ffield Academy	15	50
Longmeadow	23	38
VIAC		
hampionships	2nd/30	-
. Mass		
hampionships	3rd/18	-
ate Championships	15th/16	-

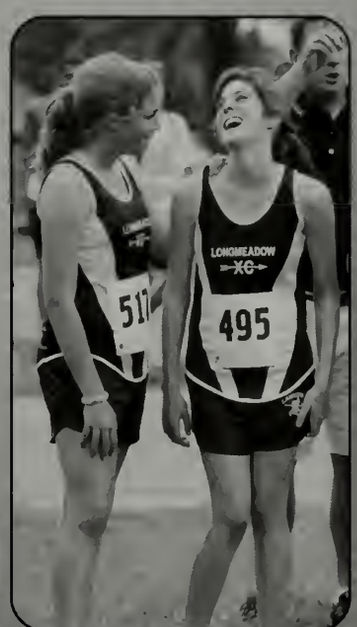
Girls

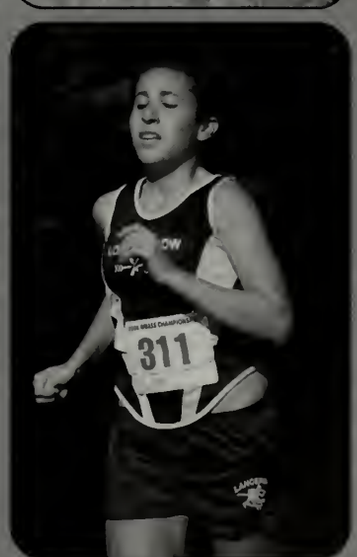
	Us	Them
Ludlow	21	35
Holyoke	15	48
Amherst Invitational	11th/23	-
Westfield	15	50
Agawam	21	36
St. Mary's	15	50
Boston Invitational	19th/36	-
Amherst	41	20
Minnechaug	25	32
Burnt Hills Invitational	6th/11	-
Cathedral	30	25
Cheshire	15	48
Suffield Academy	29	27
E. Longmeadow	23	32
PVIAC Championships	5th/30	-
W. Mass Championships	3rd/18	-
State Championships	15th/16	-

nior captains Andrew Lee, Whitney Birtwell, Dan Haryasz, Jamie Sullivan nd Eddie Mulhern led the Lancers this year.

Girls Cross Country

Though plagued by some big injuries, the girls cross country team worked hard this fall and qualified for States for the fifth straight year. Despite the loss of some star seniors, newcomers Annie Hopkins and Casey Markenson, as well as returners Whitney Birtwell, Lindsey Dybdahl, Kate Baquis, Allie Jaquemin, and Megan Randall, steadily improved throughout the season, and were led by Jamie Sullivan to a third place finish at the Western Mass. Championship. The girls ended the season with an 8-3 league record and a 3-2 division record.





Boys Soccer

The Lancers didn't disappoint and contended for a playoff spot all year.

From left: Alejandro Guardia makes a header and then drives upfield (center, above) while Zach Taylor and Kenny Howard take some kicks.
Center: The team loosens up before game time and then surround a defender.
Below: Nick Iavacoli and Billy Walen put on some moves.

Senior Bennett O'Brien helped lead the Lancers this season.

Clockwise from top left: The Longmeadow Boys Varsity, Freshmen and Junior Varsity Teams.

The Lancers had an amazing year!

A Great Run!

	Us	Them
Holyoke	1	2
Agawam	5	1
Chicopee	2	1
W.Springfield	1	1
Westfield	1	0
Central	3	0
Minnechaug	0	3
Ludlow	0	2
Southwick	1	0
Cathedral	2	1
Westfield	1	2
Amherst	0	3
Central	0	4
Agawam	3	0
Holyoke	0	1
E.Longmeadow	0	2
W. Springfield	0	2
Chicopee	7	1

eniors: Nicolino Iavicoli, Bennett O'Brien, Jack Steele and Steven ydenkevez led the Lancers to an spectacular season!

Girls Soccer

The team ended the season as League Champs and Western Mass finalists

Clockwise from top left: Goalie Mollie Mackler runs out of the goal, The Longmeadow Varsity Girls Soccer Team, Sophomore Kelsey Yam, Senior Captains Lizzie Lee, Annie Neal and Carrie Wilson, Freshman Shea Kusiak, Senior Kristin Joyce, and Senior Bridget Fallon.

Above: Freshman Shea Kusiak. Center: Senior Lizzie Lee. Far Right: Senior Bridget Fallon.

The Junior Varsity Girls Soccer Team

The Freshmen Girls Soccer Team

Great seasons by all makes the future look bright!

Western Mass Finalists

Leauge Champs!

	Us	Them
W. Springfield	3	1
Westfield	1	0
Ludlow	0	2
Belchertown	3	1
Agawam	2	0
Ludlow	2	2
Minnechaug	1	2
St. Peter-Marion	0	0
E. Longmeadow	1	2
Amherst	5	1
Belchertown	1	1
Minnechaug	2	2
E. Longmeadow	2	1
Agawam	0	1
Cathedral	0	0
Westfield	1	1
Sci. Tech.	10	0
W. Mass Quarters -		
W. Springfield	1	0
W. Mass Semis -		
Cathedral	1	0
W. Mass Finals - Ludlow	0	1

The Class of 2007 shows off its senior members of the Girls Varsity Soccer Team.

Field Hockey

The Lancers won the western Mass Championship!

Clockwise from top left: Ally Fox and Taylor Hedges; the team leaves the field after a game; Ali Berg handles the stick; Lauren Broderick, Ally Fox and Jenna Mancuso strike a pose; the ladies relax at a scrimage; Meg Dobson, Marisa Ayotte, Katie Phillips and Kasia Vincunas on Senior Day; the Lancers celebrate after winning Western Mass.

Above: Julia Miehm and Lexi Casaceli. Center: The Lancers celebrate after a win. Far Right: Lexi Casaceli

Western Mass Champs!

Another Winning Season!

	Us	Them
ol	5	1
ntier	4	0
enfield	1	0
ith	3	1
hawk	2	0
ith	1	0
Springfield	2	1
nnechaug	4	0
thwick	4	1
herst	3	1
thhampton	5	0
hedral	2	0
ntier	2	0
Springfield	6	0
thwick	4	1
herst	1	1
Peter-Marion	2	0
herst	6	0
Mass Semi - Agawam	3	1
Mass Finals - Westifeld	1	0
e Semi - Notre Dame	1	3

Above: The Lancer Varsity and Junior Varsity Field Hockey Teams

Seniors Lauren Broderick, Carly Payne, Kasia Vincunas, Marisa Ayotte, and Meghan Dobson.

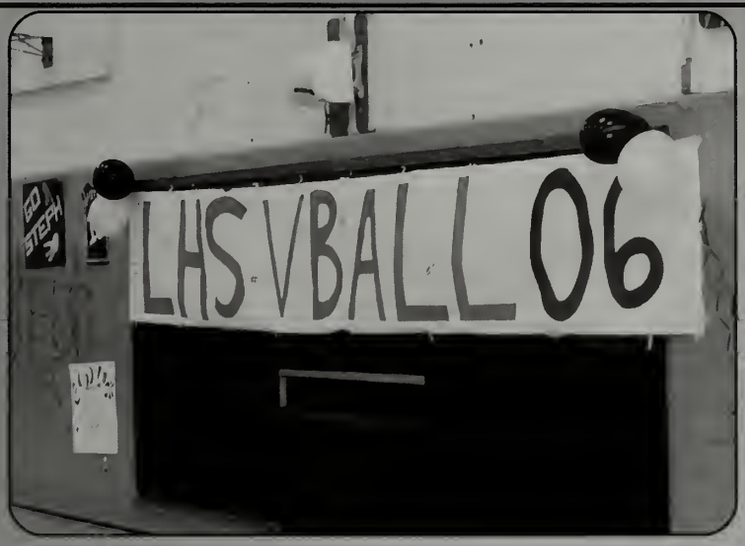
Volleyball

The Longmeadow girls Volleyball team reached the semi-finals of the western Mass tournament.

Clockwise from top left: Senior Margot Bitzer, The Longmeadow Girls Varsity Volleyball team, Senior Melanie Dionisi. Below Right: The Lancers huddle before a game, the team before their senior night, and senior captains Margot Bitzer, Stephanie Whitney, Melanie Dionisi and Caroline Hobert after a big win.

Far Left: Junior Sarah Janes spikes the ball. Center: Junior Alissa Danalis. Above: Sophomore Natalie Zucker sets up a teammate.

Longmeadow Girls Junior Varsity Volleyball

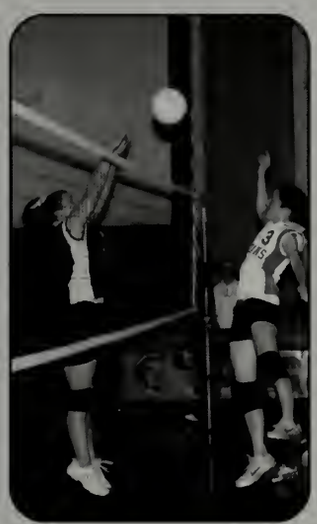


The Lancers made their school proud this season!

The Beginning of a Legacy

A Great Run in Tournament!

	Us	Them
Sci. Tech	3	0
Ludlow	3	1
E. Longmeadow	3	1
Chicopee Comp.	3	0
W. Springfield	2	3
South Hadley	3	0
Minnechaug	1	3
Agawam	0	3
Amherst	0	3
Westfield	3	2
Sci. Tech	3	0
Ludlow	2	1
E. Longmeadow	2	3
South Hadley	3	1
W. Springfield	3	0
Minnechaug	0	3
Agawam	1	3
Amherst	1	3
Frontier Regional	1	3
Westfield	2	3
Chicopee Comp	3	0
W. Mass Quarter Finals - Holyoke	3	0
W. Mass Semi Finals - Pittsfield	2	3



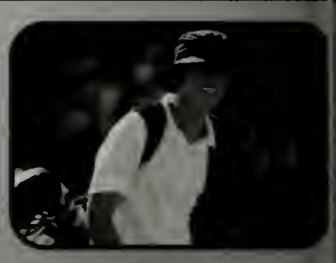
Senior captains Caroline Hobert, Stephanie Whitney, Margot Bitzer and Melanie Dionisi carried the team through a wonderful season.

Golf

The Lancers were Western Mass Champions this year.

Clockwise from top left: Senior Dan Poisson, the Longmeadow Varsity Golf Team, Senior Adam Sampson, Junior Jack Henley, the seniors that led the Lancers, and Senior Daniel Smith.

Senior Adam Sampson won the individual Western Mass Championship



Golf Rules!

Western Mass Champs!

Another Great Season!

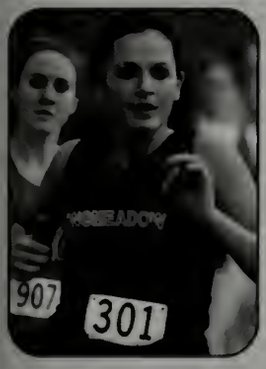
	Us	Them
E. Longmeadow	251	238
Chicoppe Comp	235	313
Minnechaug	244	250
Ludlow	252	250
Agawam	235	244
South Hadley	241	245
Cathedral	232	228
E. Longmeadow	240	225
Central	233	263
Minnechaug	256	258
South Hadley	236	228
Southwick	237	268
Westfield	256	242
Agawam	245	258
Holyoke	254	282
Amherst	236	235

Senior Captains Eamonn Byrne and Anthony Willett.

Indoor Track

The Girls team were undefeated in dual meets and the Boys team went 5-2

Boys Indoor Track



Running Ahead of the Pack

Boys

	Us	Them
oneer	68	27
orthampton	43	52
Longmeadow	56	39
thol	43	52
athedral	81	14
olyoke Cath.	81	14
lohawk	72	23

he boys team placed 3rd at the P.V.I.A.C. meet vs. Western Mass with 43.5 points

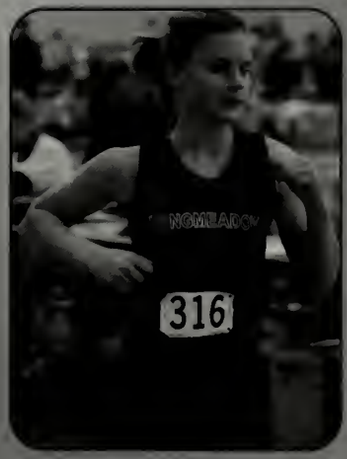
Girls

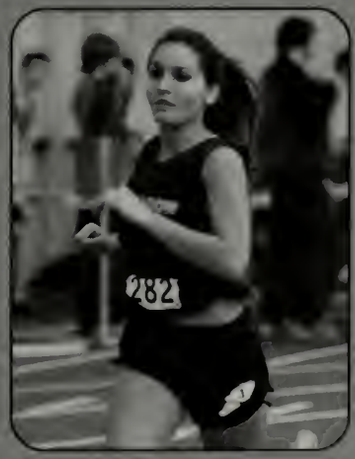
	Us	Them
Pioneer	80	15
Northapmton	72	18
E. Longmeadow	46	44
Athol	73	22
Cathedral	54	41
Holyoke Cath.	52	43
Mohawk	78	28

The girls team placed 5th at the P.V.I.A.C. meet vs. Western Mass with 38 points

Senior Captains: (Top) Nathaniel Kornet, Andrew Lee, Brendan Sheehan, Nick Gang, (Bottom) Sara Rome, Jadira Mora, Shannon Brown, Lizzie Lee, and Ya-Nais Thomas.

Girls Indoor Track





Boys Basketball

The team finished second in league and made it to the Division One quarter-finals

Pat Donnelly was the team's leading scorer and one of the top scorers in Western Mass

The Longmeadow Lancers Varsity Basketball Team

Matt Sherman hustles down the court against Comp

Captains Pat Donnelly and Steve Fydenkevez led the Lancers this season.

Clockwise from upper left: The boys warm up before a big game, Scott Beaulac surveys the court while Steve Fydenkevez talks it over with Coach and the fans celebrate a big bucket. At right, Niko Sierra spots up for his shot and (above) the boys wait for their chance.

The Freshmen Basketball Team

Western Mass quarter-finalists

Lancers

	Us	Them
E. Longmeadow	49	62
HS of Commerce	48	49
Amherst	69	56
Cathedral	43	50
Agawam	65	47
Ludlow	83	34
Holyoke	44	67
Hall of Fame / Minn.	56	42
Putnam	57	36
W. Springfield	54	59
Central	62	37
Chicopee Comp.	63	55
Minnechaug	53	41
Chicopee	63	49
Putnam	65	31
Westfield	66	76
Chicopee Comp.	53	46
Northampton	59	44
Chicopee	56	42
Chicopee Comp	57	40
Westfield	46	53

Senior team leaders Tom King, Brandon Daniels and Steve Fydenkevez

Girls Basketball

The Lancers reached the Western Mass Semi-Finals

The Longmeadow Lancers Girls Basketball Team

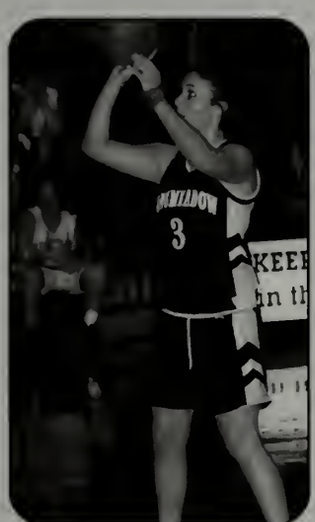
Above: Senior Jessica Halpern sets up a play. Center: The Lancers battle with rival Spartans. Right: Junior Corey Underwood prepares for a shot.

The Girls Junior Varsity and Freshman Basketball Teams

Lady Lancers

Western Mass semi-finalists

	Us	Them
icopee Comp.	46	41
dlow	55	36
Longmeadow	49	46
icopee	62	41
rthampton	25	62
herst	50	34
Springfield	60	53
nnechaug	43	48
tfield	44	31
lyoke	40	37
herst	42	39
ntral	43	57
mpshire	50	46
awam	47	40
thedral	70	43
Longmeadow	52	41
ntral	62	56
nnechaug	49	54
awam	39	42
thedral	53	36
Springfield	61	46
rthampton	50	34



Skiing

The Boy's Team won the Western Massachusetts Championship this year!

2006-2007 LHS Ski Team: Andrew Burke, Andrew Hayes, Eddie Mulhern, Sean Brenker, Meagan Dobson, Emily Gershen, Paige Tobin, Margo Hanmer, Kristyn Setterstrom, Gavin Parker, Matt Gagne, Jack Henley, Christina Mentor, Taylor Coughlin, Griffin Wagner, John MacNamara, Patrick Grow, Brandon Reilly-Evans, Oliver Friedberg, Megan Anderson, Lexi Kivari, Caitlin Hussey, and Phil Steiger.

Margo Hanmer concentrates before her race.

Some of the girls focus on the course the morning of Individuals.

Above: Andrew Burke flies down the course for an 8th place finish. Right: Kristyn Setterstrom concentrates during her slalom run.

Boys placed 3rd overall in States this year!

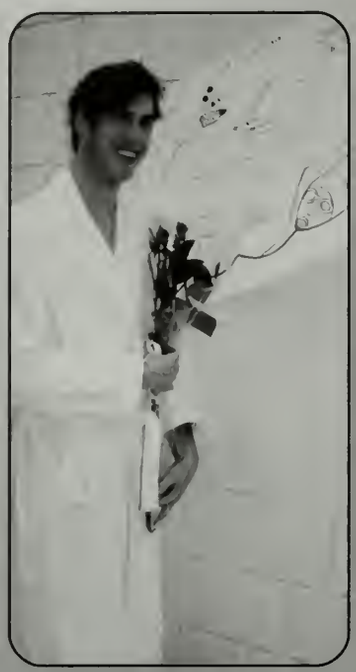
What a Great Season!

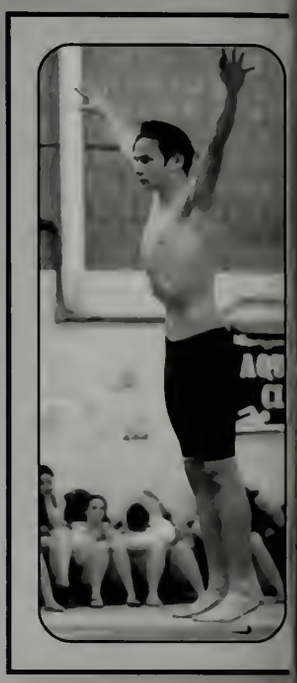
Overall Standings

	Boys	Girls
Race 1	2nd	3rd
Race 2	1st	4th
Race 3	1st	3rd
Race 4	1st	3rd
Race 5	1st	4th
Race 6	1st	4th
Race 7	1st	3rd
States	3rd	12th

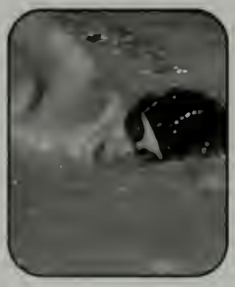
Senior Captains Andrew Hayes, Andrew Burke, and Meagan Dobson.

Boys Swimming & Diving





Left: Senior Chris Donahue poses on Senior Day
Center: The Boys Swimming and Diving Team
Right: Freshman Everett Torpey prepares himself before diving



Junior Alex Latka led the boys team this season. He captured third in the breastroke at WMass and cracked the top ten at States.

Center left to right: Tyler Vance, Alex Latka, and Josh Kent at a team dinner; Matt Grippo mugs for the camera; Josh Kent pumps up Alex Latka before his race; Josh Kent, Alex Latka, and Matt Grippo smile at a team dinner
Above: Sophomore Billy Sterritt swims the backstroke
Right: Freshman Ryan Gilmore gets ready before his race

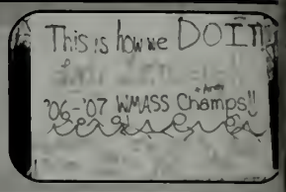
Clockwise from top left: Freshman Matt Grippo, Junior Alex Latka, Freshman Tyler Vance, Senior Chris Donahue, and Freshman Emmet Brault

Results

	Us	Them
Minnechaug	70	99
Central	85	93
Monson	68	115
Northampton	71	107
Westfield	74	108
E. Longmeadow	83	102
Minnechaug	33	67
Central	72	98
Monson	58	126
Northampton	66	114
Westfield	92	90
E. Longmeadow	41	60

Senior Chris Donahue and Captain Alex Latka

Girls Swimming & Diving



Left: Western Mass Diving Champion Kimi Schmidt
Center: The 2006-2007 Lady Lancers
Right: School Record Setting 400 Freestyle Relay State Champions

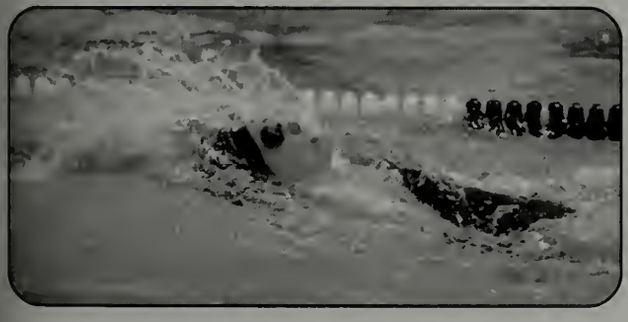
Freshman Sara Li broke 6 school records this year. She holds 2 Western Mass titles and records. Sara also earned 2 State titles.

Center: Seniors Alex Novak, Megan Lee, Jaxie Meth, Melody Chou, Autumn Beaulac, and Jessica Winer
Right: Senior Autumn Beaulac prepares herself for a dive

Western Mass Champions & State Runner-Ups!

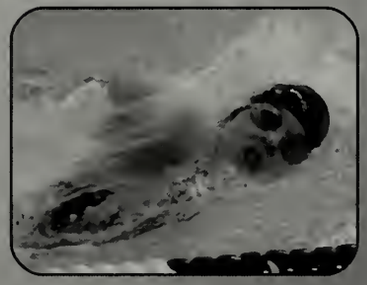
Undefeated!

	Us	Them
linnechaug	W	L
entral	W	L
lonson	W	L
orthampton	W	L
estfield	W	L
. Longmeadow	W	L
linnechaug	W	L
entral	W	L
lonson	W	L
orthampton	W	L
estfield	W	L
. Longmeadow	W	L



Melanie Pascal swims the backstroke.
She holds the school record in the 500 Freestyle and 100 Backstroke. Mel is also the 200 IM WMass and 100 Butterfly State Champion.

Eyes on the Prize



Wrestling

The Lancers had another successful season and had a close team bond!

The Longmeadow Lancer Wrestling Team

Clockwise from Top Left: Jared Coughlin escapes, the team poses and David Berman works from the top.

Nate Hirsch sizes up his opponent

The Longmeadow Lancer Senior wrestlers

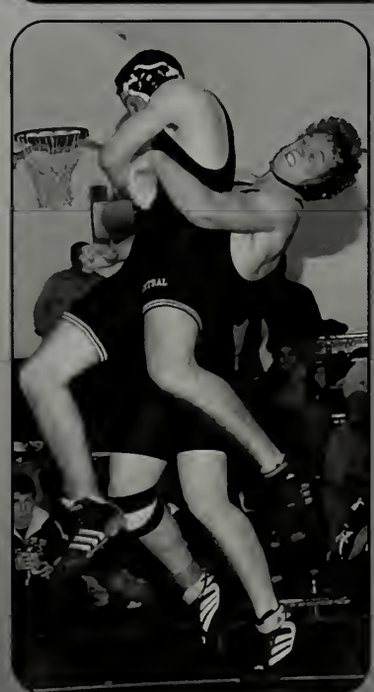
Clockwise from Top Left: Chris Deluca works an arm; Vinnie Branchini gets set for a pin; Nick Kadushin works a cross face; Matt Shapiro prepares for a takedown, and Clayton McGrath sets up for a body slam.

	Us	Them
Minnechaug	27	49
Early Bird Tourn.	2nd Place	
Agawam	30	39
Ludlow	27	44
Southwick Duals:		
New Fairfield	46	28
New Bedford	18	63
South Hadley	52	20
Cathedral	50	12
W. Springfield	39	26
Agawam Quads:		
Bridgewater-Raynham	24	50
Plymouth South	21	49
Xaverian	35	35
Central	8	52
Cathedral Duals:		
Ballston Spa	21	56
Farmington	25	43
Pomperaug	32	38
South Hadley	50	20
Westfield	63	19

Western Mass results: McGrath and Branchini-1st place, Deluca and Madnick-2nd place, Coughlin-4th, Hirsch, Shapiro and Fortsch-5th **State** results: Branchini, Deluca and McGrath-8th

All-States results: McGrath-6th

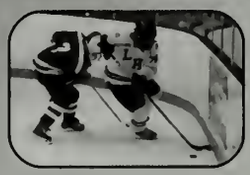
Brett Madnick works the opponent's arm for a pin

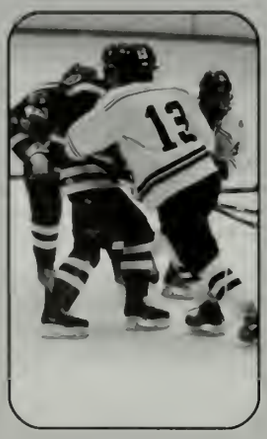


Hockey

The Longmeadow Lancers finished another successful season as Division 3 Semi-finalists!

The Longmeadow Lancer Hockey Team





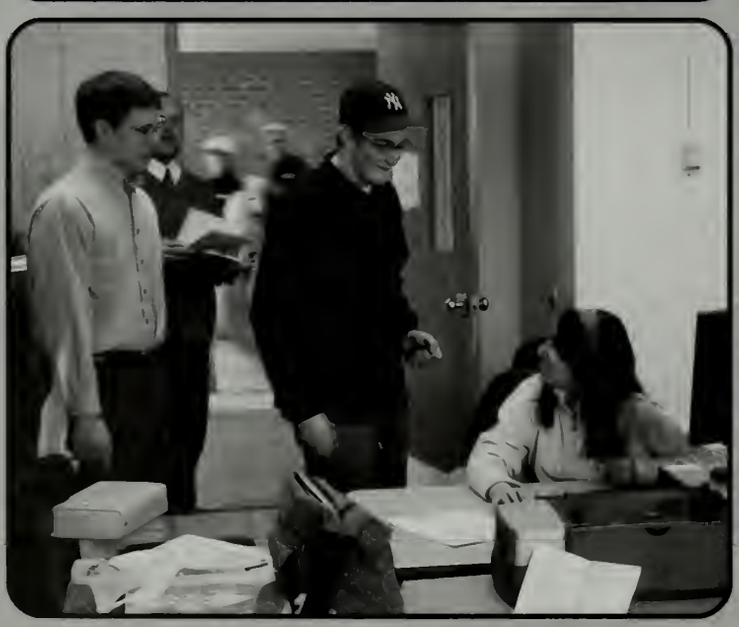
From left: Kevin Conley, Ryan Kelleher, and Axel Nilson

Western Mass Division 3 Semi-finalists

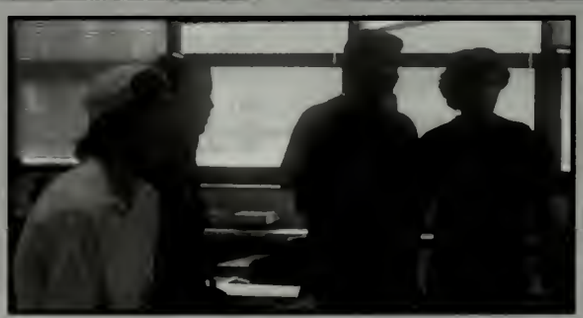
	Us	Them
Agawam	8	2
W. Springfield	3	4
E. Longmeadow	3	4
Scituate	5	5
Leominster	3	5
Ludlow	3	0
Westfield	0	0
Amherst	4	3
W. Springfield	6	2
Agawam	3	2
Catherdral	1	3
E. Longmeadow	4	1
Westfield	0	5
Minnechaug	8	1
Amherst	1	1
Ludlow	2	1
Bishop Stang "T" Medfield	5	1
Bishop Stand Tourn.	4	1
Billtica	5	3
Minnechaug	4	4
Ludlow	6	2
East Longmeadow	1	2

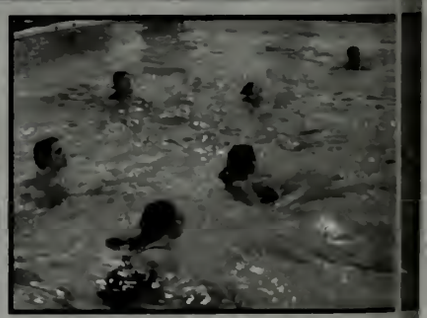
ptains Anthony Willet, Mike Carlson, Kevin Conelley, and Victor Melikian.

LONGMEADOW
MOCK TRIAL



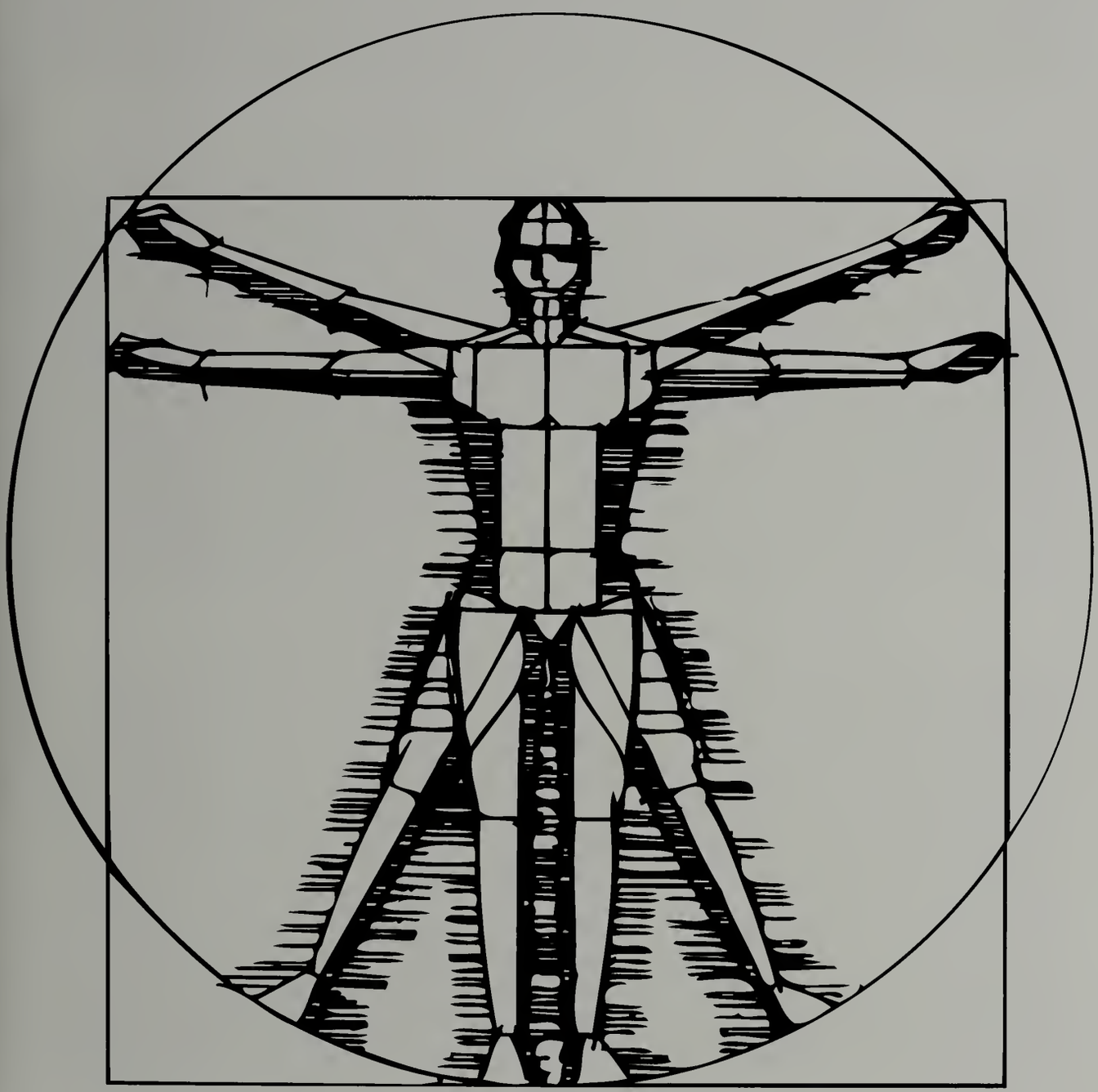
TAKIKAWA





Clubs

Rule the After School!



Yearbook

Debate Team

Ballroom Dancing

French Club

Art Club

Interact Club

AFS

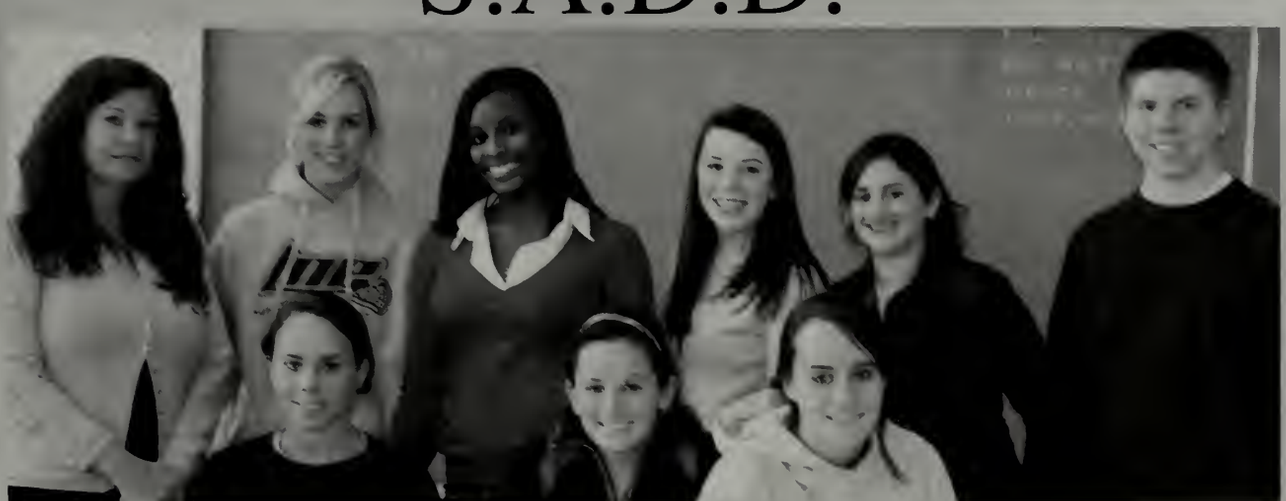
East Asia Society

Business Professionals of America

Math Team

National Honor Society

S.A.D.D.



Programming Robotics

Gay/Straight Alliance

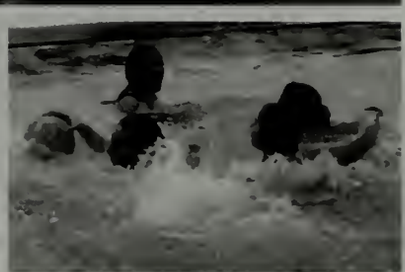
Impressions

Ultimate Frisbee

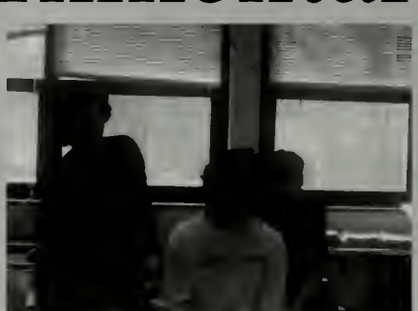
Team A-Ultimate Frisbee

Team B-Ultimate Frisbee

Water Polo



Enviornmental Club

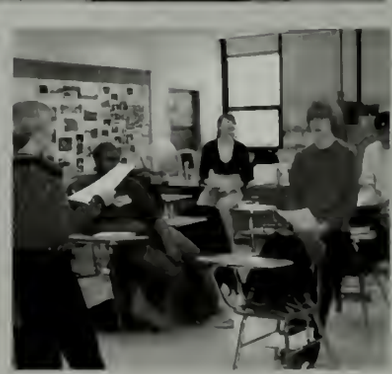


Yiddish Club

Culinary Arts

Unity Club

German Club



Jet Jotter

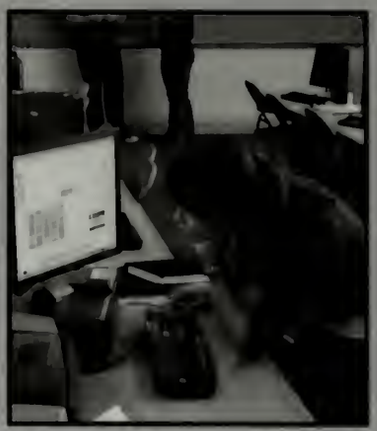
International Club

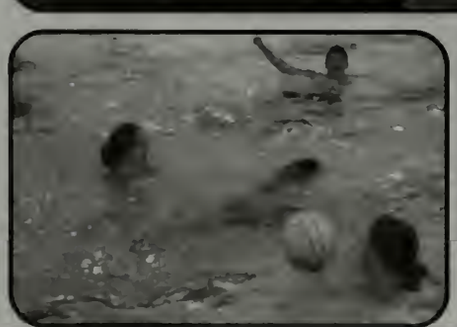
Drama Club

Science League

Key Club

Mock Trial





CLASS OF 2007

LONGMEADOW
HIGH SCHOOL

IN THIS
ISSUE:

Getting ready for
The Real World

LETTING LOOSE
IN THE STUDIO

Great new
styles for '07

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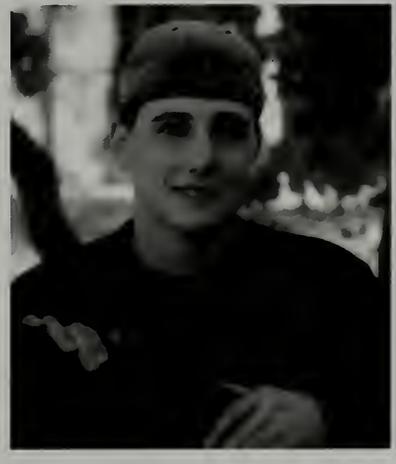
Congratulations Nick!

You have worked hard and played hard, and we are so proud of you.

With love from,
Mom, Dad, Jon and Alex

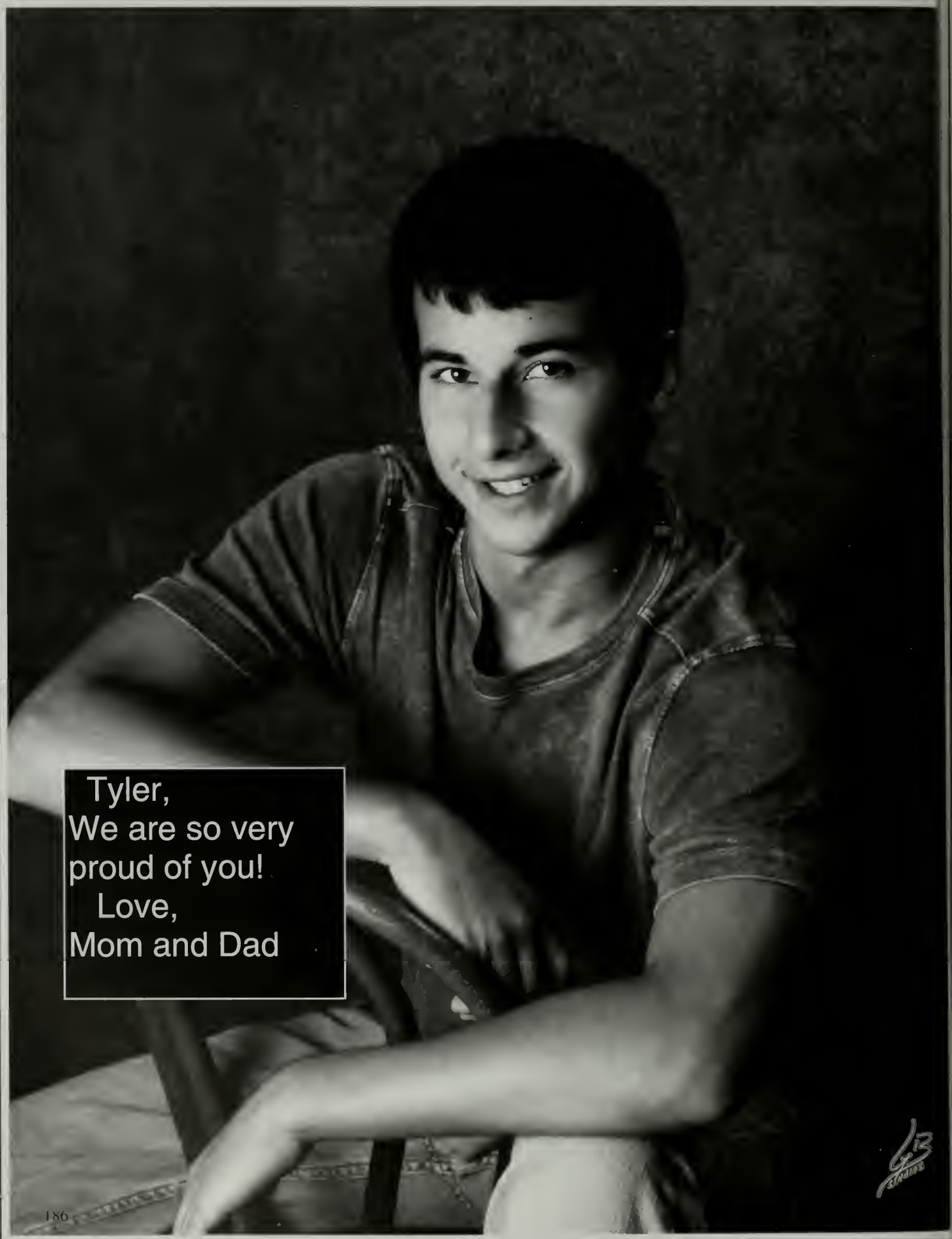
Danny Smith

Congratulations!!



We are so proud of you. May your life be filled with much love, success, happiness and laughter.

Love, Mom, Dad and Alex


Tyler,
We are so very
proud of you!
Love,
Mom and Dad

We Love You Jessica!!

Love,
Mom, Dada, Melissa, Leah, Julia and Booki

Congratulations Meaghan!

We love your determination and spirit!!

Love you Megs!

Mom, Dad, John and Geoffrey

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Congratulations
Carrie, Marisa & Meagan

Love Always,
Your Proud Families

Congratulations Bridget !!

We are so proud of our lovely
Irish Lass!

May all your dreams come true!
Gra' Go Deo

Gram, Mom and Olivia

Congratulations Jackie!

You Made it!

You dreamed the dream, walked the walk,
the world is waiting for you...

We are so proud of you!

All our love,

Mom
& Family

Congratulations Lady Lancers

Annie, Meaghan, Carrie, Bridget, Jaxie, Kristin and Jess

We are very proud and happy for you all!

With Love & Best Wishes, Your Parents

Dear Melody
"Be joyful always; pray continually;
give thanks in all circumstances, for this
is God's will for you in Jesus Christ."
- 1 Thessalonians 5:16-18
Love,
Mom, Dad, & Andy

To Kate, Our Drama Queen,
May you always follow your heart and live life to the fullest.
Congratulations!!!
All our love,
Mom, Dad, Carolyn and The Girls

There is a road,
no simple highway,
Between the dawn
and the dark of
night,
And if you go
no one may follow,
That path is for your
steps alone

Colin,
We'll be behind you every step of the way as you begin your journey. We are so proud of you.

Congratulations!!

Love,

Mom, Alex and Brian

Congratulations Lizzie!

You fill our hearts with joy and delight!

Love you!
Mom, Dad & Chris

Congratulations on a great year!
We are so proud of all of you!

Brenker, Burke, Dobson, Hayes and Mulhern Families

Alpine Skiing A Division Boys Champions!

Congratulations Jess!

We are so proud of you!

Love,
Mom, Dad and Lauren

Remember Michael,

The only man who never makes mistakes is the man who never does anything.

Embrace the journey!

Love,
Dad, Mom,
Marissa and Stephanie

Andrew

How Sweet It Is!

We are so proud of you.

Love,
Mom, Dad, Allison, and Grandma

Mark Varteresian

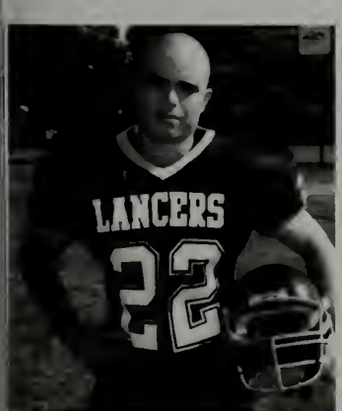
We are Proud of You

Love,
Mom
Nicole & Amanda

Richie Talbot Congratulations

The game has just begun, so take your best swing!

Your Biggest Fans,
Mom, Dad, Sean, Ashlie,
Chris, Dillon & Ozzie Bear



Congratulations Girls!

Love,
The Kearings, Meths, Payne-Siegels, Masons, Whitneys, Halistas, and O'Keefes.

"We all take different paths in life but no matter where we go, we take a little of each other everywhere"
- Tim McGraw

I remember when....

Good Luck!

Love,
Mom/Mrs.D

Troop 162

It's been a wonderful journey... and it's only just beginning!

We love you, Nora!
Mom, Dad, and Joe

Congratulations to our five daughters!!

Love, The Andrews, Fox, Kelly, Koerner and Muratore families

Congratulations Jamie

"We love you more than air"
Love, Charlie, Bobby, Ceily, Mom + Dad
X X O O

Look How Far We've Come...

Erica Albert

Bryanna Alger

Steven Al-Husseini

Haley Anderson

Jackie Andrews

Katie Arrowsmith

David Art

Marisa Ayotte

Kate Bagley

Jeff Balaban

Jessica Ballis

Gisel Bascombe

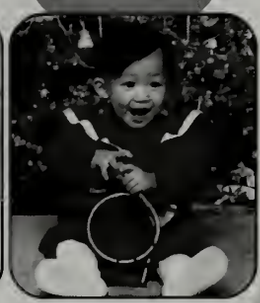
Tom Bearce

Autumn Beaulac

Stephanie Begg

Erika Belezarian

Whitney Birtwell


Melody Chou

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Lindsey Dybdahl

Jeff Emmanuel

Rebecca Engell

Vanessa Fede

Cesare Federico

Meghan Foley

Krissy Fox

Margaux Frank

Ben Freedman

Courtney Halista

Courtney Hall

Jessica Halpern

Daniel Haryasz

Molly Heffernan

Nate Hirsch

Caroline Hobert

Nick Iavicoli

Kristin Joyce

Daniella Kaye

Anne Marie Kearing

Hillary Kellett

Samantha Kelly

Alyssa Kipetz

Brittany Komack

Rachael Kusiak

Lauren LaFountain

Megan Lee

Lizzie Lee

Thea Libbos

Brett Madnick

Julie Masina

Alexandra Mansfield

Jessica Mason

Jaxie Meth

Jadira Mora

Jazmine Moss

Mia Muratore

Christina Nardi

Annie Neil

Alex Novak

Bennett O'Brien

Jill O'Keefe

Meaghan O'Leary

David Packard

Carly Payne

Crystal Phaneuf

Tiffany Phaneuf

Emily Race

Gina Raschi

Sara Rome

Amanda Routier

Adam Sampson

Brendan Sheehan

Dana Shypula

Daniel Smith

Rita & Tamara Sokolson

Angela Stasiowski

Jack Steele

Katie Sutherland

Richie Talbot

Max Taylor

Nais & Terra Thomas

Lianna Valdes

Mark Varteresian

Meaghan Veysey

Kasia Vincunas

Gina Warga

Stephanie Whitney

Carrie Wilson

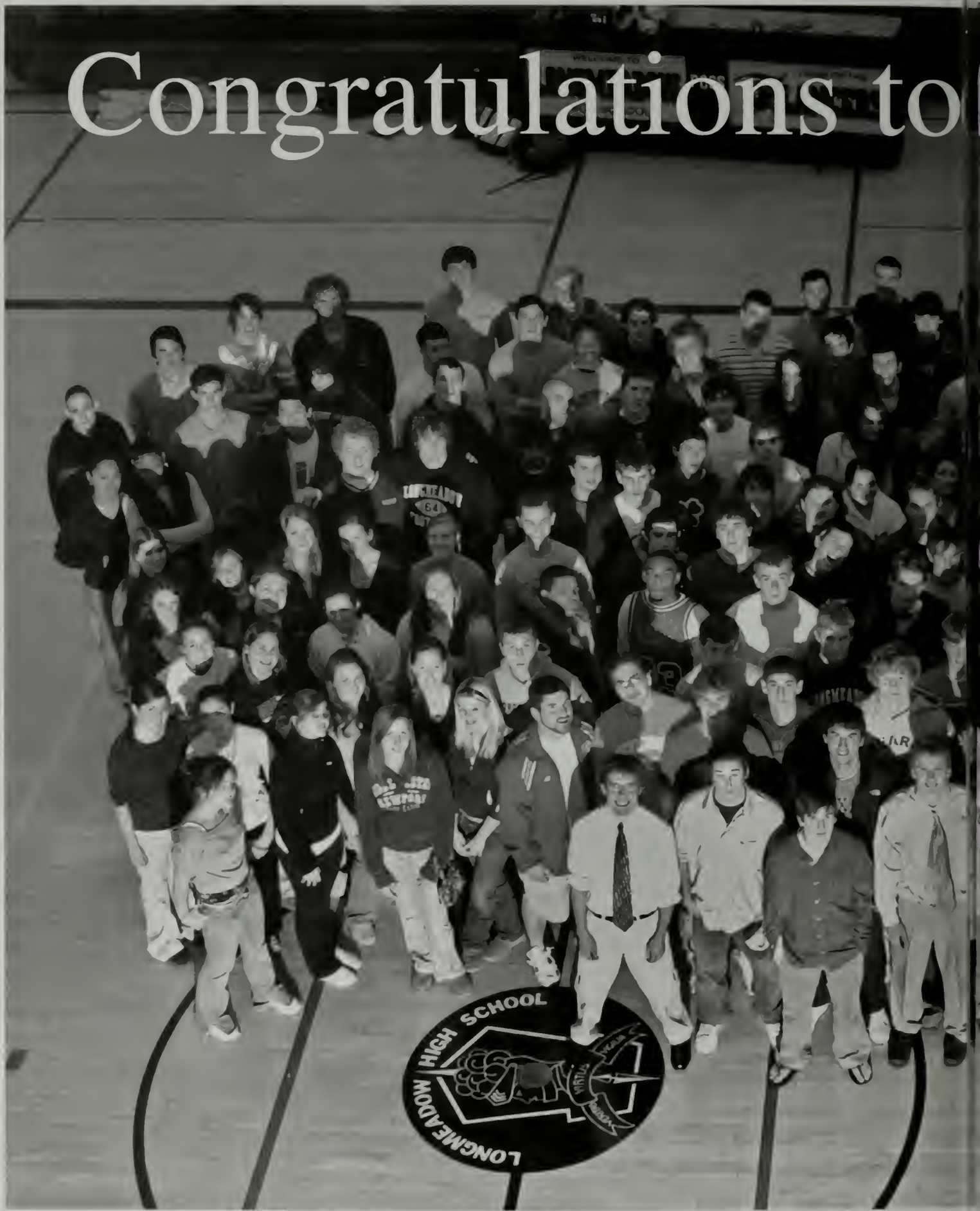
Erin Wilson

Jessica Winer

Dora Yang

Class of 2007

Congratulations to



the class of 2007!!

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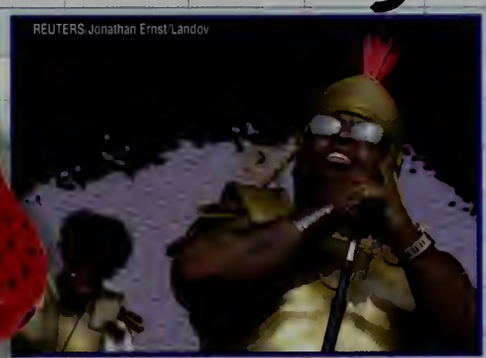
The Staff would like to apologize for any errors made in the process of creating this yearbook. If we spelled your name wrong or made any errors of omission, we are truly sorry.

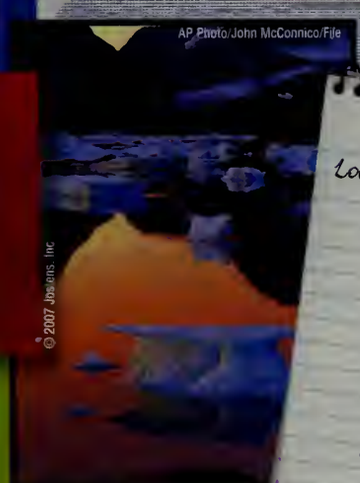
jostens

2006-2007

{World Beat}®

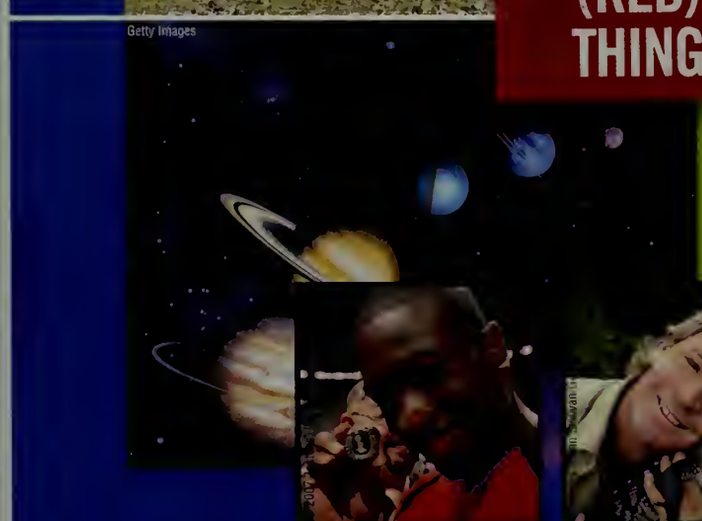


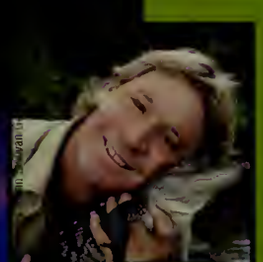
DO THE (RED) THING



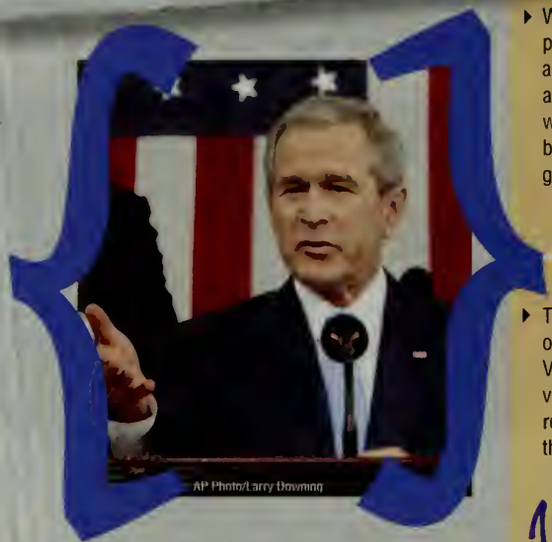
Look inside for:

- Front Page Headlines
- Global/Sci-Tech
- Trends
- Lifestyle/Entertainment
- Movies/Television
- Music
- Sports
- Faces





{Front Page Headlines}



▲ In his 2007 State of the Union address, President George W. Bush reiterates his commitment to the war in Iraq and proposes sending additional troops overseas.

Global warming

▶ With the rapid melting of polar ice caps, a season of alarming tropical storms and record-breaking heat waves, global warming becomes a present-day global emergency.

Voter turnout

▶ Thanks to the efforts of groups like Rock the Vote, young American voters turn out in record numbers for the 2006 elections.

EMPICS /Landov

Google™

▲ The Internet search giant Google pays $1.65 billion for the wildly popular YouTube video-sharing service.

{Madam speaker}

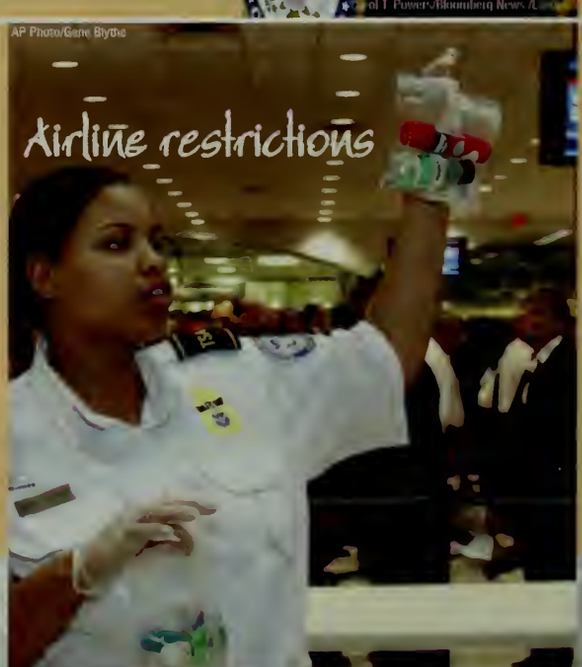
▶ Nancy Pelosi is named the speaker of the House for the 110th Congress, becoming the highest-ranking female in the history of the federal government.

{Fifth anniversary} 9/11

◀ On the fifth anniversary of 9/11, civic leaders and mourners gather to commemorate the occasion with solemn ceremonies and moments of silence.

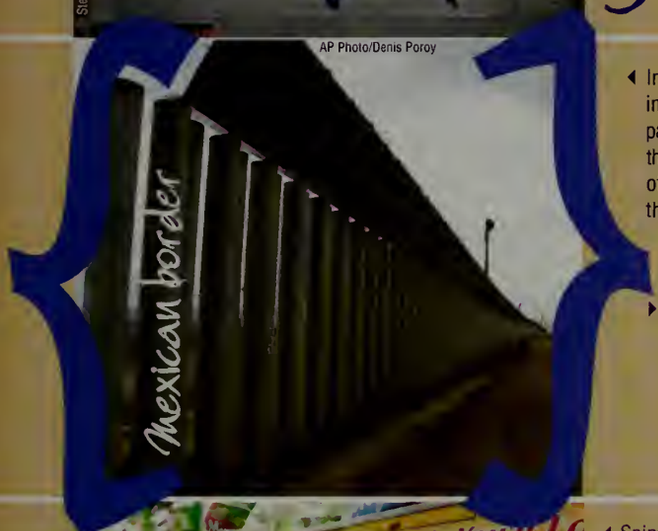
Airline restrictions

▶ British authorities foil a terrorist plot to blow up planes headed to the U.S. from the U.K., resulting in airline restrictions on liquids, aerosols and gels.



National growth

On October 17, the U.S. population passes the 300 million mark according to the Census Bureau's official Population Clock.



In an effort to curb illegal immigration, the Senate passes legislation authorizing the construction of 700 miles of double-layered fencing on the U.S.-Mexico border.

(PRODUCT) RED

(RED) brands in 2006

- American Express
- Apple
- Converse
- Emporio Armani
- Gap
- Motorola

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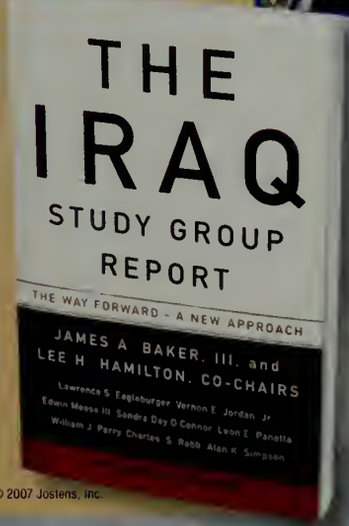
Bobby Shriver and U2's Bono launch the stylish (PRODUCT) RED initiative to raise money for The Global Fund to Fight AIDS, Tuberculosis and Malaria in Africa.

Caesar Salads
Caesar LIGHT
Until we receive more information, we have voluntarily pulled all PACKAGED SPINACH from our shelves.
Photo by Justin Sullivan/Getty Images

Spinach tainted with E. coli bacteria kills one consumer and sickens almost 100 more in 19 states, leading to calls for improved food safety practices.

Gerald R. Ford, 38th president of the United States, dies at age 93. Ford was appointed vice president by Richard Nixon in 1973 and succeeded to the presidency after Nixon's resignation.

More than 95,000 fires during the 2006 wildfire season claim more than 9.5 million acres in the United States.


THE IRAQ STUDY GROUP REPORT
THE WAY FORWARD - A NEW APPROACH
JAMES A. BAKER, III, and LEE H. HAMILTON, CO-CHAIRS
Lawrence S. Eagleburger Vernon E. Jordan, Jr.
Edwin Meese III Sandra Day O'Connor Leon E. Panetta
William J. Perry Charles S. Robb Alan K. Simpson

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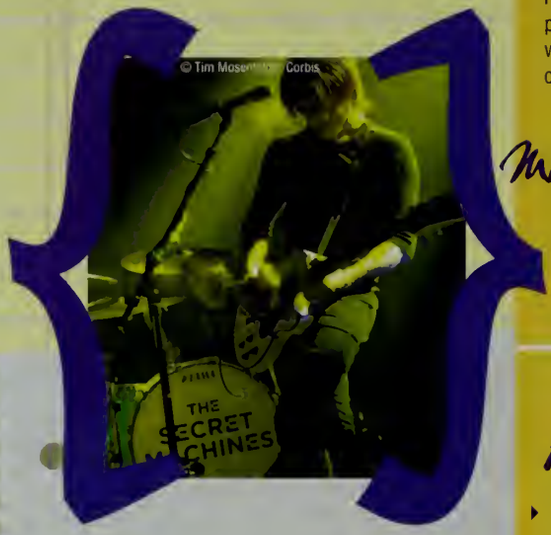
The Iraq Study Group, a bipartisan panel appointed by Congress, releases a sharply critical report that calls for a new approach in Iraq.

Iraq report

{Global}



▲ MySpace.com galvanizes celebrities and organizes more than 20 Rock for Darfur concerts to raise funds for what the U.N. calls "the world's greatest humanitarian crisis."

List of bands:

- Switchfoot
- Citizen Cope
- Ziggy Marley
- Teddy Seiger
- Insane Clown Posse
- Jars of Clay
- Secret Machines
- Alice in Chains
- TV on the Radio
- (+44)
- Atreyu

Mexico's new CEO

▸ Controversial conservative Felipe Calderón begins his six-year term as president of Mexico after winning by a narrow margin of only 0.56 percent.

Academy for girls

▸ Oprah Winfrey opens her $40 million Leadership Academy for Girls in the deprived small town of Henley-on-Klip, south of Johannesburg, South Africa.

Russian spy

▸ Saddam Hussein is sentenced to death and executed by the Iraq Special Tribunal for the 1982 murder of 148 Shiite inhabitants of Dujail.

◂ Former KGB agent Alexander Litvinenko, an outspoken critic of Russian President Vladimir Putin, dies in London after being poisoned by radioactive polonium-210.

Nuclear weapons

Hezbollah

▸ Hezbollah, the Lebanon-based Islamic militia, attacks Israeli military positions and border villages, beginning a conflict that claims more than 1,400 lives, mostly civilians. U.N. peacekeepers are called in to broker a cease-fire.

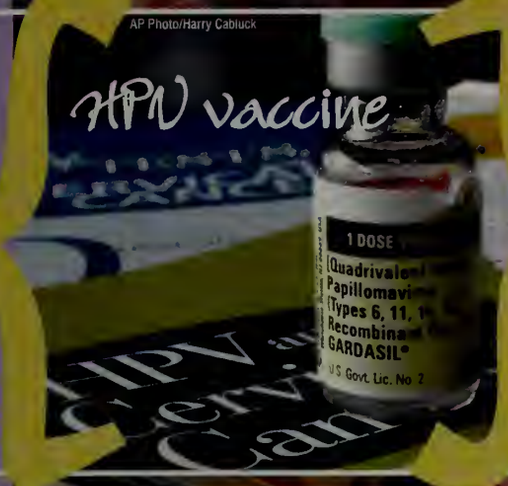
◂ In October 2006, North Korean leader Kim Jong Il orders the country's first nuclear weapon test. During the Six-Party Talks in February 2007, North Korea agrees to a nuclear disarmament.

{Sci-Tech}

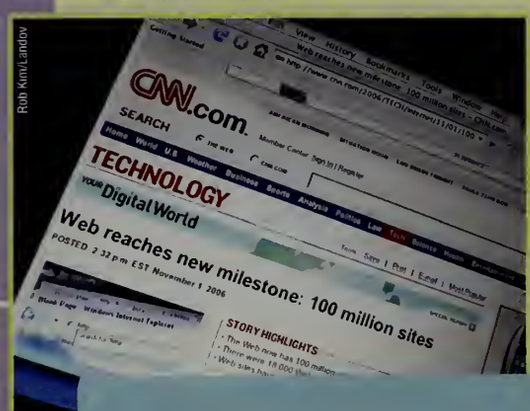
Wireless campuses

Wireless campuses, and entire cities, are popping up across the country. Villanova University in Philadelphia, Pa., tops *PC Magazine*'s list of the Top 20 Wired Colleges.

A handheld, portable electronic zit zapper called Zeno gets FDA approval. In a clinical trial, 90 percent of treated blemishes disappear or fade in 24 hours.



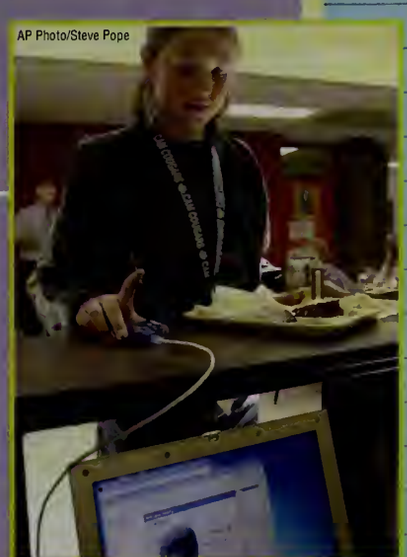
The FDA licenses the first vaccine developed to prevent cervical cancer and other diseases in girls and women caused by HPV, the human papilloma virus.



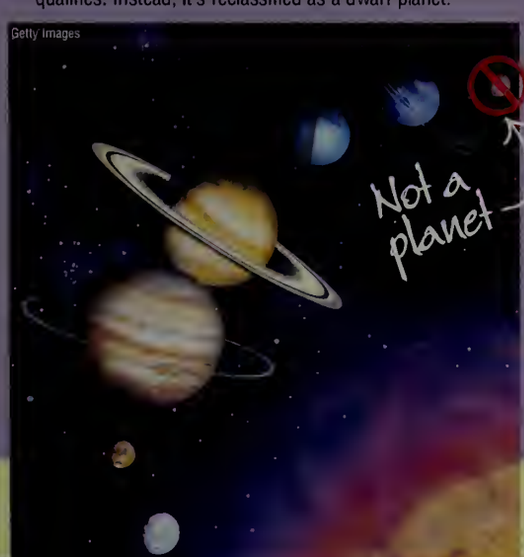
The World Wide Web reaches a milestone when an Internet research survey reports that there are more than 100 million websites online.

Zero gravity

A team of French doctors surgically removes a benign tumor on a patient in a specially adapted aircraft that mimics zero gravity conditions.



School systems in several states install fingerprint-reading technology that gives students a cash-free way to pay for lunch.



After years of heated debate, astronomers decide to change the definition of a planet; Pluto no longer qualifies. Instead, it's reclassified as a dwarf planet.

Top 10 clothing websites:

1. ae.com
2. abercrombie.com
3. oldnavy.com
4. pacsun.com
5. urbanoutfitters.com
6. llbean.com
7. fashionmall.com
8. delias.com
9. zoiane.com
10. forrid.com

Source: www.lovetoknow.com

{Trends}

▲ Mid-calf and ankle-length leggings, last seen in the trendy 1980s, return to the spotlight. Fashion-conscious girls wear them under minis, dresses and tunics.

▶ Pointy toes and high heels are out. The feminine, flirty ballerina flat goes with everything from short skirts to long leggings and super-skinny jeans.

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Favorite brands:

{Diesel}

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◀ The year's to-die-for, must-have-at-any-price jeans are dark, slim, distressed denims from Diesel, the Italian label that inspires a cult-like devotion among its customers.

▶ Colorful comfortable crocs—made from a buoyant, lightweight, odor-resistant material that molds to the wearer's foot—are the shoe of the year.

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◀ Couture designers like Dolce & Gabbana and luxury brands like Swarovski, the Swiss crystal maker, transform boring cell phones into the year's must-have bling.

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Bling bling

▶ Rapper fashion comes to the suburbs as snap-on grills add a flash of diamonds and gold or platinum to your pearly whites.

▶ Tiny plaid mini skirts look private-school cool. Meanwhile, Marc Jacobs is sending plaid tops down the runway and fashion icons sport Burberry plaids.

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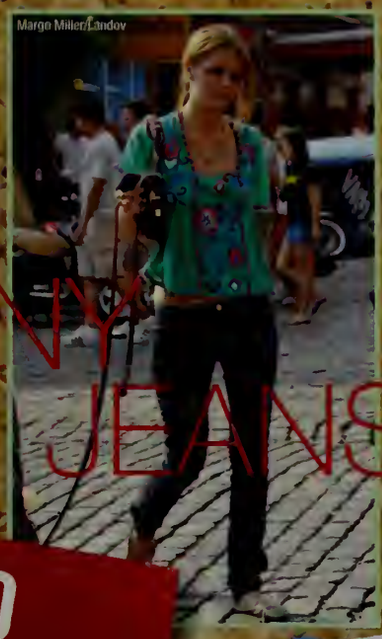
▶ Nearly 31 percent of teens, or 7.6 million, are consuming energy drinks that contain up to four times the amount of caffeine than is in a can of Coke.

{So retro}

Teens are raiding their parents' closets, as well as retailers like Urban Outfitters and American Eagle, for vintage rock and pop culture T's.

SKINNY JEANS



After several seasons of low-slung boot-cuts and bell-bottoms, designers on both sides of the Atlantic declare that super-skinny jeans are back in style.

DO THE (RED) THING™

Red is the color of the heart; 50 percent of Gap's PRODUCT (RED) profits go to the Global Fund to help fight AIDS in Africa.

Chuck Taylor All Stars, the basketball sneakers first manufactured by Converse in 1917, are more popular than ever among male and female fashion mavens.

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A letter to myself...

Write yourself a letter about your life today that you can read in 10 years to see what has changed.

{Lifestyle}

▲ The Go Green Initiative reaches out to school campuses in all 50 states, as well as in Europe and Africa, to foster student commitment to environmental responsibility.

Diabetes on the rise

▶ The rise in obesity among young people is linked to an increase in adolescent cases of type 2 "adult onset" diabetes and associated health problems.

▶ Disney checks out business in the supermarket, licensing its brand name to a variety of health-conscious baked goods, produce, beverages, snacks and more.

AP Photo/Gary Kazanjian

Photo Illustration by Jeff J Mitchell/Getty Images

▲ *YouTube*, the Web video powerhouse that made "macaca" a household word, is the media story of the year and a wildly popular form of home entertainment.

{Hearing loss}

▶ A marked increase in hearing loss among young people is attributed to the use of ear buds in popular MP3 players like the iPod.

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{Trans fats}

▶ The New York City Board of Health votes to ban all foods cooked in oil containing artery-clogging trans fats from New York City restaurants.

Photo by Mario Tama/Getty Images

Jeff Greenberg/Omni-Photo Communications

Volunteers!

▲ College students seek out volunteer opportunities in record numbers—on a local, national and international level—to build their skills and a better world.

{Entertainment}

Toshiyuki Aizawa/Reuters/Corbis

New game systems

- Sony releases its seventh generation PlayStation, known as "PS3." The basic console has a 20 GB hard drive; the premium version comes with 60 GB.

- Nintendo releases Wii, its newest video game console, which features a wireless remote that can detect motion and rotation in three dimensions.

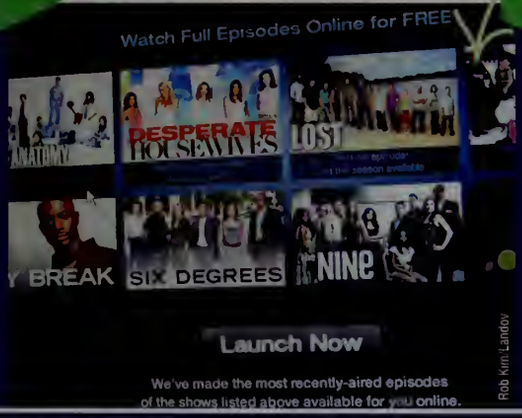
Nintendo Wii

© 2007 Jostens, Inc.

My favorite video games:

AP Photo/LM Otero

TV now!



Rob Kim/Landov

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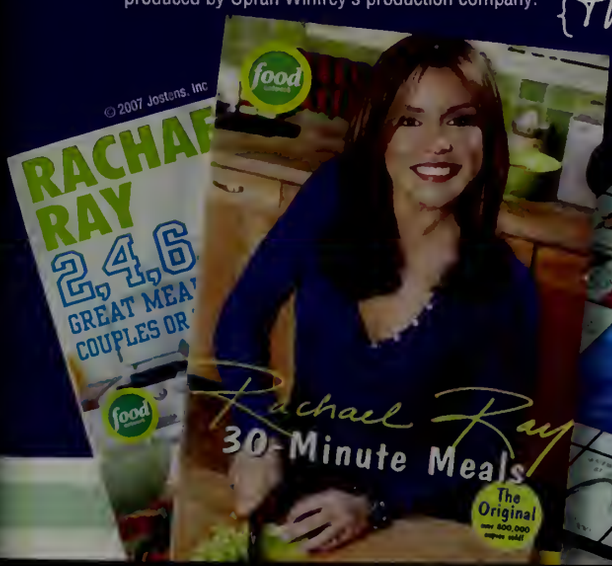
- The differences between your television and your computer continue to blur now that network TV programs are available online from services like abc.com.

- Perky Food Network star and best-selling cookbook author Rachael Ray gets her own syndicated talk show, produced by Oprah Winfrey's production company.



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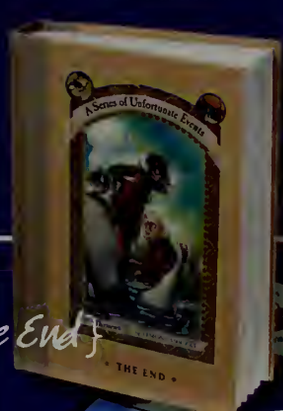
{Popular games}

- Madden NFL 07 and a barrage of end-of-the-year action games capture the attention of gamers, capitalizing on a major emphasis on online gaming.

{The End}



- The unfortunate adventures of the Baudelaire orphans come to an end with the publication of *The End* by Lemony Snicket.

- The classic board game, Monopoly, gets a 21st century makeover. The "Here & Now" edition features updated tokens, current market prices and 22 new properties.

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{Movies}

- A family of squabbling misfits drives a wheezing VW van to a beauty pageant meltdown in the hit movie comedy, *Little Miss Sunshine*.

Little Miss Sunshine

©Fox Searchlight/Everett Collection

- Will Smith stars with his son Jaden in *The Pursuit of Happyness*, based on a true story about a struggling single dad.

The Pursuit of Happyness

©Columbia Pictures/courtesy Everett Collection

- There's a new Bond in town and the critics swoon along with the fans. Blonde, brooding Daniel Craig debuts as James Bond in *Casino Royale*.

©Sony Pictures/courtesy Everett Collection

- Many movie lovers opt for DVD convenience, instead of lines at the local theaters, for hits like *Mission: Impossible III*, *Superman Returns*, and *The Devil Wears Prada*.

This year's {hit} movies on DVD!

{Dreamgirls}

- Newcomer and former *American Idol* contestant Jennifer Hudson wins the Golden Globe for Best Actress in a Comedy or Musical for her performance in *Dreamgirls*.

- SNL alumnus Will Ferrell stars as a goofy, "win-at-all-costs" NASCAR racing star in *Talladega Nights: the Ballad of Ricky Bobby*.

- Johnny Depp's Captain Jack Sparrow returns to the helm of the Flying Dutchman in the swashbuckling, supernatural sequel, *Pirates of the Caribbean: Dead Man's Chest*.

{Television}

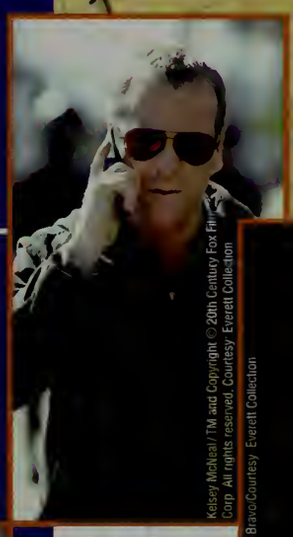
My favorite shows:

1.
2.
3.
4.
5.

NBC's game show *Deal or No Deal* is a worldwide phenomenon, with more than 40 versions airing in countries around the world.

Deal or No Deal

The American version of *Ugly Betty*, an ABC show based on the Colombian hit *Yo Soy Betty La Fea*, follows the daily struggles of a fashion-challenged employee of a fashion magazine.



Fox's suspenseful television drama *24* is named Outstanding Drama Series at the 58th annual Emmy Awards after five nominations in the category.

Kelsey McNeal / TM and Copyright © 20th Century Fox Film Corp. All rights reserved. Courtesy: Everett Collection

©NBC/Courtesy Everett Collection

The Office

NBC's *The Office*, starring Steve Carell, wins an Outstanding Comedy Series Emmy and becomes as successful as the original British sitcom.

Barbara Nitke - Bravo/Courtesy: Everett Collection

Once *Grey's Anatomy* was just a reference book for medical students. Now it's the name of ABC's Emmy Award-winning drama featuring the dreamiest doctors on television.

Project Runway, a reality show competition for would-be fashion designers, is a ratings winner for Bravo and a guilty pleasure for millions of viewers.

Project Runway

"Save the cheerleader, save the world."

The NBC drama *Heroes* tells the story of ordinary people with extraordinary, superhuman capabilities. The hit show features an ensemble cast of 12 main characters.

Heroes

Golden Globe Winners

Best Motion Picture, Drama: *Babel*

Best Actress, Drama: Helen Mirren, *The Queen*

Best Actor, Drama: Forest Whitaker, *The Last King of Scotland*

Best Motion Picture, Musical or Comedy: *Dreamgirls*

Best Director, Motion Picture: Martin Scorsese, *The Departed*

{Music}

"Crazy"

REUTERS/Jonathan Ernst/Landov

REUTERS/Mike Cassese/Landov

Evanescence

Photo by Chris Gordon/Getty Images

▲ Panic! At the Disco, an alternative rock band from Las Vegas, achieves mainstream success, despite a heated, public war of words with their ex-bass player.

2006 Teen Choice Award Winners

Single: Fall Out Boy, "Dance, Dance"

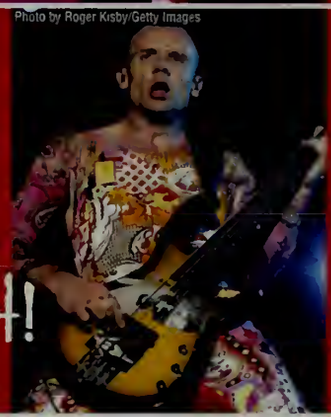
R&B Artist: Rihanna

R&B/hip-hop track: Nelly Furtado Featuring Timbaland, "Promiscuous"

Hottie Female: Jessica Alba

Hottie Male: Orlando Bloom

Photo by Roger Kisby/Getty Images

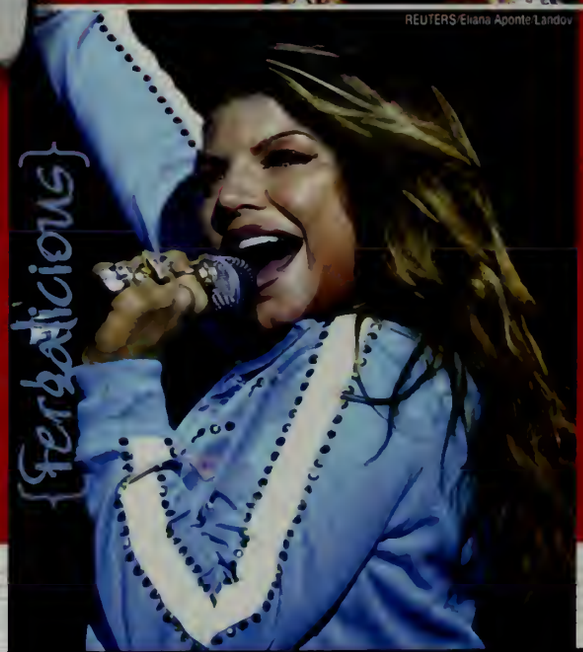


Red hot!

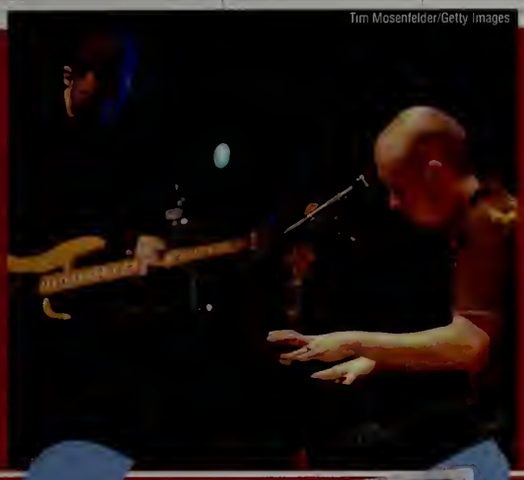
{Shakira}

© Jason Szenes/EPA/Corbis

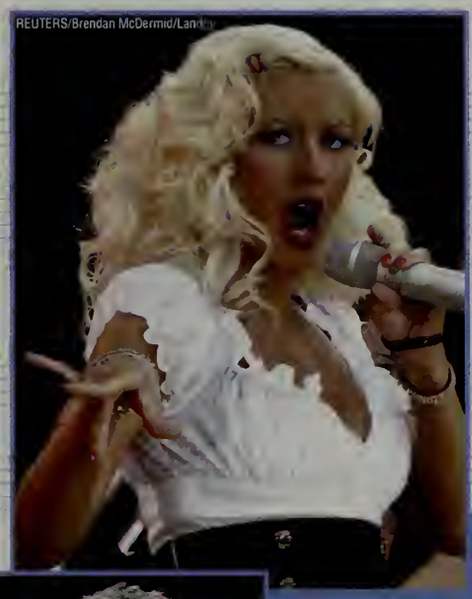
REUTERS/Eliana Aponte/Landov

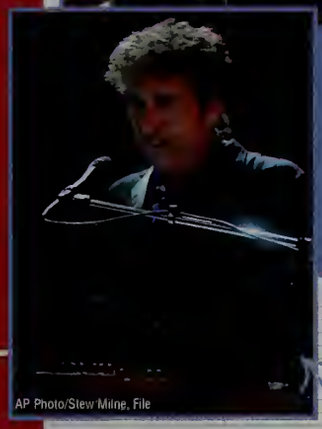


{Fergalicious}


Tim Mosenfelder/Getty Images

The Fray


REUTERS/Brendan McDermid/Landov


AP Photo/Stew Milne, File

▲ Christina Aguilera releases *Back to Basics*, a critically acclaimed album of blues, soul and jazz music from the 1920s,'30s and '40s.

Bob Dylan

Rascal Flatts

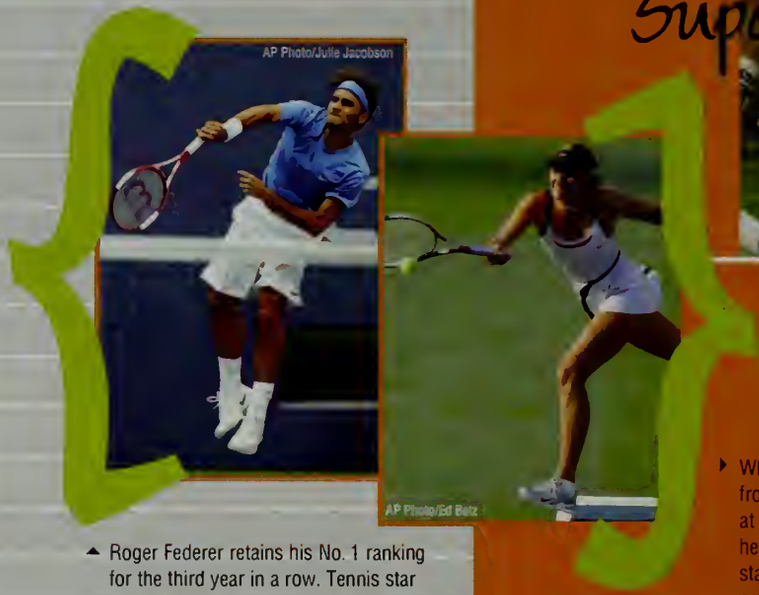
Photo by Ethan Miller/Getty Images

AP Photo/Jeff Christensen

AP Photo/Ste

{Sports}

▲ Kimmie Meissner, 17, wins the U.S. Figure Skating Championship in January 2007. She is the first female since 1991 to win a world championship before earning the title in her own country.



▲ Roger Federer retains his No. 1 ranking for the third year in a row. Tennis star Maria Sharapova is the world's highest-paid female athlete. Both take home a U.S. Open Championship trophy in 2006.

{Sport stacking}

- Nearly 1,100 competitors compete in the WSSA World Sport Stacking Championships in Denver. Forty-two new world records are set at the 2006 event.

- The Miami Heat defeat the Dallas Mavericks in six games to win the 2006 NBA Finals. Dwyane Wade, the Miami Heat guard is named MVP

NBA bling

- In the victory lane of Homestead-Miami Speedway, NASCAR driver Jimmie Johnson celebrates his 2006 Nextel Cup title and a $6.2 million paycheck.

NASCAR

- MVP Peyton Manning leads the Indianapolis Colts through a steady rain and past the Chicago Bears for a 29-17 victory in Super Bowl XLI

Super Bowl

"Goodbye"

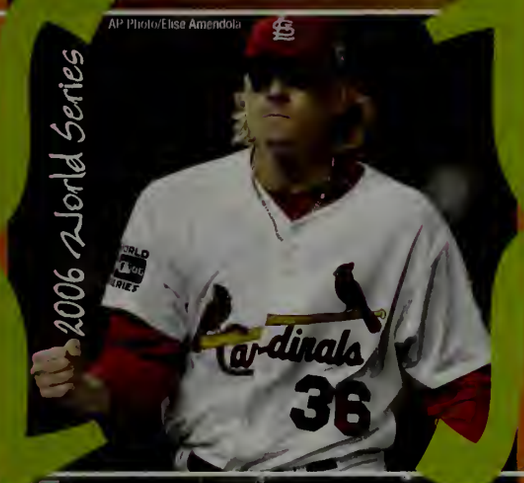
- When Andre Agassi retires from professional tennis at age 37, he receives a heartfelt, eight-minute standing ovation from the crowd at the 2006 U.S. Open.

X Games

Shaun White makes his second unsuccessful attempt at the 1080 at the 2006 Summer X Games. He is the only skateboarder to attempt the move in competition.

Tiger Woods and Mexican sensation Lorena Ochoa are named the male and female AP Athletes of the Year.

2006 World Series



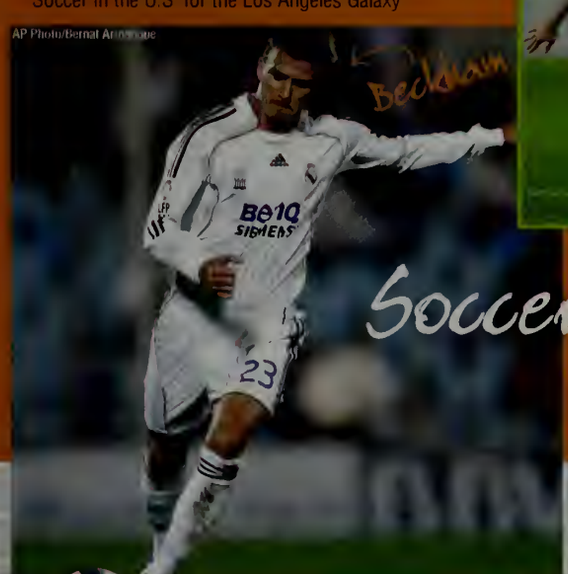
The National League champion St. Louis Cardinals win the 2006 World Series by defeating the American League champion Detroit Tigers in five games.

The Florida Gators become the first school in history to win both the NCAA basketball and football titles in the same year after defeating heavily favored Ohio State 41-14 in the 2006 BCS National Championship.

Stanley Cup

In 2006, the Carolina Hurricanes defeat the Edmonton Oilers four games to three to win their first Stanley Cup in the first post-lockout championship.

International soccer superstar David Beckham signs a $250 million contract to leave Real Madrid to play Major League Soccer in the U.S. for the Los Angeles Galaxy



Soccer

In the 2006 World Cup Finals, the most widely viewed sporting event in the world, Italy beats France for the title.

2006 Heisman Trophy Finalists:

Troy Smith–Winner
QB, Ohio State
Votes: 2,540

Darren McFadden
RB, Arkansas
Votes: 878

Brady Quinn
QB, Notre Dame
Votes: 782

{Faces}

My favorite celebrities:

- Katie Couric is the anchor of the *CBS Evening News*, becoming the nation's first female solo anchor of a major television network's weekday evening newscast.

CBS JP Filo Landov

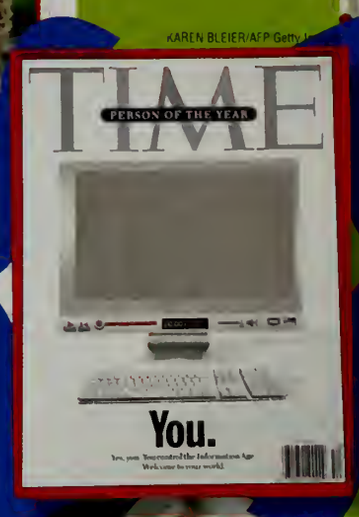
- Shortly after the birth of their second son makes headlines around the world, Britney Spears and Kevin Federline announce the end of their marriage.

WENN Josh Cortes/Landov

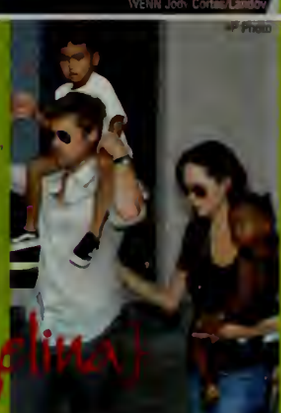
- Fans mourn Steve Irwin, the Crocodile Hunter, who is killed by a stingray while snorkeling at Australia's Great Barrier Reef.

Photo by Justin Sullivan/Getty Images

Crocodile hunter



- Brad Pitt and Angelina Jolie, also known as "Bradgelina," make headlines when Angelina gives birth to daughter Shiloh in the African nation of Namibia.



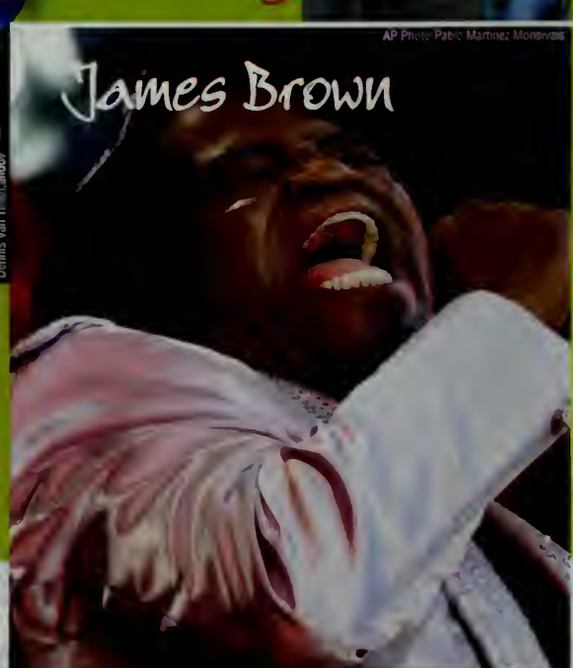
AP Photo

{Bradgelina}

- Due to the popularity of user-generated websites like MySpace and YouTube, *TIME* magazine's annual person of the year is "You."

- Jessica Simpson's divorce from Nick Lachey is finalized. Romantic rumors link her to skateboarder Bam Margera, NFL quarterback Tony Romo, singer John Mayer and comedian Dane Cook.

Dennis Van Tine/Landov



AP Photo/Pablo Martinez Monsivais

James Brown

- Dynamic music legend James Brown, aka the Godfather of Soul, dies at the age of 73. He is remembered as one of the major musical influences of the past 50 years.

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